

Training Opportunities for Early Childhood Providers

Fall 2019 Calendar



4990 East State Street · Rockford, Illinois 61108
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Training Ext. 211
www.ywcanwil.org



Funding provided in whole or in part by Illinois Department of Human Services.

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
October				
Tuesday, 10/1/19	Importance of Routines/Schedules Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YMCA Children's Center 2998 W. Pearl City Rd. Freeport, IL 61032 Stephenson County	All Providers This workshop is designed to encourage routines and schedules throughout the day with children. Allowing time to play, read, eat, interact, and engage with the world around them is critical for a developing child. Participants will design their schedule and space to be flexible as well as support effective routines and help promote children's development and learning.	Use registration form or click here for online registration CDA: 1 FREE
Tuesday, 10/1/19	Build a Brain: Life Experiences Matter! Introductory Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Participate in a fun, hands-on workshop showing the powerful role of experience on early brain development. During this workshop, you will better understand and appreciate what promotes brain development, what derails it, how it impacts experiences throughout life, and strategies to help build resiliency.	Use registration form or click here for online registration CDA: 1, 2., 5 FREE
Thursday, 10/3/19	Lead in Water: Protecting Illinois Children Introductory Presenter: Kathryn Menue	6:00 PM to 8:30 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This course provides a brief overview of lead contamination and the harmful effects of lead exposure. Illinois state requirements for lead in water testing are discussed along with the procedures for testing and developing a mitigation plan. This training meets the Illinois DCFS licensing renewal training requirement for the testing of lead in water.	Use registration form or click here for online registration CDA: 1 FREE
Saturday, 10/5/19 & 10/19/19 	Creative Curriculum for Preschool Introductory Presenter: Cheryl Bulat	8:30 AM to 3:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training offers providers the guidance, support and freedom to be creative and responsive to children. This course focuses on the developmental progress of each child and how to offer an ideal setting for all children, including those with disabilities.	Use registration form or click here for online registration CDA: 1, 2, 4, & 7 \$20.00

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 10/7/19	Eek! I'm Pulling My Hair Out: Dealing with Children's Behaviors Introductory Presenter: Gloria Davis	6:00 PM to 8:00 PM Freeport Public Library 100 E. Douglas St. Freeport, IL 61032 Stephenson County	All Providers Every child has a different temperament, personality, and experiences which effect their behavior. Therefore, each child has a need for different solutions to the expression of those behaviors. This training will provide discipline strategies that can be chosen to reflect an approach with positive ideals. Discussion will also include tips on children who bite.	Use registration form or click here for online registration CDA: 3 FREE
Tuesday, 10/8/19	Introduction to Developmental Screening Tools Introductory Presenters: Mary Kelley and Heather Gordon	6:00 PM to 9:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training will introduce the process of developmental screening in the early childhood setting. A review of several commercial screening tools is discussed to provide child care practitioners options in monitoring a child's typical development.	Use registration form or click here for online registration CDA: 7 \$10.00
Wednesday, 10/9/19	From NICU to KG Introductory Presenter: Tina Miller	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Does your child care environment and teaching method support the needs for all your students, including premature born? With the increasing survival rates of tiny preemies, there is also a greater risk for learning-related problems throughout elementary school, particularly in reading and math. Learn the basics of prematurity, complications, and long-term effects of the NICU environment on both premature children and their parents. This course will emphasize common developmental challenges as well as creative teaching methods to help with social, reading, and math skills. Come learn how to support the premature students in your daycare.	Use registration form or click here for online registration CDA: 1 & 4 FREE
Thursday, 10/10/19	Safeway Food Handler Presentation and Certification Introductory Presenter: Kelly McNeal	6:00 PM to 8:30 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training will offer a Food Handler workshop that has been approved by ANSI and will meet the DCFS certification requirement. This workshop consists of a slide presentation followed by a 40 question test.	Use registration form or click here for online registration CDA: 1 \$20.00

