

# Training Opportunities for Early Childhood Providers

## September 2020 Calendar



**YWCA Northwestern Illinois**

**4990 East State Street**

**Rockford, Illinois 61108**

**815.484.9442/800.872.9780**

**Training Ext. 211**

**[www.ywcanwil.org](http://www.ywcanwil.org)**



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
<b>September</b>				
9/1/2020- 9/30/2020	<b>Individual or small group (Topic of your choice)</b>  <b>Introductory</b> <b>Presenter: Stephanie Koclanis</b>	Self scheduled sessions.  <b>Zoom</b>	<b>All Providers</b> Have a question about child development, program management, self-care, etc? Need specific resources for your classroom or a child? Schedule a Zoom session to have a one-on-one discussion.	Contact <b>Stephanie Koclanis</b> , CORE Coordinator & Quality Improvement Funds Specialist at <a href="mailto:stephaniek@ywcawil.org">stephaniek@ywcawil.org</a> to schedule a day and time.
Tuesday, 9/1/2020	<b>Cultivating a Growth Mindset</b>  <b>Introductory</b> <b>Presenter: Stephanie Koclanis</b>	Access pre-recorded webinar on <b>September 1st</b> . Complete assignment and evaluation by <b>September 4th</b> at 12:00pm  <b>Recording</b>	<b>All Providers</b> Developing the right mindset early on is crucial for a successful, happy life. When children learn that putting forth effort and using the right strategies can help them become better at things, they feel empowered to try harder. When they know their brain is capable of growing, they are more confident, resilient, and can push through failure. Join me in exploring the power of "YET" in helping children learn that they are developing, not "fixed" to be a certain way.	Register <a href="#">here</a>  <b>CDA: 2, 3 &amp; 8</b>  <b>FREE</b>
Wednesday, 9/2/2020	<b>Let's Get Active!</b>  <b>Introductory</b> <b>Presenter: Kelly McNeal</b>	4:30 PM to 5:30 PM  <b>GoToWebinar</b>	<b>All Providers</b> This training will be taking a look at what an active lifestyle is and why it's important to stay active. It will also explore what role you as the childcare provider play in a child's healthy habits.	Register <a href="#">here</a>  <b>CDA: 2</b>  <b>FREE</b>
Wednesday, 9/2/2020	<b>Big Ideas on Early Brain Development</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> Discover the connection between early brain development and children's learning. This training will focus on classroom activities to promote developmental growth. Through lecture, group discussions, and small group activities, participants will study how the brain develops, organizes stimuli, and the impact of stress. Discussion will encompass caregiving strategies used in everyday encounters to support healthy brain development.	Register <a href="#">here</a>  <b>CDA: 1 &amp; 5</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 9/3/2020	<b>Nap Chat</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	1:00 PM to 2:30 PM  <b>Zoom</b>	<b>Teachers, Assistant Teachers and Substitutes</b>  Caregivers are invited to a midday discussion as it relates to the rewards and obstacles programs are facing on a daily basis. The desired outcome of these meetings aim for participants leaving more informed and inspired about the next day!	Contact <b>Heather Gordon</b> by phone or email to register <a href="mailto:HeatherG@ywcanwi.org">HeatherG@ywcanwi.org</a> 815-484-9442 Ext. 228  <b>CDA: 1</b>  <b>FREE</b>
Tuesday, 9/8/2020- Tuesday, 10/6/2020	<b>Book Club: Business Planning Guide by Tom Copeland</b>  <b>Introductory</b> <b>Presenter: Stephanie Siemens</b>	6:00 PM to 6:30 PM  <b>Zoom</b>  Weekly <b>Tuesday night</b> meetings will take place for group discussion. <b>September 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> and October 6<sup>th</sup>.</b>	<b>All Providers</b>  Explore the options in childcare and what is right for your situation. Providers will create a start-up plan, business plan, budget and learn how to manage a budget. Book is included at no additional charge.	Contact <b>Stephanie Siemens</b> at <a href="mailto:StephanieS@ywcawil.org">StephanieS@ywcawil.org</a> to register.  <b>CDA: 4, 5 &amp; 6</b>  <b>FREE</b>
Tuesday, 9/8/2020	<b>Families &amp; Educators Working Together: Understanding Family engagement</b>  <b>Introductory</b> <b>Presenter: Kelly McNeal</b>	4:30 PM to 5:30 PM  <b>GoToWebinar</b>	<b>All Providers</b>  Get a better understanding of how to build strong relationships between families and educators. Learn about sources of support and the six principals of family Engagement.	Register <a href="#">here</a>  <b>CDA: 2</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 9/10/2020	<b>Infant Toddler Sensory Awareness</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> Have you experienced children who are easily over-stimulated or have difficulties remaining in group situations? Have you witnessed children crashing into things or always wanting to touch others? These children may be experiencing challenges with their sensory system and the ways in which their bodies process sensory information from their environment. Participants will get a chance to discuss the benefits and importance of sensory experiences. This training helps participants understand the sensory needs of children while providing fun and easy sensory ideas to try out in the childcare environment. Join us and learn more about sensory processing challenges and how you can help these children be more successful in the childcare setting.	Register <a href="#">here</a>  <b>CDA: 3</b>  <b>FREE</b>
