

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
<b>JULY</b>				
Monday, 7/6/20220	<b>Environment Modifications</b>  <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>GoToWebinar</b>	<b>Providers for Ages 0-3</b>  While adapting the environment for children's learning and needs, the primary focus for caregivers should be enhancing a child's strength and ability. This training will guide you through implementing these strategies.	Register <a href="#">here</a>  <b>CDA:1 &amp; 2</b>
Wednesday, 7/8/2020	<b>Self-Care: Strategies to Regulate &amp; Recharge</b>  <b>Presenters: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>GoToWebinar</b>	<b>Providers for Ages 0-3</b>  Self-care is very important when you are working with children. In this training, we will discuss strategies that you can start practicing on a regular basis. Establishing a self-care routine will aid in your overall well-being.	Register <a href="#">here</a>  <b>CDA:8</b>
Wednesday, 7/8/220	<b>Building a Business Plan for Family Child Care Providers</b>  <b>Presenter: Kelly McNeal</b>	4:30 PM to 5:30 PM  <b>GoToWebinar</b>	<b>New Providers</b>  Learn the importance of having a Business Plan and key elements that should be included to ensure your success.	Register <a href="#">here</a>  <b>CDA: 7</b>
Thursday, 7/9/2020	<b>Engagement: What do I say? What do I do?</b>  <b>Presenter: Stephanie Koclanis</b>	7:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b>  Talking and playing with children seems like a natural occurrence for an educator. However, sometimes we get stuck; a little bogged down in the "housekeeping" tasks of the day. In this training, we will discuss how to expand a child's experience in every part of their day. You will discover: new vocabulary to introduce in centers, questions to produce critical thinking, new materials to display in "unpopular" areas, and how to join children in their play as a true participant.	Register <a href="#">here</a>  <b>CDA: 3,6 &amp; 8</b>
Tuesday, 7/14/2020	<b>Capturing Lessons Learned</b>  <b>Presenter: Diane Logsdon</b>	6:00 PM to 8:00 PM  <b>Zoom Webinar</b>	<b>Administration &amp; Staff</b>  As we respond to emergencies and disasters, we realize a few things about our "plans": we may have assumptions that didn't prove to be true; there may be assumptions that we didn't consider at all; sometimes we are required to change our operating model completely to respond effectively to the incident. The "re-opening" phases of COVID provides us with an exceptional opportunity! If we capture our lessons learned and areas for improvement from 2020, we can be incredibly more prepared for other infectious diseases including seasonal flu. Join Diane as she outlines the basics of After Action Reports and Improvement Plans. Participants will receive documents that will simplify the review process.	Register <a href="#">here</a>  <b>CDA: 1 &amp; 5</b>