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 10/10/19	Pay Attention Already! Using the 5 Senses to Create a Safe, Calm, and Relaxing Environment Introductory Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM Pecatonica Public Library 410 W. 11 th St. Pecatonica, IL 61063 Winnebago County	All Providers With so much stimulation in a classroom, children often can become overwhelmed. In this training, providers will learn easy techniques to help children become aware of what is happening in their mind and in their body and how to use the 5 senses to create space between the emotions they are experiencing and the actions they use to respond to them. In addition, providers will understand what mindfulness is and what mindfulness is not and how it can positively affect the learning environment.	Use registration form or click here for online registration CDA: 2 & 3 FREE
Saturday, 10/12/19 	Early Childhood Developmental Screening Intermediate Presenter: Heather Gordon	9:00 AM to 5:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training reviews child growth and development in early childhood environments related to brain development and learning.	Use registration form or click here for online registration CDA: 7 \$15.00
Saturday, 10/12/19	Five Core Principles to a Trauma-Informed Setting in After School Introductory Presenter: Tiana Cody, Illinois After School Network	9:30 AM to 11:30 AM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This session discusses how to implement the five core principles of trauma-informed care into the after school setting: 1. Review Safety; 2. Staff and Students Trustworthiness; 3. Providing Trauma-Informed Choices; 4. Incorporating Empowerment; 5. Work in Collaboration with Youth and Family. By the end of the training, programs will receive the core principles and strategies to promote a trauma-informed environment in the after school space.	To register, email: ianetwrk@att.net or call: (217) 953-4620. CDA: 5 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
10/15/19 through 11/22/19	Child Care Business Academy Introductory Presenter: Mary Cline (online)	Online, Self-Paced	All Providers <i>*See information flyer at the end of the training calendar for complete information and requirements.</i> Building a Business Plan to Build Your Business is a dynamic, self-paced, online training series. The purpose of this series is to introduce individuals to a business plan. Topics include: defining and creating a business plan for your program/business; understanding how a business plan can increase your BAS score; how to highlight your business strengths and build on your weaknesses; using research to market your business; and understanding your business's profits and losses.	Use registration form or click here for online registration CDA: 6 FREE for Illinois Gateways Registry members \$10.00 for the public Register by 10/7/19
Tuesday, 10/15/19 	ECE Credential Level 1: Module 3: Observation and Guidance Introductory Presenter: Heather Gordon	6:00 PM to 9:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers To know how to best help children in your care, it is important to observe them and identify their specific needs. This session will define the different kinds of observations you can use when caring for children and how to offer more effective guidance and discipline.	Use registration form or click here for online registration CDA: 3 & 7 FREE
Wednesday, 10/16/19	Props During Story Time Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YMCA Children's Center 2998 W. Pearl City Rd. Freeport, IL 61032 Stephenson County	All Providers Using props to tell a story is a wonderful technique that can lead children to discover the joy of literature and learning. Props bring a story to life, build on comprehension, vocabulary, sequencing, and critical thinking skills. Most of all, it makes learning fun for all!	Use registration form or click here for online registration CDA: 2 FREE
Monday, 10/21/19	The Walls Talk! Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM Stepping Stones Child's Center 11364 2 nd St. Roscoe, IL 61073 Winnebago County	All Providers Children learn by moving through their environment. Why not help them explore learning opportunities and interactions with the displays on the walls? Let's help children learn and develop by the displays caregivers set up on our walls.	Use registration form or click here for online registration CDA: 1 & 8 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 10/23/19	Pay Attention Already! Using the 5 Senses to Create a Safe, Calm, and Relaxing Environment Introductory Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers With so much stimulation in a classroom, children often can become overwhelmed. In this training, providers will learn easy techniques to help children become aware of what is happening in their mind and in their body and how to use the 5 senses to create space between the emotions they are experiencing and the actions they use to respond to them. In addition, providers will understand what mindfulness is and what mindfulness is not and how it can positively affect the learning environment.	Use registration form or click here for online registration CDA: 2 & 3 FREE
Thursday, 10/24/19  <i>*Meets CCAP Health & Safety Requirements</i>	Child Development, Health, and Safety Basics Introductory Presenter: Heather Gordon	5:30 PM to 9:30 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or click here for online registration CDA: 1 & 8 FREE
Saturday, 10/26/19 	Illinois Early Learning and Development Standards Intermediate Presenter: Gloria Davis	9:00 AM to 3:30 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training gives early childhood practitioners an overview of the revised learning and development standards for preschool children ages three to five. Through discussion and small group activities, training participants will learn how to connect the standards with daily practice in their programs.	Use registration form or click here for online registration CDA: 5 & 7 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 10/26/19 	Understanding and Planning for Continuous Quality Improvement Introductory Presenter: Daisy Viyuoh	9:00 AM to 12:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers One of the distinguishing characteristics of high-quality early childhood programs is their ability to adapt to change. This training will explore the concept of Continuous Quality Improvement (CQI) as an essential component of first-rate programs. Through discussion and group activities, participants will learn the key features of this leadership philosophy, the steps in the CQI process, and how to create a Continuous Quality Improvement Plan (CQIP) to guide change.	Use registration form or click here for online registration CDA: 5 \$10.00
Saturday, 10/26/19 	Creating Individual Professional Development Plans Intermediate Presenter: Daisy Viyuoh	12:30 PM to 3:30 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Participants will define and explain the value of professional development. This training will assist in recognizing the relationship of staff development to Continuous Quality Improvement. Participants will also be able to identify the components of an effective professional development plan.	Use registration form or click here for online registration CDA: 6 \$10.00
Monday, 10/28/19	Brain Development-Brain Builders Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YMCA Children's Center 2998 W. Pearl City Rd. Freeport, IL 61032 Stephenson County	All Providers Science tells us that 95% of a child's brain develops between birth and age 5. What do we know about a child's brain? How do we create and implement activities to make sure we are hitting all the lobes of the brain? If you want answers to these questions, join our Infant/Toddler Specialist to find out more.	Use registration form or click here for online registration CDA: 1, 2, & 5 FREE
Tuesday, 10/29/19	Poison Prevention Education Introductory Presenter: Barb Lessman	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Join the Illinois Poison Center's presenter as she covers facts about U.S. Poison Centers, facts about poisons, potential poisons, who is at risk of poisoning, how to prevent poisonings from occurring, what to do in case of a poisoning, and how to share poison prevention information with others.	Use registration form or click here for online registration CDA: 2 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 10/29/19 	ECE Credential Level 1: Module 4: Learning Happens in Relationships Introductory Presenter: Heather Gordon	6:00 PM to 9:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Our kids are constantly responding to family members, teachers, and social relationships that help to share their understanding of the world around them. This class explores how relationships between families, children, and teachers can help learning, and how crafting the environment around them can help children learn.	Use registration form or click here for online registration CDA: 1 & 3 FREE
Wednesday, 10/30/19	Talk, Read, and Sing Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers It's never too early to help children learn to talk, read, and sing. Research shows, children who are provided with consistent, language-rich experiences demonstrate greater cognitive development and future school success.	Use registration form or click here for online registration CDA: 1, 4, & 8 FREE
November				
Saturday, 11/2/19	Build a Brain: Life Experiences Matter! Introductory Presenter: Stephanie Koclanis	9:00 AM to 11:00 AM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Participate in a fun, hands-on workshop showing the powerful role of experience on early brain development. During this workshop, you will better understand and appreciate what promotes brain development, what derails it, how it impacts experiences throughout life, and strategies to help build resiliency.	Use registration form or click here for online registration CDA: 1, 2., 5 FREE
Saturday, 11/2/19	Lead in Water: Protecting Illinois Children Introductory Presenter: Kelly McNeal	9:00 AM to 11:30 AM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This course provides a brief overview of lead contamination and the harmful effects of lead exposure. Illinois state requirements for lead in water testing are discussed along with the procedures for testing and developing a mitigation plan. This training meets the Illinois DCFS licensing renewal training requirement for the testing of lead in water.	Use registration form or click here for online registration CDA: 1 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 11/2/19	An Introduction to Environmental Rating Scales (ERS) Intermediate Presenter: Heather Gordon	9:00 AM to 1:00 PM YMCA Children's Learning Center 2918 Glenwood Ave. Rockford, IL 61101 Winnebago County	All Providers This training is for center-based programs and family child care providers and offers an overview of the Environment Rating Scales. The Environment Rating Scales are user friendly assessment tools that measure the quality of the learning environment for infants through school-age children. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning.	Use registration form or click here for online registration CDA: 5 \$10.00
Saturday, 11/2/19 	Welcoming Each and Every Child Introductory Presenter: Gloria Davis	8:00 AM to 3:30 PM YMCA Children's Center 2998 W. Pearl City Rd. Freeport, IL 61032 Stephenson County	All Providers This training provides information on caring for children with special needs in typical child care settings. The training helps increase the knowledge and comfort level of participants to enhance their ability to care for young children with disabilities in early childhood environments. Adaptations and modifications that will assist all children to participate in activities will be discussed. This meets the DCFS requirement for early childhood providers in special care inclusion training.	Use registration form or click here for online registration CDA: 8 \$15.00
Monday, 11/4/19	Math in Daily Routines: Much More than Counting Introductory Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Children have a natural interest in math and use it to make sense of their physical and social worlds. In this training, providers will understand basic math concepts children are developing in the early years (estimation, geometry and spatial sense, patterning, representation, and mathematical reasoning) and how to incorporate these concepts into the daily routine in a fun engaging way.	Use registration form or click here for online registration CDA: 2 & 8 FREE