Monday, 9/14/2020	<b>A Moving Child is a Learning Child</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> Discover the early <b>LEARNING</b> link between the body and the brain and how to guide this connection in young <b>CHILDREN</b> and get them up and moving along with learning.	Register <a href="#">here</a>  <b>CDA: 1, 2 &amp; 5</b>  <b>FREE</b>
Tuesday, 9/15/2020	<b>Virtual Storytime. Raspberries: An American Tale of Cooperation</b>  <b>Introductory</b> <b>Presenter: Kelly McNeal</b>	11:00 AM to 11:30 AM  <b>YWCA Facebook Live</b>	<b>Providers/Parents/Kids</b> Gather up the kids and enjoy a story read by Kelly, YWCA of Northwestern Illinois staff member and Community Systems Specialist! #YWKelly	No registration required, watch our Event page on Facebook (@YWCANWIL)
Tuesday, 9/15/2020	<b>Taming Temper Tantrums</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> Temper tantrums are a common part of a child's development. Tantrums are most common between two and four years of age. They can be as short as 20 seconds or go on for hours. This workshop will help you to understand a tantrum, prevent a tantrum, and help children work through a tantrum.	Register <a href="#">here</a>  <b>CDA: 1,3 &amp; 5</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 9/15/2020	<b>Director's Dialogue: Round Table-Collecting Information</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	12:30 PM to 1:30 PM  <b>Zoom</b>	<b>Licensed Center Directors</b> Child care Center Directors are invited to a midday discussion as it relates to the rewards and obstacles programs are faced with on a daily basis. We will have open discussion so please bring questions and concerns. The desired outcome of these meetings aim for participants to leave more informed and inspired about the next day!	Contact <b>Heather Gordon</b> by phone or email to register <a href="mailto:HeatherG@ywcanwi.org">HeatherG@ywcanwi.org</a> 815-484-9442 Ext. 228  <b>CDA: 1</b>  <b>FREE</b>
Wednesday, 9/16/2020	<b>Self-care in the Time of COVID-19</b>  <b>Introductory</b> <b>Presenter: Mary Kelley and Heather Gordon</b>	12:00 PM to 1:00 PM  <b>Zoom</b>  After listening to the Webinar, you will meet on Zoom for 1 hour. Please email <b>Heather Gordon</b> at <a href="mailto:HeatherG@ywcanwi.org">HeatherG@ywcanwi.org</a> the date and time you finished the webinar.	<b>All Providers</b> During this time, it is crucial that we work to establish healthy habits and routines that allow us to be the best for the children we serve. Conversation will be based on your healthy habits or ways to increase those that you may struggle with.	Register <a href="#">here</a>  <b>CDA: 1</b>  <b>FREE</b>
Thursday, 9/17/2020	<b>Self-care in the Time of COVID-19</b>  <b>Introductory</b> <b>Presenter: Mary Kelley and Heather Gordon</b>	6:00 PM to 7:00 PM  <b>Zoom</b>  After listening to the Webinar, you will meet on Zoom for 1 hour. Please email <b>Heather Gordon</b> at <a href="mailto:HeatherG@ywcanwi.org">HeatherG@ywcanwi.org</a> the date and time you finished the webinar.	<b>All Providers</b> During this time, it is crucial that we work to establish healthy habits and routines that allow us to be the best for the children we serve. Conversation will be based on your healthy habits or ways to increase those that you may struggle with.	Register <a href="#">here</a>  <b>CDA: 1</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 9/22/2020	<b>Creating a Print Rich Early Childhood Environment</b>  <b>Introductory</b> <b>Presenter: Gloria Davis</b>	6:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b> Learning experiences are far beyond just what providers do with the children. Learning opportunities are all around children every day in their observations, conversations, and play. Indirectly, children learn what they see around them. Make print come alive in your child care setting by attending this training and receive numerous ideas that you will be able to implement in your classroom the very next day!	Register <a href="#">here</a>  <b>CDA: 2 &amp; 8</b>  <b>FREE</b>
Tuesday, 9/22/2020	<b>Dinner N Learn: Round Table-Collecting Information</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Zoom</b>	<b>Licensed Home Providers</b> Child care providers are invited to an evening of discussion as it relates to the rewards and obstacles providers face on a daily basis. We will have open discussion so please bring questions and concerns. The desired outcome of these meetings aim for participants to leave more informed and inspired about the next day!	Contact <b>Heather Gordon</b> by phone or email to register <a href="mailto:HeatherG@ywcanwi.org">HeatherG@ywcanwi.org</a> 815-484-9442 Ext. 228  <b>CDA: 1 &amp; 5</b>  <b>FREE</b>
