

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
MAY Revised				
Saturday, 5/2/20	Blue Light Blues: Screen Effects on Brain Development Introductory Presenter: Stephanie Koclanis	Details will be sent via email GoToWebinar	Providers for Ages 3+ As technology becomes more prevalent and important in our lives, children are exposed to visual and auditory stimulation earlier than ever before. Participants will gain knowledge in the three C's: Content, Context, and Child according to screen time and how it affects development.	Email to Register: stephaniek@ywc anwil.org CDA: 1, 2, 3, & 8 FREE
Wednesday, 5/6/20	Car Seat Safety Introductory Presenter: Melanie Wingo	6:00 PM to 7:00 PM Zoom	All Providers Road injuries are the leading cause of preventable deaths and injuries to children in the United States. Three out of four car seats are not used or installed correctly. However, taking the time to make sure your child's seat is being used correctly can reduce the risk of death by as much as 71%. Join us to receive safety tips and a demonstration on how to travel safely with children in your car.	Join Zoom Meeting: https://us04web.zoom.us/j/71413807892 Meeting ID: 714 1380 7892 CDA: 1 FREE
Saturday, 5/9/2020	Field Study Fun: Exploring Nature with Young Children Presenter: Kelly McNeal	9:00 AM to 10:00 AM GoToWebinar *This is prerecorded*	All Providers Learn to teach children how to investigate, explore, and develop an awareness of nature and the animals that call it home.	Register here: https://attendee.gotowebinar.com/register/2841260498561652238 CDA: 4
Tuesday, 5/12/2020	Using the 5 Senses to Create a Safe, Calm and Relaxing Environment Presenter: Stephanie Koclanis	Available at 12:00 PM GoToWebinar *This is prerecorded* An email will be sent with link for viewing	With so much stimulation in our world, children often can become overwhelmed. In this training, providers will learn easy techniques to help children become aware of what is happening in their mind and in their body and how to use the 5 senses to create space between the emotions they are experiencing and the actions they use to respond to them. In addition, providers will understand what mindfulness is and what mindfulness is not and how it can positively affect the learning environment.	Email to Register: stephaniek@ywc anwil.org CDA: 2, 3 FREE

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Wednesday, 5/13/20	Shelter-In-Place Intermediate Presenter: Diane Logsdon	6:00 PM to 8:00 PM Zoom	All Providers This session on emergency preparedness will focus solely on shelter-in-place processes. The session is a must for all agencies that have responsibility for others. While rarely necessary, when shelter-in-place is required, understanding and pre-planning are critical to life safety.	Register in advance for this meeting: https://us02web.zoom.us/j/84451222222 CDA: 1 FREE
Thursday, 5/14/20	Attachment and the Child Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM GoToWebinar	Providers for Ages 0-3 Infants and toddlers who attend group care programs develop attachments with adults. These children have a wide range of emotions at a very early age. Attachment is a pattern of interaction that develops over time as the child grows. This workshop will give suggestions on how to support this development in your care.	Register here: https://attendee.gotowebinar.com/register/7586010513691480334 CDA: 1 & 5 FREE
Thursday, 5/14/2020	Preschoolers Can Cook and Learn Presenter: Kelly McNeal	5:00 PM to 6:00 PM GoToWebinar *This is prerecorded*	All Providers We will take a look at why eating healthy is important and what role you as the child care provider plays in a Childs' eating habits. Also, enjoy a step by step video on how to make ice cream in a bag	Register here: https://attendee.gotowebinar.com/register/8017256566294013454 CDA: 2
Wednesday, 5/20/20	Teaching with Respect: Positive Communication with Children Introductory Presenter: Stephanie Koclanis	Available at 12:00 PM GoToWebinar *This is prerecorded* An email will be sent with link for viewing	In this training, you will understand the importance of human interaction, especially with young children. You will develop concrete ways to express respect through the physical environment and through everyday engagement with the children in your classroom.	Email to Register: stephaniek@ywcawil.org CDA: 5 & 6 FREE
Wednesday, 5/20/20	Free Information Meeting: Building the Framework for Your Child Care Business Presenter: Kelly McNeal	1:00 PM to 2:00 PM GoToWebinar	License-Exempt Providers Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to take your business to the next level. You will be able to interact with a staff member from the YWCA as you learn about getting started, contracts, food programs, and other resources available to you through the YWCA.	Register here: https://attendee.gotowebinar.com/register/6866500000082312206 CDA: 7 FREE
Tuesday, 5/26/20	YWCA Virtual Storytime Presenter: Kelly McNeal	10:00 AM Facebook Live	Providers & Parents Gather up the kids and enjoy a story read by a staff member from your local YWCA of Northwestern Illinois #YWKelly	Follow us here for notifications: @YWCANWIL FREE