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Tuesdays, 11/5/19; 11/12/19; 11/19/19; & 11/26/19	Circle of Security Introductory Presenter: Mary Kelley	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	Caregivers of Children – 3 months to 6 years Did you know all children come with an instruction manual? Based on more than 50 years of research, this training will make it clear that your child <i>is</i> the instruction manual. In this training, you will learn how to read the 'manual'. We'll show you various ways you can observe each child's cues and effectively read the instructions your child is offering you. Once you better understand what you are seeing, you will be able to talk about what you are doing and not yet doing to give your child the security needed to have a stronger relationship with you. <i>*This is a training series and participants are required to attend all 4 dates to receive credit. Participants will receive 8 contact hours for this training, upon completion.</i>	Use registration form or click here for online registration CDA: 3 & 8 FREE
Tuesday, 11/5/19 	ECE Credential Level 1: Module 5: Family and Community Relationships Introductory Presenter: Heather Gordon	6:00 PM to 9:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers As our partner in child development, families—especially families—directly affect a child's learning. You also will explore the social world of a family to be sure that the learning that takes place in your care is consistent with learning done at home.	Use registration form or click here for online registration CDA: 4 FREE
Thursday, 11/7/19	We Choose Health: Healthy Eating Introductory Presenter: Kelly McNeal	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Learn why good nutrition is so important to young children. By participating in this class, you will get a detailed look into the components of a child care environment that promotes healthy eating and learn the role of the child care staff in helping shape children's eating behavior.	Use registration form or click here for online registration CDA: 2 FREE

