

Training Opportunities for Early Childhood Providers

August 2020 Calendar



YWCA Northwestern Illinois

4990 East State Street

Rockford, Illinois 61108

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Training Ext. 211

www.ywcanwil.org



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
August				
Monday, 8/3/20220	Using the 5 Senses to Create a Safe, Calm and Relaxing Environment Introductory Presenter: Stephanie Koclanis	Recording Access pre-recorded webinar on August 3 . Complete assignment and evaluation by August 7 at 12:00pm	All Providers With so much stimulation in our world, children often can become overwhelmed. In this training, providers will learn easy techniques to help children become aware of what is happening in their mind and their body. Children will learn how to use the five senses to create space between the emotions they are experiencing and the actions they use to respond to them. In addition, providers will understand what mindfulness is and what mindfulness is not and how it can positively affect the learning environment.	Register here CDA:2 & 3 FREE
Tuesday, 8/4/2020	Bored Children? Keep Them Busy and Learning Introductory Presenters: Heather Gordon	6:00 PM to 8:00 PM GoToWebinar	Providers for Ages 0-3 Boredom can lead to creativity when kids learn to keep themselves busy. In this training, caregivers will learn about boredom busters and how to keep children happy, learning and entertained. We understand keeping kids engaged all day can be hard! Join us for tips on how to keep children engaged.	Register here CDA:1, 4 & 5 FREE
Thursday, 8/6/220	Wow Up Your Dramatic Play Introductory Presenter: Heather Gordon	6:00 PM to 7:30 PM GoToWebinar	Providers for Ages 0-3 Dramatic play allows children to pretend, imagine, and be creative. Children can pretend to be anyone, do anything and travel anywhere with a few props and their imagination. Come learn how to introduce new skills and ideas to your dramatic play area. This is powerful for our little learner's development.	Register here CDA: 1 & 3 FREE
Monday, 8/10/2020 through Friday, 9/18/2020	Business Academy Introductory Presenter: Mary Cline	Online, Self-Paced *See information flyer at the end of the training calendar for complete information and requirements.	All Providers Building a Business Plan to Build Your Business is a dynamic, self-paced, online training series. The purpose of this series is to introduce individuals to a business plan. Topics include: defining and creating a business plan for your program/business; understanding how a business plan can increase your BAS score; how to highlight your business strengths and build on your weaknesses; using research to market your business; and understanding your business's profits and losses.	Email Training Coordinator to register: AndreaC@ywcawil.org CDA: 6 FREE for Illinois Gateways Registry Members \$10.00 for the public 15 Professional Development Hours