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Tuesday, 7/14/2020	<b>From Worry to Warrior</b>  <b>Presenter: Heather Gordon</b>	1:00 PM to 2:00 PM  <b>GoToWebinar</b>	Providers for Ages 0-3  This training will teach you how to create your very own "toolbox" of strategies that combat fear and anxiety. These techniques can then be carried with you to overcome the "Worry Monster" at any time. With this toolbox, you will be able to overcome whatever challenges come your way!	<b>Register <a href="#">here</a></b>  <b>CDA: 1</b>
Wednesday, 7/15/2020	<b>Virtual Storytime</b>  <b>Presenter: Kelly McNeal</b>	10:30 AM to 11:00 AM  <b>YWCA Facebook Live</b>	<b>Providers/Parents/Kids</b>  Gather up the kids and enjoy a story read by a staff member from your local YWCA Northwestern Illinois. #YWKelly	No registration required, watch our Event page on Facebook (@YWCANWIL)
Thursday, 7/16/2020	<b>"Let's Talk" webinar series from the <a href="#">Pyramid Model</a> presents: <i>Creating Anti-Racist Early Childhood Spaces.</i></b>  <b>Presenter: Mary Kelley and Heather Gordon</b>	10:00 AM to 12:00 PM  <b>Zoom</b>  This is a listening session, followed by a discussion	<b>All Providers</b>  Now, more than ever it is important to address issues of race and bias in early childhood settings. This webinar will present strategies for creating an inclusive environment that promotes healthy identities.	<b>Register <a href="#">here</a></b>  <b>CDA: 1 &amp; 5</b>
Thursday, 7/16/2020	<b>Supporting Play Everyday</b>  <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>GoToWebinar</b>	Providers for Ages 0-3  Make a good childcare program great by creating a culture of play in your daycare. Learn how adults can support positive interactions and role model appropriate play.	<b>Register <a href="#">here</a></b>  <b>CDA: 1 &amp; 5</b>
Monday, 7/20/2020	<b>"Let's Talk" webinar series from the <a href="#">Pyramid Model</a> presents: <i>Creating Anti-Racist Early Childhood Spaces.</i></b>  <b>Presenter: Heather Gordon and Mary Kelley</b>	6:00 PM to 8:00 PM  <b>Zoom</b>  This is a listening session, followed by a discussion	<b>All Providers</b>  Now, more than ever it is important to address issues of race and bias in early childhood settings. This webinar will present strategies for creating an inclusive environment that promotes healthy identities.	<b>Register <a href="#">here</a></b>  <b>CDA: 1 &amp; 5</b>
Tuesday, 7/21/2020	<b>Connecting Children to Outdoor Play</b>  <b>Presenter: Gloria Davis</b>	6:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b>  An outdoor play space for young children should provide a stimulating, safe, and exciting "place to be" which is reflective of and responsive to individual children's needs and interests. Exploring nature is a complete sensory experience. Early experiences with the natural world excite children's imaginations and foster their sense of wonder and curiosity, both of which are important motivators for lifelong learning.	<b>Register <a href="#">here</a></b>  <b>CDA: 1</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 7/22/2020	<b>Interaction In Early Childhood</b>  <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>GoToWebinar</b>	<b>Providers for Age 0-3</b>  This workshop will cover appropriate supervision and interactions among children. Specifics such as how to extend children's thinking and modeling good social skills.	Register <a href="#">here</a>  <b>CDA: 3</b>
Wednesday, 7/22/2020	<b>Free Information Meeting: Building the Framework for Your Child Care Business</b>  <b>Presenter: Kelly McNeal</b>	1:00 PM to 2:00 PM  <b>GoToWebinar Recording</b>	<b>LE Providers</b>  Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to take your business to the next level. We will help you get started as you learn about contracts, food programs, and other resources available to you through the YWCA.	Register <a href="#">here</a>  <b>CDA: 7</b>
Thursday, 7/23/2020	<b>Gratitude With Attitude</b>  <b>Presenter: Stephanie Koclanis</b>	7:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b>  Feeling uneasy, sad, frustrated, restless, or angry lately? Would you like to experience joy, excitement, appreciation, kindness, or calm daily? Gratitude is one of the most powerful human emotions. Once expressed, it changes attitude, brightens outlook, and broadens perspective. Let's explore how to reframe our perspective to find the beauty and wonder in the little things!	Register <a href="#">here</a>  <b>CDA: 3 &amp; 6</b>
Monday, 7/27/2020	<b>Cultivating a Growth Mindset</b>  <b>Presenter: Stephanie Koclanis</b>	4:00 PM to 5:00 PM  <b>GoToWebinar</b>	<b>All Providers</b>  Developing the right mindset early on is crucial for a successful, happy life. When children learn that putting forth effort and using the right strategies can help them become better at things, they feel empowered to try harder. When they know their brain is capable of growing, they are more confident, resilient, and can push through failure. Join me in exploring the power of "YET" in helping children learn that they are developing, not "fixed" to be a certain way.	Register <a href="#">here</a>  <b>CDA: 2, 3 &amp; 8</b>
Monday, 7/27/2020	<b>No Money, No Problem</b>  <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>GoToWebinar</b>	<b>Providers for age 0-3</b>  This training will help you to think outside the box with everyday items and create activities for children without spending money.	Register <a href="#">here</a>  <b>CDA: 8</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 7/28/2020	<b>Road To Reading</b>  <b>Presenter: Gloria Davis</b>	6:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b>  Participants of this training will learn ways to facilitate children's early literacy and language skills. The training will cover tips for read-aloud activities, wonderful ways to include reading and writing in daily curriculum, and how to set up dramatic play centers.	Register <a href="#">here</a>  <b>CDA: 1 &amp; 4</b>
Tuesday, 7/28/2020	<b>A Guide to Marketing for Family Child Care Providers</b>  <b>Presenter: Kelly McNeal</b>	4:30 PM to 5:30 PM  <b>GoToWebinar</b>	<b>All Providers</b>  Learn the basics of marketing, and how it will help you grow your business.	Register <a href="#">here</a>  <b>CDA: 7</b>
Wednesday, 7/29/2020	<b>Trust...in a World of Uncertainty</b>  <b>Presenter: Stephanie Koclanis</b>	7:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b>  Trust is an inside job. In this time of constant change and many unknowns, we tend to put faith in the outside world (and in others) to give us the correct information and answers. In essence, we are trusting external forces over ourselves. In this training, you will gain strategies to build trust/belief in yourself so you feel more in control of your thoughts and emotions...and of your life. We will also explore the many benefits of self-belief. Pen and paper/journal encouraged for periodic self-reflection.	Register <a href="#">here</a>  <b>CDA: 3 &amp; 6</b>
Thursday, 7/30/2020	<b>Closing the Gap in Childhood Development</b>  <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>GoToWebinar</b>	<b>Providers for Age 0-3</b>  This course will focus on gaps in child development. We will discuss strategies that can help a child get to the next step of learning by building on what they know.	Register <a href="#">here</a>  <b>CDA: 1</b>