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Thursday, 11/7/19	Scribbles to Scholars Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM Pecatonica Public Library 410 W. 11 th St. Pecatonica, IL 61063 Winnebago County	All Providers At a young age, children become interested in scribbling. It seems to provide sensory enjoyment and the child is also interested in the marks that are made. The act of scribbling serves several useful purposes for young children. Scribbling is the start of emergent writing in young children's first attempts at the writing process. Children at a young age begin to imitate the act of writing by creating drawings and symbolic markings that represent their thoughts and ideas. This training will give you the breakdown of how you can help make scribblers into scholars.	Use registration form or click here for online registration CDA: 7 & 8 FREE
Saturday, 11/9/19	Wintertime Activities Introductory Presenter: Sherry Ann Wolfer	10:00 AM to 12:00 PM Nordlof Center 118 N. Main St. Rockford, IL 61101 Winnebago County	All Providers Get ready for winter with this engaging workshop! Presenter Sherry Ann Wolfer will show and demonstrate different ways to incorporate winter themed activities to the early childhood classroom. The activities come from all areas of the classroom: art activities, science, outdoor activities, foods, sensory table, rainy day activities, songs/finger plays, flannel board stories and storybooks. Registration is required and is limited to 40 registrants. To register, please go to the Events Calendar at www.rockfordpubliclibrary.org . For more information, please contact Amy Pfeifer, Youth Services Department, 815-965-7606, extension 678.	Registration is through Rockford Public Library. Click here for online registration FREE
Wednesday, 11/13/19	Homelessness and Adverse Childhood Experiences: How They Go Hand-In-Hand and What You Can Do To Help Introductory Presenter: Lisa Gay	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Come learn about some of the community resources available that assist families in poverty/facing homelessness, with a special focus on developing a Trauma-Informed Approach and understanding the impact trauma has on childhood development.	Use registration form or click here for online registration CDA: 1 & 2 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 11/16/19	Building Positive Relationships with Parents and Families in our After School Programs. It's a Partnership! Introductory Presenter: Tiana Cody, Illinois After School Network	9:30 AM to 11:30 AM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This interactive workshop will focus on building positive, lifelong relationships with parents/families essential for effective and holistic program service delivery. We will examine our attitudes toward parent involvement along with tips and strategies for building and maintaining lifelong relationships. Come prepared to share your successes and concerns all while having fun during this interactive session.	Use registration form or click here for online registration CDA: 5 FREE
Monday, 11/18/19 	ExceleRate Illinois Orientation for Child Care Centers Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	Center Providers ExceleRate™ Illinois is the new quality rating and improvement system for licensed child care centers, Head Start, and Preschool for All programs. This orientation provides child care centers an overview of the goals, quality indicators, benefits of participation, application process, and the system supports available for success at reaching each Circle of Quality.	Use registration form or click here for online registration CDA: 8 FREE
Tuesday, 11/19/19	Bye, Bye Diapers Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	Providers of Children 0-4 Potty training is not only a physical readiness but a social emotional readiness as well. This training will help caregivers plan and make potty training simpler. Adults should be able to read and recognize the signs that the child is ready to say bye, bye to diapers.	Use registration form or click here for online registration CDA: 3 & 8 FREE
Wednesday, 11/20/19	Let's Talk! Conversations! Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YMCA Children's Center 2998 W. Pearl City Rd. Freeport, IL 61032 Stephenson County	All Providers This training will offer you conversation starters that get children talking. A communication rich environment is necessary to foster language skills. Join this conversation on language for the child care environment.	Use registration form or click here for online registration CDA: 2 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 11/23/19  <i>*Meets CCAP Health & Safety Requirements</i>	Child Development, Health, and Safety Basics Introductory Presenter: Kristian Wanland	8:00 AM to 12:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or click here for online registration CDA: 1 & 8 FREE
Saturday, 11/23/19 	Program for Infant Toddler Care (PITC) Module 2: Group Care Intermediate Presenter: Heather Gordon	Hybrid Training In-Person 9:00 AM to 3:00 PM Online 11/23/19-12/14/19 YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County with Online Follow-up	All Providers Group Care introduces special considerations in caring for infants and toddlers and six program policies that support the development of emotionally secure relationships and mental health in the group care setting. An overview of the content of Module 2 explores the ideas of primary care, well-designed learning environments, positive impact of responsive caregiving routines, and individualized care on the well-being and development of children from birth to three. Attention is also given to how the policies of primary care, small groups, continuity of care, culturally responsive care, and inclusive care of children with special needs prove the foundation for high quality infant/toddler care. At the end of this module, participants will have the tools to use primary care in their home or classroom, make engaging environments, assist children in daily routines, and individualize care for all children. This training will take place over six hours in person and two hours of online follow up.	Use registration form or click here for online registration CDA: 1 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 11/25/19	Flannel Board Activities Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Flannel boards aid in teaching of visual literacy. Felt stories encourage enjoyment of language. They can help children who show no interest in books participate during story time. If you want more information on using flannel board activities to teach the early literacy skills, join our Infant/Toddler Specialist to find out more.	Use registration form or click here for online registration CDA: 1 FREE
December				
Monday, 12/2/19	Healthy Eaters Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Healthy eaters will help providers promote healthy eating habits right from the start. The relationship that is established around food is called the feeding relationship. For a child to develop a healthy approach to eating from birth, adults and children must share responsibility during feeding. Mealtimes can be opportunities for adults to learn more about children's temperaments and personalities. In your care environment, are you supporting healthy eating habits from the start?	Use registration form or click here for online registration CDA: 1 FREE
Tuesday, 12/3/19 <i>*Meets CCAP Health & Safety Requirements</i>	What is CCAP? Introductory Presenter: Flora Sago and Tina Haynes	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Join this informative session to become more familiar with Child Care Assistance Program procedures, including the application and payment process, provider qualifications, and parent co-payments. The Child Care Assistance Program is funded by the Illinois Department of Human Services.	Use registration form or click here for online registration CDA: 5 FREE
Wednesday, 12/4/19 <i>*Meets CCAP Health & Safety Requirements</i>	IDCFS Mandated Reporter Introductory Presenter: Kathryn Menuet	6:00 PM to 7:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers The purpose of this course is to help all Illinois Mandated Reporters understand their critical role in protecting children by recognizing and reporting child abuse. Everyone who suspects child abuse or neglect should call the Illinois Department of Children and Family Services Child Abuse Hotline to make a report, but Mandated Reporters are required by law to do so.	Use registration form or click here for online registration CDA: 5 FREE

