

# Training Opportunities for Early Childhood Providers

## Spring Calendar 2019








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Training Ext. 211  
[www.ywcanwil.org](http://www.ywcanwil.org)







*Funding provided in whole or in part by Illinois Department of Human Services.*

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
<b>APRIL</b>				
Wednesday 04/03/2019, 04/17/2019, 05/01/2019, and 05/15/2019	Circle of Security® Parenting Training Series*  <b>Introductory</b> <b>Presenter: Mary Kelley</b>	9:00 AM to 11:00 AM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Caregivers of Children – 3 months to 6 years</b>  Did you know all children come with an instruction manual? Based on more than 50 years of research, this training will make it clear that your child <u>is</u> the instruction manual. In this training, you will learn how to read the 'manual'. We'll show you various ways you can observe each child's cues and effectively read the instructions your child is offering you. Once you better understand what you are seeing, you will be able to talk about what you are doing and not yet doing to give your child the security needed to have a stronger relationship with you.  <i>*This is a training series and participants are required to attend all 4 dates to receive credit. Participants will receive 8 contact hours for this training, upon completion.</i>	Use registration form or <a href="#">click here for online registration</a>  CDA: 3, 8  <b>FREE</b>
Saturday 04/06/2019  	SAYD Credential Level 1  <i>Module 7b: Managing and Guiding Relationships</i>  <b>Introductory</b> <b>Presenter: Ashley Harms</b>	9:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>School-Age Providers</b>  This session includes looking at how to help children and youth develop friendship and friendship skills. Discussion will include how to manage conflict as it plays a pivotal role in the development of relationship skills. Topics will also include bullying and harassment. National Afterschool Association (NAA) Standards on human relationships will be addressed.	Use registration form or <a href="#">click here for online registration</a>  CDA: 3  <b>FREE</b>
Saturday 04/06/2019  	SAYD Credential Level 1  <i>Module 8a: Community Relationships</i>  <b>Introductory</b> <b>Presenter: Ashley Harms</b>	12:30 PM to 3:30 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>School-Age Providers</b>  Using the National Afterschool Association (NAA) Standards, this module will look at the differences between "community" and a "sense of community", including ideas for creating and strengthening a sense of community. Participants will explore the ideas of the surrounding community as a resource and how to support children and youth engagement within it.	Use registration form or <a href="#">click here for online registration</a>  CDA: 3, 5  <b>FREE</b>





Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday 04/08/2019	Bugs, Bubbles, & Busy Bodies  <b>Introductory</b> <b>Presenter: Gloria Davis</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  As an early childhood educator, you are in a powerful and unique position to make sure children are exposed to the outdoors and to assure nature's ever-changing wonders are woven into the core of your curriculum-and the fabric of their day. In fact, research indicates that young children engage in richer symbolic play outdoors than indoors. This is thanks to the relatively greater availability of low-realistic, low structured, natural materials, spaciousness, etc. outdoors. This training will leave you with many ideas that enrich outside play.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 2  <b>FREE</b>
Tuesday 04/09/2019	Things Every Child Needs  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	7:00 PM to 9:00 PM  <b>Aldersgate United Methodist Church</b> 4055 North Rockton Ave Rockford, IL 61103 Winnebago Co	<b>Providers of Children 0-3</b>  What are the basic needs of every child? Research states that there are simple things that can help with the development of a child's brain within those first years of life. Caregivers can learn how they can help improve the development for the children in their care.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2, 8  <b>FREE</b>
Wednesday 04/10/2019    *Meets CCAP Health & Safety Requirements	ECE Credential Level 1  <i>Module 1: Child Development Overview</i>  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Participants receive an overview in child development for children birth through early school-age. Emphasis will be on understanding basic milestones in development as well as on strategies used to promote the health.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>
Thursday 04/11/2019 & Thursday 04/18/2019    	Introduction to the Environmental Rating Scales (ERS)  <i>2-day series*</i>  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	6:00 PM to 8:00 PM  <b>Hand-N-Hand Child Care Center</b> 9350 Forest Hills Rd Loves Park, IL 61111 Winnebago Co	<b>All Providers</b>  This training is for center-based programs and family child care providers and offers an overview of the Environment Rating Scales. The Environment Rating Scales are user friendly assessment tools that measure the quality of the learning environment for infants through school-age children. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning.  <i>*Providers must attend both dates to receive credit for this training.</i>	Use registration form or <a href="#">click here for online registration</a>  CDA: 5  <b>\$10.00</b>





Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday 04/11/2019	Safeway Food Handler Presentation & Certification  <b>Introductory</b> <b>Presenter: Kelly McNeal</b>	6:00 PM to 8:30 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will offer a Food Handler workshop that has been approved by ANSI and will meet the DCFS certification requirement. This workshop consists of a slide presentation followed by a 40 question test.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>\$20.00</b>
Thursday 04/11/2019 & Thursday 04/18/2019    	Introduction to the Environmental Rating Scales (ERS)  <i>2-day series*</i>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Davinci Academy (Previously ECOLE 360)</b> 2229 Anderson Dr Belvidere, IL 61108 Boone Co	<b>All Providers</b>  This training is for center-based programs and family child care providers and offers an overview of the Environment Rating Scales. The Environment Rating Scales are user friendly assessment tools that measure the quality of the learning environment for infants through school-age children. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning.  <i>*Providers must attend both dates to receive credit for this training.</i>	Use registration form or <a href="#">click here for online registration</a>  CDA: 5  <b>\$10.00</b>
Saturday 04/13/2019    <i>*Meets CCAP Health &amp; Safety Requirements</i>	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	8:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday 04/17/2019  <i>*Meets CCAP Health &amp; Safety Requirements</i>	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	5:30 PM to 9:30 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>
Monday 04/22/2019 	ECE Credential Level 1  <i>Module 8a: Preschool Social and Emotional Development</i>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  As children approach preschool age, their needs begin to change. This is the first of four classes designed to better understand children as they approach school-age. You will identify characteristics of social and emotional development and learn techniques for promoting appropriate and effective discipline for preschool children.	Use registration form or <a href="#">click here for online registration</a>  CDA: 3  <b>FREE</b>
04/22/2019 – 06/07/2019	Child Care Business Academy  <b>Introductory</b> <b>Presenter: Mary Cline (online)</b>	Online, Self-Paced	<b>All Providers</b>  <b>*See informational flyer at the end of the training calendar for complete course information and requirements.</b>  Building a Business Plan to Build Your Business is a dynamic, self-paced, online training series. The purpose of this series is to introduce individuals to a business plan. Topics include; defining and creating a business plan for your program/business, understanding how a business plan can increase your BAS score, how to highlight your business strengths and build on your weaknesses, using research to market your business, and understanding your business's profits and losses.	<a href="#">Click here for online registration</a>  <b>FREE</b>  Register By: 04/19/2019


Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday 04/24/2019   <i>*Meets CCAP Health &amp; Safety Requirements</i>	ECE Credential Level 1  <i>Module 2a: Health Issues for Group Care</i>  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Ensuring a child's health and well-being requires more than basic first aid and emergency contacts. In this class, you will learn how to help the growth of healthy children-from the basics like hand washing to a more in-depth look at various practices surrounding healthcare.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>FREE</b>
Wednesday 04/24/2019	Car Seat Safety Training  <b>Introductory</b> <b>Presenter: Melanie Wingo</b>	6:00 PM to 8:00 PM  <b>Stephenson County Farm Bureau</b> 210 West Spring St Freeport, IL 61032 Stephenson Co	<b>All Providers</b>  Road injuries are the leading cause of preventable deaths and injuries to children in the United States. Three out of four car seats are not used or installed correctly. However, taking the time to make sure your child's seat is being used correctly can reduce the risk of death by as much as 71%. Join us to receive safety tips and a demonstration on how to travel safely with children in your car.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>FREE</b>
Saturday 04/27/2019   <i>*Meets CCAP Health &amp; Safety Requirements</i>	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Andrea Angileri</b>	8:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>