## ADDITIONAL ONLINE TRAININGS:

All Gateways approved trainings can be found at <https://courses.inccrra.org>.  
You must be a Gateways Member to take the courses, become a member [here](#)

## ADDITIONAL RESOURCES:

**Playful Learning at Home:** Register [here](#)

**Good Summer Energy:** Register [here](#)

**Social-Emotional Learning Should Be Priority During COVID-19 Crisis:** Register [here](#)

**Fun In The Sun Activities, Articles and Books:** Register [here](#)

**Parent Resource Guide:** Register [here](#)

**Virtual Camps:** Register [here](#)

**It's Not Just You. There's A Reason Kids Are Clingy Right Now:** Register [here](#)

**Digital Storytime. Rockford Public Library:** Register [here](#)

**Community Support Group with Mary Kelley.** This group will meet every Wednesday in the month of July at 10 AM. Please register in advance, as space is limited. The first meeting will be July 1<sup>st</sup>. Can attend one or all meetings. Register [here](#)

## \*\*CPR\*\*

In-person CPR at the YWCA is suspended at this time. DHS has approved hybrid CPR classes that are offered online/in-person. We encourage you to refer to the below list of approved entities for course offerings related to initial certification and renewals. You will need to follow up with the individual entities to find course offerings and times. If you have further questions, please follow up with your DCFS Representative.

### List of approved CPR providers (Effective June 4<sup>th</sup>, 2020):

1. American Heart Association
2. American Safety & Health Institute(ASHI)
3. American Red Cross
4. American Trauma Event Management (ATEM)
5. Emergency Care and Safety Institute (ECSI)
6. Edward Atkinson/Emergency Response Health Network
7. Ellis & Associates, Inc.-Orlando, FL
8. EMS Safety Services
9. MEDIC FIRST AID
10. National Safety Council
11. Pro-Trainings, LLC
12. R.H. Sanders & Associates

## **Training Policies and Procedures**

*The following training policies and procedures apply to all YWCA NWIL Child Care Solutions sponsored workshops and conferences.*

### **Registration**

- The training calendar indicates how to register for a workshop/series. \*Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the quarterly training calendar and/or online at [www.ywcanwil.org](http://www.ywcanwil.org).
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

### **Training Participation**

- Late arrivals—a 15 minute Grace Period will be given at all training sessions. This grace period begins at the advertised start time. Participants will not be allowed in the training after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the trainer is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

### **Fees, Refunds, & Cancellations**

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

### **Certificates**

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.