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Thursday, 12/5/19	Watch Me Thrive Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers When we watch children, we view them carefully to see what they are learning. Using observation of children, with an open mind, we can spot the richness of their play and interactions. Through observation and assessment, we can become aware of what children know and can use this information to ensure that what we provide and how we interact is closely linked to the child's abilities and needs.	Use registration form or click here for online registration CDA: 7 FREE
Monday, 12/9/19	I/T STEAM Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Participants will be given an introduction to the STEAM (Science, Technology, Engineering, Arts, and Mathematics) approach to learning. Through activities and discussion, participants will learn the history and benefits of using STEAM-based experiences in their classroom with children.	Use registration form or click here for online registration CDA: 1 & 8 FREE
Thursday, 12/12/19	Flannel Board Activities Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM Pecatonica Public Library 410 W. 11 th St. Pecatonica, IL 61063 Winnebago County	All Providers Flannel boards aid in teaching of visual literacy. Felt stories encourage enjoyment of language. They can help children who show no interest in books participate during story time. If you want more information on using flannel board activities to teach the early literacy skills, join our Infant/Toddler Specialist to find out more.	Use registration form or click here for online registration CDA: 1 FREE
Saturday, 12/14/19	Sudden Infant Death Syndrome (SIDS/SUID/AAP Safe Sleep) Introductory Presenter: Heather Gordon	9:00 AM to 10:30 AM Belvidere Family YMCA 220 W. Locust St. Belvidere, IL 61008 Boone County	All Providers This training discusses Sudden Infant Death Syndrome (SIDS/SUID/AAP Safe Sleep), including behaviors that increase the risk of SIDS, safe sleep habits, licensing standards, and resources for further information. The successful completion of this course meets DCFS pre-service licensing requirements for home care providers. Licensed providers will also receive training hours for license renewal.	Use registration form or click here for online registration CDA: 1 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 12/14/19	Shaken Baby Syndrome and Traumatic Brain Injury Introductory Presenter: Heather Gordon	10:30 AM to 12:00 PM Belvidere Family YMCA 220 W. Locust St. Belvidere, IL 61008 Boone County	All Providers This training discusses the signs, symptoms, causes, triggers, prevention, and long-term effects of Shaken Baby Syndrome and Traumatic Brain Injury. The successful completion of this course meets DCFS pre-service licensing requirements for home care providers. Licensed providers will also receive training hours for license renewal.	Use registration form or click here for online registration CDA: 3 FREE
Monday, 12/16/19	What Can You Teach through Block Play? Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YMCA Children's Center 2998 W. Pearl City Rd. Freeport, IL 61032 Stephenson County	Providers of Children 0-3 Do the children in your classroom love to play with blocks? Are you unsure how to interact and expand their knowledge in the block area? This workshop will explore the importance of block play as it relates to young children's development.	Use registration form or click here for online registration CDA: 1 & 3 FREE
Tuesday, 12/17/19  <i>*Meets CCAP Health & Safety Requirements</i>	Child Development, Health, and Safety Basics Introductory Presenter: Heather Gordon	5:30 PM to 9:30 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers This training will provide participants an overview of child development, health, and safety issues for children birth through early school age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as hand washing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.	Use registration form or click here for online registration CDA: 1 & 8 FREE
Thursday, 12/19/19	Recipes for Messy Play Introductory Presenter: Heather Gordon	6:00 PM to 8:00 PM YWCA 4990 E. State St. Rockford, IL 61108 Winnebago County	All Providers Messy play is important for young children to give them endless ways to develop and learn. Play helps children develop and improve their skills. Messy play works to supportively and collaboratively use all their senses to discover and explore their environment, develop imagination, grow creative thinking skills, and enhance their ability to problem solve and experiment with solutions.	Use registration form or click here for online registration CDA: 1 & 8 FREE