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 5/27/20	Supporting Dual Language Learners Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM GoToWebinar	Providers for Ages 0-3 This course provides early childhood professionals with strategies and tools to help young children develop language and early literacy. Participates will learn the benefits of “dual language” learning for young children along with key strategies for increasing family engagement and promoting rich, dual language development in the classroom.	Register here: https://attendee.gotowebinar.com/register/8723344241951682062 CDA: 1 FREE
Thursday, 5/28/2020	7 Important Life Skills Beyond Academics Presenter: Stephanie Koclanis	Available at 12:00 PM GoToWebinar *This is prerecorded* An email will be sent with link for viewing	We all want what’s best for children, but how do we help them, not only survive but thrive, today and in the future? In this training, participants will learn the seven essential life skills children, and adults, need to take on life’s challenges, achieve their full potential and navigate through their daily activities.	Email to Register: stephaniek@ywcawil.org CDA: 2, 3, & 8 FREE
Monday, 5/28/20	Tips for Speech Improvement Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM GoToWebinar	Providers for Ages 0-3 This course will give you an introduction to language development for infants and toddlers. Participates learn ways to help improve speech in the child care environment.	Register here: https://attendee.gotowebinar.com/register/4936116022496079118 CDA: 1 FREE



ONLINE TRAININGS:

The below trainings were going to be held face-to-face in May. Due to COVID-19, we have provided you with the alternative online course. All courses below and **more** can be found at <https://courses.inccrra.org>.

You must be a Gateways Member to take the courses, become a member here

<https://registry.ilgateways.com/component/wsuser/signup/online>

 <p><i>*Meets CCAP Health & Safety Requirements</i></p>	<p>Child Development, Health, and Safety Basics</p> <p>Introductory ONLINE</p>	<p>Self-Directed</p>	<p>All Providers</p> <p>This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.</p>	<p>Register here: https://courses.inccrra.org/enrol/index.php?id=1001</p> <p>CDA: 1 & 8</p> <p>FREE</p>
	<p>ECE Credential Level 1: All Modules</p> <p>Introductory ONLINE</p>	<p>Self-Directed</p>	<p>All Providers</p> <p>Appropriate speech patterns and language skills are crucial to nurturing effective communications by preschoolers. In this third class on preschool development, you will explore how to use a picture and storybooks to lay the foundation for good reading and proper language use. This class comes complete with discussion on how to help children with special needs.</p>	<p>Register here: https://courses.inccrra.org/course/index.php?categoryid=28</p> <p>CDA: Varies Based on Module</p> <p>FREE</p>
<p><i>*Meets CCAP Health & Safety Requirements</i></p>	<p>What is CCAP?</p> <p>Introductory ONLINE</p>	<p>Self-Directed</p>	<p>All Providers</p> <p>"What is CCAP?" reviews the Illinois Department of Human Services (IDHS) Child Care Assistance Program (CCAP). The Illinois Department of Human Services Child Care Assistance Program – helps pay for child care expenses for income-eligible families who work or participate in an approved school or training or TANF approved activity. This training reviews the application processes and key features child care providers should be familiar with regarding the CCAP program. This training is Gateways Registry approved and helps meet provider training requirements to receive Child Care Assistance Program payments.</p>	<p>Register here:</p> <p>Homes: https://courses.inccrra.org/enrol/index.php?id=888</p> <p>Centers: https://courses.inccrra.org/enrol/index.php?id=886</p> <p>CDA: 5</p> <p>FREE</p>