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Saturday 04/27/2019    	Introduction to the Environmental Rating Scales (ERS)  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	8:30am to 12:30pm  <b>Circles of Learning</b> 5711 Wansford Way Rockford, IL 61109 Winnebago Co	<b>All Providers</b> This training is for center-based programs and family child care providers and offers an overview of the Environment Rating Scales. The Environment Rating Scales are user friendly assessment tools that measure the quality of the learning environment for infants through school-age children. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning.  <i>Providers must attend both dates to receive credit for this training.</i>	Use registration form or <a href="#">click here for online registration</a>  CDA: 5  <b>\$10.00</b>
Saturday 04/27/2019    	Illinois Early Learning and Development Standards  <b>Intermediate</b> <b>Presenter: Gloria Davis</b>	9:00 AM to 3:30 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b> This training gives early childhood practitioners an overview of the revised learning and development standards for preschool children ages three to five. Through discussion and small group activities, training participants will learn how to connect the standards with daily practice in their programs.	Use registration form or <a href="#">click here for online registration</a>  CDA: 5, 7  <b>FREE</b>
<b>MAY</b>				
Thursday 05/02/2019	The Walls Talk!  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b> Children learn by moving through their environment. Why not help them explore learning opportunities and interactions with the displays on your program's walls? Let's help children learn and develop by exploring the displays caregivers create on our walls.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>




Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday 05/04/2019  <i>*Meets CCAP Health &amp; Safety Requirements</i>	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	8:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>
Saturday 05/04/2019  	Illinois Early Learning Guidelines  <b>Intermediate</b> <b>Presenter: Cheryl Bulat</b>	9:00 AM to 1:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training gives early childhood practitioners an overview of program guidelines for children birth to age three. The training creates a foundational understanding for providers and practitioners in the field of what children birth to age three are expected to know and do across multiple domains.	Use registration form or <a href="#">click here for online registration</a>  CDA: 3, 7, 8  <b>FREE</b>
Tuesday 05/07/2019	Transitions for Infant/Toddler  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  Infants and toddlers don't always embrace transitions in their environment easily. As caregivers, your focus should be to plan activities and implement them with regularity to help ease these transitions.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>FREE</b>
Wednesday 05/08/2019  <i>*Meets CCAP Health &amp; Safety Requirements</i>	ECE Credential Level 1  <i>Module 2b: Nutrition Issues for Children in Group Care</i>  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Whether you are responsible for providing a quick snack or a well-balanced meal, understanding children's dietary needs creates healthier and happier kids. Learn the basics of good nutrition, food safety, and various practices surrounding nutrition through this class that offers hands-on activities and practical discussions that will make science and good nutrition easy to understand.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>FREE</b>









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Thursday 5/09/2019	Great Place to be an Infant Toddler: <i>Improving the Learning Environment</i>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  Infants and toddlers learn by exploring their environment. This training will help you to design and arrange the learning environment to benefit infants, toddlers, and yourself. Additionally, this training will help ensure health and safety by making physical spaces and materials appropriate for infants and toddlers.	Use registration form or <a href="#">click here for online registration</a>  CDA: 5  <b>FREE</b>
Saturday 05/11/2019	Make & Take Math Preschool  <b>Introductory</b> <b>Presenter: Jennie Johnson Sic</b>	9:00 AM to 11:00 AM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This workshop will introduce math concepts and will incorporate developmentally appropriate make and take games to play with the preschool children you provide care for.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>
Monday 05/13/2019	Music in the Air  <b>Introductory</b> <b>Presenter: Gloria Davis</b>	6:00 PM to 8:00 PM  <b>Freeport Public Library</b> 100 East Douglas St Freeport, IL 61032 Stephenson Co	<b>All Providers</b>  Incorporating music and movement into a daily routine of children provides development in many domains. Music increases math and language skills as well as social-emotional and physical development. With just a little creativity and a willingness to have fun, music can enhance your children's environment.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2, 3  <b>FREE</b>
Tuesday 05/14/2019    *Meets CCAP Health & Safety Requirements	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	5:30 PM to 9:30 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>