Tuesday, 9/22/2020	<b>Free Information Meeting: Building the Framework for Your Child Care Business</b>  <b>Introductory</b> <b>Presenter: Kelly McNeal and Stephanie Siemens</b>	1:00 PM to 2:00 PM  <b>GoToWebinar</b>	<b>LE Providers</b> Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to take your business to the next level. You will be able to interact with a staff member from the YWCA as you learn about getting started, contracts, food programs, and other resources available to you through the YWCA.	Register <a href="#">here</a>  <b>CDA: 7</b>  <b>FREE</b>
Wednesday, 9/23/2020	<b>Books Alive: There's More Than One Way to Tell a Story</b>  <b>Introductory</b> <b>Presenter: Stephanie Koclanis</b>	7:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b> Tired of reading the same books over and over? Need fresh ideas on how to keep children interested while you read a book? Participants will explore fun, engaging activities to enhance the experience and build a love of reading. Participants will learn how to bring art, science, math, and movement into the wonderful world of picture books. Join us in this training for bringing books alive.	Register <a href="#">here</a>  <b>CDA: 2, 3, 8</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 9/23/2020	<b>Tummy Time</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> This training will allow providers the opportunity to learn how important tummy time is for infant development. Providers will also learn new ways to get down on the floor with babies and how to stimulate their senses.	Register <a href="#">here</a>  <b>CDA: 2</b>  <b>FREE</b>
Thursday, 9/24/2020	<b>Tame Power Struggles</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> We've all found ourselves involved in a game of Tug of War with a child in an effort to gain or retain power. This training will help you think of stressors a child may be struggling with that are being expressed through challenging behaviors. Gaining knowledge of what a child may be feeling or going through will help you in understanding what is needed to positively address a situation.	Register <a href="#">here</a>  <b>CDA: 1,3 &amp; 7</b>  <b>FREE</b>
Thursday, 9/24/2020	<b>Play-Based Learning</b>  <b>Introductory</b> <b>Presenter: Jodi York</b>	6:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b> Research shows that setting our kids up for success in school and beyond with play-based learning is the best approach for our early learning environments. Teaching children relevant skills through play keeps them motivated to learn. Through this training, you will explore how to design your setting to fit the needs of any age group that focuses on child-initiated learning. Also, we will look at curriculum development to ensure age – appropriate materials are available for children. Finding a healthy balance of both free play and guided play will ensure the child is receiving a solid foundation in the learning process.	Register <a href="#">here</a>  <b>CDA: 5</b>  <b>FREE</b>
Monday, 9/28/2020	<b>Introducing Books to Infants and Toddlers</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> The benefits of introducing books to a child begin at birth and last a lifetime. Reading not only builds relationships, it also builds listening, memory, and vocabulary skills. Join this training to take home some tips for building little readers' minds by introducing them to books.	Register <a href="#">here</a>  <b>CDA: 2</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 9/29/2020	<b>Math-Much More Than Counting</b>  <b>Introductory</b> <b>Presenter: Stephanie Koclanis</b>	7:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>All Providers</b> Children use early math skills in their everyday life. In fact, when math is explored hand-in-hand with other subjects, such as art and science, children learn more math than they would if they were taught only math. In this training, providers will learn ways to introduce complex math concepts during play. In addition, you will understand the progression of number sense from the concept level to the connecting level, and finally to the symbolic level.	Register <a href="#">here</a>  <b>CDA: 2 &amp; 8</b>  <b>FREE</b>
Wednesday, 9/30/2020	<b>The Impact of Diversity</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> Believe in the importance of promoting quality early learning environments for children that are culturally and developmentally appropriate. Research suggests adults who engage children in culturally responsive educational experiences help children to grow and flourish in cultural diversity.	Register <a href="#">here</a>  <b>CDA: 1,3 &amp; 7</b>  <b>FREE</b>