<i>*Meets CCAP Health & Safety Requirements</i>	IDCFS Mandated Reporter Introductory ONLINE	Self-Directed	All Providers The purpose of this course is to help all Illinois Mandated Reporters understand their critical role in protecting children by recognizing and reporting child abuse. Everyone who suspects child abuse or neglect should call the Illinois Department of Children and Family Services Child Abuse Hotline to make a report. Mandated Reporters are required by law to do so.	Register here: https://courses.inccrra.org/course/index.php?categoryid=24 CDA: 5 FREE
	We Choose Health: Childhood Obesity Introductory ONLINE	Self-Directed	All Providers This training teaches possible consequences of being overweight as a child. It describes the role of staff and the child care environment in preventing childhood obesity. The training will also offer child care providers tips and tricks for integrating healthy foods and activity into their programs.	Register here: https://courses.inccrra.org/enrol/index.php?id=942 CDA: 1 FREE
	Illinois Early Learning Guidelines Intermediate ONLINE	Self-Directed	All Providers This training gives early childhood practitioners an overview of program guidelines for children birth to age three. The training creates a foundational understanding for providers and practitioners in the field of what children birth to age three are expected to know and do across multiple domains.	Register here: https://courses.inccrra.org/enrol/index.php?id=919 CDA: 3, 7, & 8 FREE
	Lead in Water Introductory ONLINE	Self-Directed	All Providers This course provides a brief overview of lead contamination and the harmful effects of lead exposure. Illinois state requirements for lead in water testing are discussed along with the procedures for testing and developing a mitigation plan. This training meets the Illinois DCFS licensing renewal training requirement for the testing of lead in water.	Register here: https://courses.inccrra.org/enrol/index.php?id=1006 CDA: 1 FREE
	Fundamentals of Child Assessment Intermediate ONLINE	Self-Directed	All Providers Participants will be introduced to the essentials and importance of conducting child assessments in early childhood programs. Through discussion and group activities, practitioners will learn the different types of assessments, why assessments are needed, and how assessments are used to plan for children's learning.	Register here: https://courses.inccrra.org/enrol/index.php?id=917 CDA: 7 & 8 FREE

RESOURCES

Conscious Discipline: Trauma Informed Social and Emotional Learning

Main website: <https://consciousdiscipline.com/>

Free Webinar Series: *Understanding Trauma* with Dr. Becky Bailey

<https://consciousdiscipline.com/product/understanding-trauma-webinar-series-individual-1-year/>

Premium Resource Memberships are Now Free for 90 Days

<https://consciousdiscipline.com/product/premium-digital-toolkit-1-year-membership/>

Free Printable Social Story “Why Can’t I Go to School?”

<https://consciousdiscipline.com/resources/why-cant-i-go-to-school-social-story/>

Institute for Childhood Preparedness: Empowering early childhood professionals with emergency preparedness planning, response, and recovery.

Continue Training from home here:

https://www.childhoodpreparedness.org/?utm_campaign=782bc6b9-90f6-4e04-84e1-3e06aa4af5e2&utm_source=so&utm_medium=mail&cid=d94ac9a3-5e21-4ecb-9d1c-32082c2a925f

Virtual Museum Tours: <https://www.southernliving.com/syndication/museums-with-virtual-tours?fbclid=IwAR2JIHR3BUg-un9j955t6-8eQuRjbJfyYOJaZ7GfryfDnvC5ShAjoHBKmAww>

Lunch Doodles with Mo Willems: <https://www.kennedy-center.org/education/mo-willems/>

Burpee Museum Virtual Field Trips: http://www.burpee.org/?fbclid=IwAR2kQUC3Izjk_Gm1p8o_8leGkrNz0sGQCwbb6etV1jFA-QmauM-BdD18tlw

Home Safari: <http://cincinnatizoo.org/home-safari-resources/>

HighScope at Home: <https://highscope.org/active-learning-at-home/?fbclid=IwAR2fsavcyR5YwOmnHo8OecySyoEQAUhVcYMcx7XUHsJ2Hpaq4ZwSR53Jz2A>

Explore our Natural Parks: <https://artsandculture.withgoogle.com/en-us/national-parks-service/welcome>

Ranger Rick Digital Subscriptions: <https://rangerrick.org/stuck-indoors/?fbclid=IwAR39BB2t89H7eohlw4CwTtHTlp4m0J09MRR22oOHTi1Qf9S7Do5xaDs76g>

Harvard Center on the Developing Child: https://developingchild.harvard.edu/resources/activities-guide-enhancing-and-practicing-executive-function-skills-with-children-from-infancy-to-adolescence/?fbclid=IwAR3kiyJmMI2LHEIxiWpzzHZu9YJ5_8LMr0AZiBeUvKrm261CJ47mW3tTuo

Child Mind Institute: <https://childmind.org/coping-during-covid-19-resources-for-parents/>

CPR

CPR is cancelled at this time. DCFS is developing guidance regarding expired or soon to be expired certifications. Monitor your email and DCFS website for updates.

Training Policies and Procedures

The following training policies and procedures apply to all YWCA NWIL Child Care Solutions sponsored workshops and conferences.

Registration

- The training calendar indicates how to register for a workshop/series. *Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the quarterly training calendar and/or online at www.ywcanwil.org.
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

Training Participation

- Late arrivals—a 15 minute Grace Period will be given at all training sessions. This grace period begins at the advertised start time. Participants will not be allowed in the training after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the trainer is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

Fees, Refunds, & Cancellations

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

Certificates

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.