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Tuesday 05/14/2019 	ECE Credential Level 1  <i>Module 8b: Preschool Physical Development</i>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  As toddlers mature, their minds are not the only things growing at an incredible rate. You will understand the special areas of physical development in preschool-aged children. You also will learn about fine motor activities that will help preschoolers grow into their bodies while developing proper coordination and movement.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>
Thursday 05/16/2019	Free Play  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Pecatonica Public Library</b> 400 West 11 <sup>th</sup> St Pecatonica, IL 61063 Winnebago Co	<b>Providers of Children 0-3</b>  Free and self-guided play offers many benefits to the development of children. Join us to discover the reasons free play builds creativity and strengthens a child's abilities.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>FREE</b>
Saturday 05/18/2019 	PITC Module 3  <b>Introductory</b> <b>Presenter: Rebecca Kroiss</b>	8:00 AM to 5:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  Program for Infant Toddler Care (PITC) is designed to help child care directors and infant/toddler care teachers become sensitive to infants' cues, connect with their family and culture, and develop responsive, relationship-based care. This training takes an in-depth look at cognitive and social-emotional development, encouraging growth within daily routines and tips on setting up appropriate environments for experienced infant and toddler professionals.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2, 3, 4, 7, 8  <b>FREE</b>
Tuesday 05/21/2019	Environment Modifications  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  While adapting the learning environment for children's learning and needs, the primary focus for caregivers should be the children's strengths and abilities. Join this training to learn ways that will assist you with making modifications and adjustments to your environment.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 2  <b>FREE</b>
Wednesday 05/22/2019   <i>*Meets CCAP Health &amp; Safety Requirements</i>	ECE Credential Level 1  <i>Module 2c: Safety Issues for Children in Group Care</i>  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  A child's safety is the number one concern for parents and child care providers alike. In this class, you will identify tips for creating a safer group care environment, confront the issue of abuse and neglect, and learn more about emergency preparedness and first aid.	Use registration form or <a href="#">click here for online registration</a>  CDA:  <b>FREE</b>




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Thursday 05/23/2019	Project WILD! <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This workshop is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Be prepared to participate in some fun activities and take home projects.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>FREE</b>
Tuesday 05/28/2019	To Phonics and Beyond! <b>Introductory</b> <b>Presenter: Gloria Davis</b>	6:00 PM to 8:00 PM  <b>Freeport Public Library</b> 100 E Douglas St. Freeport, IL 61032 Stephenson Co	<b>Preschool Providers</b>  Learn strategies for helping preschool and prekindergarten students develop phonological awareness skills, print concepts, and alphabet knowledge. Explore strategies for using children's books to develop a firm foundation for phonemic awareness and phonics skills.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>
Wednesday 05/29/2019 	ECE Credential Level 1  <i>Module 8c: Preschool Language Development</i>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Appropriate speech patterns and language skills are crucial to nurturing effective communications by preschoolers. In this third class on preschool development, you will explore how to use a picture and storybooks to lay the foundation for good reading and proper language use. This class comes complete with discussion on how to help children with special needs.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>
Thursday 05/30/2019	We Choose Health  <i>Session 1: Childhood Obesity</i>  <b>Introductory</b> <b>Presenter: Kelly McNeal</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Session one teaches possible consequences of being overweight as a child. It describes the role of staff and the child care environment in preventing childhood obesity. The training will also offer child care providers tips and tricks for integrating healthy foods and activity into programs.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1  <b>FREE</b>
<b>JUNE</b>				
Saturday 06/01/2019	Name Games  <b>Introductory</b> <b>Presenter: Jennie Johnson Sic</b>	9:00 AM to 11:00 AM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Come learn how to teach phonemic awareness to developing readers. We will explore games to play with children that use their names to promote literacy in a personal way.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>