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 8/10/2020	Teaching With Respect Introductory Presenter: Stephanie Koclanis	Recording Access pre-recorded webinar on August 10 . Complete assignment and evaluation by August 14 at 12:00pm	All Providers In this training, you will understand the importance of human interaction, especially with young children. You will develop concrete ways to express respect through the physical environment and through everyday engagement with the children in your classroom.	Register here CDA: 5 & 6 FREE
Monday, 8/10/2020	Let's Talk! Conversations! Introductory Presenter: Heather Gordon	6:00 PM to 7:30 PM GoToWebinar	Providers for Ages 0-3 This training will encourage children to start talking while building their language skills at the same time. Come join our workshop on different conversations for early childcare environments.	Register here CDA: 2 FREE
Wednesday, 8/12/2020	Conversational Exercises for Program Improvement Introductory Presenter: Diane Logsdon	6:00 PM to 8:00 PM Zoom	All Providers Incorporating your personnel into preparedness and planning for disasters can be complicated. There are not enough free moments in the day to convene large/long meetings to work through plans and policy. But conversational exercises can provide a great amount of detail for administrators, provide opportunity for buy-in from your staff, and potentially allow your families the opportunity to provide feedback. Diane will provide an outline for strategic conversation that will result in immediate preparedness improvement. Participants will receive documents that will simplify the exercise planning and documentation process	Register here CDA: FREE
Wednesday, 8/12/2020	Trees, Bees and Skinned Knees Introductory Presenter: Heather Gordon	1:00 PM to 2:00 PM GoToWebinar	Providers for Ages 0-3 Kids need to climb TREES , they need to skin their KNEES , and they will have unfortunate encounters with BEES and prickly bushes. Discover how nature provides cognitive benefits and why playing outdoors is so important to brain development. Strategies and resources will be shared to effectively integrate nature into your day.	Register here CDA: 1 & 5 FREE
Thursday, 8/13/2020	Let's Get Active! Introductory Presenter: Kelly McNeal	4:30 PM to 5:30 PM GoToWebinar	All Providers This training will be taking a look at what an active lifestyle is and why it's important to stay active. It will also explore what role you as the childcare provider plays in a child's healthy habits.	Register here CDA: 2 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 8/18/2020	Art as Discovery Introductory Presenter: Heather Gordon	6:00 PM to 7:30 PM GoToWebinar	Providers for Ages 0-3 Infants and toddlers curiously and creatively engage with the environment in an attempt to understand their world and express feelings. Join us for a creative art experience!	Register here CDA: 1 FREE
Wednesday, 8/19/2020	Resilient: How to Grow an Unshakable Core of Calm, Strength and Happiness Introductory Presenter: Stephanie Koclanis	7:00 PM to 8:00 PM GoToWebinar	All Providers These days it's hard to count on the world outside. It is vital to grow strengths inside like grit, gratitude, and compassion-the key to resilience and to lasting well-being in a changing world. Participants will gain knowledge in how psychologist Rick Hanson, PhD uses neuroscience, mindfulness, and positive psychology to build resilient hearts.	Register here CDA: 3 & 6 FREE
Thursday, 8/20/2020	Temperament Introductory Presenter: Heather Gordon	6:00 PM to 7:30 PM GoToWebinar	Providers for Age 0-3 Children come into our programs with many strengths and different styles of learning. As a caregiver, it is important to understand how to meet the learning needs of our students so they all can succeed. In this training, we will learn about temperament research in order to best meet the needs of all children in our care.	Register here CDA: 8 FREE
Thursday, 8/20/2020	Virtual Storytime Introductory Presenter: Kelly McNeal	10:30 AM to 11:00 AM YWCA Facebook Live	Providers/Parents/Kids Gather up the kids and enjoy a story read by Kelly, YWCA of Northwestern Illinois staff member and Community Systems Specialist! #YWKelly	No registration required, watch our Event page on Facebook (@YWCANWIL)
Monday, 8/24/2020	Caring for Mixed Ages of Children in the Same Environment Introductory Presenter: Heather Gordon	6:00 PM to 7:30 PM GoToWebinar	Providers for Ages 0-3 In this session, participants will explore the lesson planning process as it applies to mixed-age groups in their learning environment. Topics to be explored include: The importance of lesson planning, different phases of lesson planning, and things to keep in mind as you plan learning experiences for individual children and small groups.	Register here CDA: 1 & 5 FREE
Tuesday, 8/25/2020	When Children Bite Introductory Presenter: Heather Gordon	6:00 PM to 7:30 PM GoToWebinar	Providers for Ages 0-3 This workshop will discuss why children bite. During this training, participants will explore why biting is considered a developmentally expected behavior and how caregivers can implement strategies to prevent and respond to biting.	Register here CDA: 3 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 8/26/2020	Spin, Dump, Hide, and Throw: Why Do Children Do This? Introductory Presenter: Stephanie Koclanis	7:00 PM to 8:00 PM GoToWebinar	All Providers Ever been puzzled by the repetitive and/or pattern of behaviors some children do? These behaviors are normal and are a very important part of development; they are the way children make sense of their world. Participants will learn about the Schema Theory, the eight behaviors children love to exhibit, and how you can foster understanding of these often frustrating actions.	Register here CDA: 2, 3, 8 FREE
Thursday, 8/27/2020	Free Information Meeting: Building the Framework for Your Child Care Business Introductory Presenter: Kelly McNeal and Stephanie Siemens	1:00 PM to 2:00 PM Recording	LE Providers Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to take your business to the next level. You will be able to interact with a staff member from the YWCA as you learn about getting started, contracts, food programs, and other resources available to you through the YWCA.	Register here CDA: 7 FREE
Thursday, 8/27/2020	Play-Based Learning Introductory Presenter: Jodi York	6:00 PM to 8:00 PM GoToWebinar	All Providers Research shows that setting our kids up for success in school and beyond with play-based learning is the best approach for our early learning environments. Teaching children relevant skills through play keeps them motivated to learn. Through this training, you will explore how to design your setting to fit the needs of any age group that focuses on child-initiated learning. Also, we will look at curriculum development to ensure age – appropriate materials are available for children. Finding a healthy balance of both free play and guided play will ensure the child is receiving a solid foundation in the learning process.	Register here CDA: 5 FREE
Monday, 8/31/2020	Anxiety in Childhood: Identifying, Understanding, & Responding Introductory Presenter: Heather Gordon	6:00 PM to 7:30 PM GoToWebinar	Providers for Ages 0-3 This course is intended to help recognize and understand the anxiety disorders that frequently occur in children. Providers will learn a wide variety of communication and behavioral strategies for helping these children manage their anxiety. Included are: Types and causes of anxiety, strategies for prevention and techniques for helping children manage worry. Also discussed will be relaxation techniques to use with children and detailed discussions on environmental and social anxiety.	Register here CDA: 1 FREE



YWCA Northwestern Illinois Child Care Solutions: Business Academy



YOU ARE INVITED!