## ADDITIONAL ONLINE TRAININGS:

All Gateways approved trainings can be found at <https://courses.inccrra.org>.

You must be a Gateways Member to take the courses, become a member [here](#)

## ADDITIONAL RESOURCES:

**Social-Emotional Learning Should Be Priority During COVID-19 Crisis:** [link](#)

**Preparing Your Child For School:** [link](#)

**Back To School Resources For Parents:** [link](#)

**The Pivot Back to Remote Learning: Checklists for Teachers, Principals and Ed-Tech Leaders** Register [link](#)

**Distance Learning During the COVID-19 Pandemic:** [link](#)

**Cosmic Kids:** [link](#)

## **\*\*CPR\*\***

In-person CPR at the YWCA is suspended at this time. DHS has approved hybrid CPR classes that are offered online/in-person. We encourage you to refer to the below list of approved entities for course offerings related to initial certification and renewals. You will need to follow up with the individual entities to find course offerings and times. If you have further questions, please follow up with your DCFS Representative.

### **List of approved CPR providers (Effective June 4<sup>th</sup>, 2020):**

1. American Heart Association
2. American Safety & Health Institute(ASHI)
3. American Red Cross
4. American Trauma Event Management (ATEM)
5. Emergency Care and Safety Institute (ECSI)
6. Edward Atkinson/Emergency Response Health Network
7. Ellis & Associates, Inc.-Orlando, FL
8. EMS Safety Services
9. MEDIC FIRST AID
10. National Safety Council
11. Pro-Trainings, LLC
12. R.H. Sanders & Associates

# YWCA Northwestern Illinois Child Care Solutions

## Provider Services

### How can we help YOU?

#### **Amy Ritter**– *Front Desk Receptionist*

- Assists with annual child care program updates
- Provides customized child care referral lists, upon request

**Extension:**  
200

[Email Amy](#)

#### **Heather Gordon** – *Infant Toddler Specialist*

- Coordinates on-site consultations, observations, and assessments of children ages 0-3
- Provides trainings on Infant/Toddler topics
- Assists with implementing child care improvement plans

**Extension:**  
228

[Email Heather](#)

#### **Jennifer Betts** – *Data Specialist*

- Registers participants for training opportunities
- Assists providers with completing and reporting the IDHS CCAP training requirements
- Offers assistance with referral and retention as well as technical assistance and various training topics
- Coordinates annual child care program updates

**Extension:**  
218

[Email Jennifer](#)

#### **Andrea Capriotti**– *Training & Technical Assistance Coordinator*

- Creates and manages the quarterly training calendar for ongoing professional development
- Manages and processes applications for CPR/First Aid Reimbursement and Professional Development Funds.
- Offers technical assistance regarding Gateways Registry membership, online trainings, credentials and accreditations, and various training related information

**Extension:**  
211

[Email Andrea](#)

#### **Kelly McNeal** – *Community Systems Development & Referral Specialist*

- Works and connects with programs and services across health, early care and education, family support, and social services
- Coordinates community outreach and collaborations
- Provides customized child care referral lists upon request

**Extension:**  
204

[Email Kelly](#)

#### **Stephanie Siemens**– *Recruitment, Retention, & Referral Specialist*

- Meets with area schools and organizations to explain career paths with early childhood education
- Provides customized child care referral lists, upon request
- Offers in-depth information on starting a child care business, including on-site visits
- Maintains provider referral database and updates vacancies
- Assists with annual child care program updates

**Extension:**  
205

[Email Stephanie](#)

#### **Stephanie Koclanis** – *Quality Improvement Funds Specialist*

- Responsible for the promotion, technical assistance, receiving, processing, and awarding of funds for Quality Improvement Cohort, LE Health and Safety Improvement Funds Grant, Training Stipends, and Accreditation Assistance applications.

**Extension:**  
224

[Email Stephanie](#)

## **Training Policies and Procedures**

*The following training policies and procedures apply to all YWCA NWIL Child Care Solutions sponsored workshops and conferences.*

### **Registration**

- The training calendar indicates how to register for a workshop/series. \*Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the quarterly training calendar and/or online at [www.ywcanwil.org](http://www.ywcanwil.org).
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

### **Training Participation**

- Late arrivals—a 15 minute Grace Period will be given at all training sessions (including virtual trainings). This grace period begins at the advertised start time. Participants will not be allowed in after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the training is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

### **Fees, Refunds, & Cancellations**

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

### **Certificates**

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.

### **Virtual Learning**

- Please utilize a webcam to maximize the relationship and connection between trainer and participants
- Attendance, participation and interaction with trainer is required and will be verified through virtual platform
- Your safety and attention must be verified: No driving, shopping, etc. while participating in training
- Must complete evaluation form after each training, before certificate can be issued