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Tuesday 06/04/2019 	ECE Credential Level 1  <i>Module 8d: Preschool Cognitive Development</i>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  In this final session on preschool development, you will dive deeper into how preschoolers learn and identify tips for making learning fun. With suggestions for activities that encourage your preschoolers to explore numbers, shapes, colors and science this class gives all the information you need to grow and stretch the ability of children to think and understand.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>
Tuesday 06/04/2019  	An Introduction to Transitions  <b>Introductory</b> <b>Presenter: Cheryl Joseph</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Participants will recognize the effects of various types of transitions – including activity, classroom, program, family and community – on families and a child's learning and development. Participants will be provided with strategies to assist families in times of transition, as well as identify specific types of transitions that impact children and families.	Use registration form or <a href="#">click here for online registration</a>  CDA: 3, 4, 5  <b>\$10.00</b>
Wednesday 06/05/2019	Quality Counts QRS Orientation for License-Exempt Family Child Care Providers  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	6:00 PM to 7:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>License-Exempt Family Child Care Providers</b>  Quality matters in child care. Learn about the statewide Quality Counts Quality Rating System (QRS) for license exempt family child care providers, a program to help improve quality of care. The Orientation covers QRS eligibility and training requirements, application process, and supports and resources available. Providers serving children on the State Child Care Assistance Program (CCAP) may also receive a bonus to the standard payment rate. A provider must attend this session prior to applying to Quality Counts QRS.	Use registration form or <a href="#">click here for online registration</a>  CDA: 6  <b>FREE</b>
Thursday 06/06/2019	Developmental Milestones  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Pecatonica Public Library</b> 400 West 11 <sup>th</sup> St Pecatonica, IL 61063 Winnebago Co	<b>Providers of Children 0-3</b>  Developmental milestones are behaviors or physical skills seen in children as they grow and develop. Research shows there are age ranges in which a child may reach the different milestones. Do you know what they are? Join us to find out! Activities will also be incorporated that will allow the children in your program to develop these milestones.	Use registration form or <a href="#">click here for online registration</a>  CDA: 8  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday 06/08/2019  <i>*Meets CCAP Health &amp; Safety Requirements</i>	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Kristian Wanland</b>	8:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>
Saturday 06/08/2019 	SAYD Credential Level 1  <i>Module 8b: Family Relationships</i>  <b>Introductory</b> <b>Presenter: Ashley Harms</b>	9:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>School-Age Providers</b>  Families are central to the lives of children and youth. It is essential that all school-age and youth programs be "family friendly" and inviting so that families feel welcomed and valued. Using the National Afterschool Association (NAA) Standards, this session will explore ways to partner with families to enhance the experience of children and youth.	Use registration form or <a href="#">click here for online registration</a>  CDA: 4, 5  <b>FREE</b>
Saturday 06/08/2019 	SAYD Credential Level 1  <i>Module 9: Personal and Professional Development</i>  <b>Introductory</b> <b>Presenter: Ashley Harms</b>	12:30 PM to 3:30 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>School-Age Providers</b>  This module will focus on how the personal and professional development of school-age and youth providers profoundly impacts the children, youth, families and colleagues they work with. National Afterschool Association (NAA) Standards in human relationships and administration will be discussed.	Use registration form or <a href="#">click here for online registration</a>  CDA: 6  <b>FREE</b>
Tuesday 06/11/2019	Supporting Your Team  <b>Introductory</b> <b>Presenter: Kristian Wanland &amp; Stephanie Koclanis</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Participants will learn about different personality components and determine where their strengths lie. In addition, participants will discover the five dysfunctions of a team and how to overcome those obstacles to become more effective.	Use registration form or <a href="#">click here for online registration</a>  CDA: 5, 6  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday 06/11/2019	Homemade Toys  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	7:00 PM to 9:00 PM  <b>Aldersgate United Methodist Church</b> 4055 North Rockton Ave Rockford, IL 61103 Winnebago Co	<b>All Providers</b>  Participants will explore effective ways to create homemade toys that children can play with in a learning environment. This workshop will provide a variety of ideas in creating homemade toys to use with the children. Participants should bring a few items to add to the collection for Make N Take part.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>
Wednesday 06/12/2019    *Meets CCAP Health & Safety Requirements	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	5:30 PM to 9:30 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>
Thursday 06/13/2019  	ECE Credential Level 1  <i>Module 9: School-Age Development</i>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 9:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  Completing the important section on child development, this class looks at school-age children to uncover how their learning and growth differs. With tips on how to better care for school-aged youth, this class also offers you guidance on how to set rules and limits and to get our school-aged kids to appreciate safety and respect.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2, 8  <b>FREE</b>
Saturday 06/15/2019  	PITC Module 4  <b>Introductory</b> <b>Presenter: Rebecca Kroiss</b>	8:00 AM to 5:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  Comprised of 4 Modules, the Program for Infant Toddler Care (PITC) is designed to help child care directors and infant/toddler care teachers become sensitive to infants' cues, connect with their family and culture, and develop responsive, relationship-based care. This training takes an in-depth look at cognitive and social-emotional development, encouraging growth within daily routines and tips on setting up appropriate environments for experienced infant and toddler professionals.	Use registration form or <a href="#">click here for online registration</a>  CDA: 3, 4, 5, 6  <b>FREE</b>