You are invited to participate in the YWCA Child Care Solutions' *Business Academy* online training series! This is a self-paced, online business series. The purpose of this series is to introduce you to a business plan so you can begin to build a plan for your own business. Topics will include:

- What is a business plan and why every business needs one
- Understanding how a business plan can increase your BAS score
- How to highlight your business strengths and build on your weaknesses
- The IRS and your business
- Using research to market your business
- Understanding your business's profits and losses

Business Academy was created by **Mary Cline**. This online series is easily accessed from a computer and can be completed on your own time, at **your own pace within the allotted 6-week timeframe**. Participants must have a computer, internet access, and be comfortable navigating the internet, email, and computer programs such as Word. This series will be held from August 10th, 2020-September 18th, 2020 and is worth a total of 15 training hours. Registration closes August 3rd, 2020 or when the 15 available spots are filled. **There is no cost for Gateway Registry members, but there is a cost of \$10.00 for the public.** If you have questions, please contact the **Training Coordinator, Andrea Capriotti**, at (815) 484-9448, ext. 211.

Procedure:

This is a multipart learning series; you will complete one chapter at a time, at your own pace. After you feel you have mastered a chapter, you will contact the Training Coordinator and she will email you a short test to gage your learning. Once a score of 75% or greater is achieved on the test, the Training Coordinator will contact you to relay your score. After a passing score is achieved, you may begin the next chapter. This process will continue until all 5 chapters are complete. Upon completion, the appropriate training certificate will be issued (must complete all 5 chapters, partial completion will not be awarded).

We look forward to helping you build your business!

ADDITIONAL ONLINE TRAININGS:

All Gateways approved trainings can be found at <https://courses.inccrra.org>.

You must be a Gateways Member to take the courses, become a member [here](#)

ADDITIONAL RESOURCES:

Playful Learning at Home: Register [here](#)

Social-Emotional Learning Should Be Priority During COVID-19 Crisis: Register [here](#)

Parent Resource Guide: Register [here](#)

It's Not Just You. There's A Reason Kids Are Clingy Right Now: Register [here](#)

Preparing Your Child For School: Register [here](#)

Back To School Resources For Parents: Register [here](#)

****CPR****

In-person CPR at the YWCA is suspended at this time. DHS has approved hybrid CPR classes that are offered online/in-person. We encourage you to refer to the below list of approved entities for course offerings related to initial certification and renewals. You will need to follow up with the individual entities to find course offerings and times. If you have further questions, please follow up with your DCFS Representative.

List of approved CPR providers (Effective June 4th, 2020):

1. American Heart Association
2. American Safety & Health Institute(ASHI)
3. American Red Cross
4. American Trauma Event Management (ATEM)
5. Emergency Care and Safety Institute (ECSI)
6. Edward Atkinson/Emergency Response Health Network
7. Ellis & Associates, Inc.-Orlando, FL
8. EMS Safety Services
9. MEDIC FIRST AID
10. National Safety Council
11. Pro-Trainings, LLC
12. R.H. Sanders & Associates

Training Policies and Procedures

The following training policies and procedures apply to all YWCA NWIL Child Care Solutions sponsored workshops and conferences.

Registration

- The training calendar indicates how to register for a workshop/series. *Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the quarterly training calendar and/or online at www.ywcanwil.org.
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

Training Participation

- Late arrivals—a 15 minute Grace Period will be given at all training sessions (including virtual trainings). This grace period begins at the advertised start time. Participants will not be allowed in after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the training is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

Fees, Refunds, & Cancellations

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

Certificates

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.

Virtual Learning

- Please utilize a webcam to maximize the relationship and connection between trainer and participants
- Attendance, participation and interaction with trainer is required and will be verified through virtual platform
- Your safety and attention must be verified: No driving, shopping, etc. while participating in training
- Must complete evaluation form after each training, before certificate can be issued