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday 06/18/2019	Little Scientist  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  Infants and toddlers are natural scientists. They are curious and love to explore and learn. Caregivers can help infants and toddlers find answers to their questions and discover more about the world around them.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>
Wednesday 06/19/2019    	ExceleRate™ Illinois Orientation for Licensed Family Child Care  <b>Introductory</b> <b>Presenter: Kristian Wanland &amp; Heather Gordon</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Licensed Family Child Care Providers</b>  ExceleRate™ Illinois is the quality rating and improvement system for licensed family child care, licensed child care centers, Head Start, and Preschool for All programs. This orientation provides family child care providers an overview of the goals, quality indicators, benefits of participation, application process, and the system supports available for success at reaching each Circle of Quality.	Use registration form or <a href="#">click here for online registration</a>  CDA: 5  <b>FREE</b>
Thursday 06/20/2019	Temperament  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Pecatonica Public Library</b> 400 West 11 <sup>th</sup> St Pecatonica, IL 61063 Winnebago Co	<b>Providers of Children 0-3</b>  Children come into our programs with many strengths and different styles of learning. As a caregiver, it is important to understand how to meet the learning needs of our students so they all can succeed. In this training, we will learn about temperament research in order to best meet the needs of all children in our care.	Use registration form or <a href="#">click here for online registration</a>  CDA: 8  <b>FREE</b>
Saturday 06/22/2019  	Introduction to Family Child Care Environment Rating Scales (FCCERS)  <b>Introductory</b> <b>Presenter: Kristian Wanland Heather Gordon</b>	9:00 AM to 1:00 PM  <b>Stephenson County Farm Bureau</b> 210 West Spring St Freeport, IL 61032 Stephenson Co	<b>Family Child Care Providers</b>  This training is for Family Child Care practitioners and provides an overview of the Family Child Care Environment Rating Scales Revised (FCCERS-R). FCCERS-R is a user-friendly assessment tool used to measure the quality of the learning environment. After completing this training, participants will be able to use the tool for program self-assessment And improvement planning. In addition, practitioners will be aware of FCCERS-R linkage to national accreditation, Illinois Early Learning and Development Standards (IELDS) and ExceleRate™ Illinois, Illinois' quality rating and improvement system.	Use registration form or <a href="#">click here for online registration</a>  CDA: 5  <b>\$10.00</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday 06/22/2019  <i>*Meets CCAP Health &amp; Safety Requirements</i>	Child Development, Health, and Safety Basics  <b>Introductory</b> <b>Presenter: Andrea Angileri</b>	8:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 8  <b>FREE</b>
Monday 06/24/2019	When Children Bite  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  This workshop will discuss what biting is and why children bite. During this training, participants will explore why biting is considered a developmentally expected behavior and how caregivers can implement strategies to prevent and respond to biting.	Use registration form or <a href="#">click here for online registration</a>  CDA: 8  <b>FREE</b>
Thursday 06/27/2019	WOW up Your Dramatic Play  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>Providers of Children 0-3</b>  Dramatic play allows children to pretend, imagine, and be creative. Children can pretend to be anyone, do anything, and travel anywhere with a few props and their imagination. Come and learn how to introduce new skills and ideas to the dramatic play area. This is powerful for our little learner's development.	Use registration form or <a href="#">click here for online registration</a>  CDA: 1, 3  <b>FREE</b>
Saturday 06/29/2019	Growing Up WILD!  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	9:00 AM to 12:00 PM  <b>YWCA</b> 4990 East State St Rockford, IL 61108 Winnebago Co	<b>All Providers</b>  This workshop is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Be prepared to participate in some fun activities and take home projects.	Use registration form or <a href="#">click here for online registration</a>  CDA: 2  <b>FREE</b>

## CPR / First Aid Trainings

**You must call the YWCA to register for all CPR Classes  
(815) 484-9442**

DATE	LOCATION	TIME
Saturday, 4/6	YWCA – Rockford, IL	9:45 AM – 3:00 PM
Saturday, 4/13	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Tuesday, 4/16	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 4/27	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 5/4	YWCA – Rockford, IL	9:45 AM – 3:00 PM
Saturday, 5/11	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 5/18	YWCA – Rockford, IL	9:45 AM – 3:00 PM
Tuesday, 5/21	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 6/1	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 6/8	YWCA – Rockford, IL	9:45 AM – 3:00 PM
Saturday, 6/15	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Tuesday, 6/18	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 6/22	YWCA – Rockford, IL	9:45 AM – 3:00 PM
Saturday, 6/29	YWCA – Rockford, IL	8:45 AM – 2:00 PM

## Additional CPR Resources

**Contact for available dates & times \*\*Costs will vary depending on the location  
FOR CCAP Requirements: Ask for PEDIATRIC & ADULT CPR/FIRST AID type course.**

**Heart Solutions Training Center** - 8407 N 2<sup>nd</sup> St, Machesney Park, IL - (815) 986-2112

**Debb Webb (Basic Healthcare Education LLC)** - (815) 978-7537

**Lamarr Wooden** – <https://www.facebook.com/Actfirstaidcpr/> - (815) 608-8152

**American Red Cross** - Available online at [www.redcross.org](http://www.redcross.org) - (Listed under Training & Certification tab)

**MercyHealth Rockford** - (815) 971-5394

**Swedish American Hospital** - (815) 961-2461

**Jeneva Davis (American Red Cross Certified Instructor)** – (217) 260-4875



## YWCA Northwestern Illinois Child Care Solutions: Business Academy



### ***YOU ARE INVITED!***

You are invited to participate in the YWCA Child Care Solutions' ***Building a Business Plan to Build Your Business*** online training series! This is a self-paced, **online** business series. The purpose of this series is to introduce you to a business plan so you can begin to build a plan for your own business.

Topics will include:

- What is a business plan and why every business needs one
- Understanding how a business plan can increase your BAS score
- How to highlight your business strengths and build on your weaknesses
- The IRS and your business
- Using research to market your business
- Understanding your business's profits and losses

**Building a Business Plan to Build Your Business** was created by Mary Cline. Mary is a collegiate Accounting Instructor. This **online** series is easily accessed from a computer and can be completed on **your own time**, at **your own pace** within the allotted time period. Participants must have computer and internet access and be comfortable navigating the internet, email, and computer programs such as Word. The series will be held from April 22, 2019 to June 7, 2019 and is worth a total of 15 training hours. Registration closes April 18, 2019 or when the 15 available spots are filled. **The cost is FREE for Gateway Registry members and \$10 for the public.** To register, submit registration form and payment to the YWCA at 4990 East State Street, Rockford, IL 61108. If you have questions, please contact the Training Coordinator at (815) 484-9448, ext. 211.

#### Procedure:

**This is a multipart learning series; you will complete one chapter at a time, at your own pace. After you feel you have mastered a chapter, you will contact the Training Coordinator and she will email you a short test to gage your learning. Once a score of 75% or greater is achieved on the test, the Training Coordinator will contact you to relay your score. After a passing score is achieved, you may begin the next chapter. This process will continue until the series is complete. Upon completion, the appropriate training certificate will be issued.**

***We look forward to helping you build your business!***