CPR / First Aid Trainings

You must call the YWCA to register for all CPR Classes at (815) 484-9442.

DATE	LOCATION	TIME
Saturday, 10/5	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 10/19	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 11/9	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 11/16	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 12/7	YWCA – Rockford, IL	8:45 AM – 2:00 PM
Saturday, 12/14	YWCA – Rockford, IL	8:45 AM – 2:00 PM

Staff Assisted Online Training at the YWCA

The dates listed below are scheduled times when YWCA staff will be available to assist anyone who would like to complete the CCAP Health & Safety Trainings using our onsite computer lab.

Trainings that can be completed online:

- Child Development, Health, and Safety Basics
- What is CCAP?
- IDCFS Mandated Reporter Training
- ECE Credential Level 1 – All modules
- SAYD Credential Level 1 – Modules 4a & 4b

DATE	TIME
<u>Wednesday, 10/16</u>	9:00 AM-11:00 AM
<u>Wednesday, 11/20</u>	2:30 PM-4:30 PM
<u>Wednesday, 12/18</u>	9:00 AM-11:00 AM

Open Computer Lab Hours at the YWCA

The hours listed below are for providers to complete trainings online at your convenience.

Please sign in at the front desk when you arrive. Registration is not required.

Monday: 8:30 AM – 4:30 PM

Tuesday: 8:30 AM – 4:30 PM

Wednesday: 8:30 AM – 8:00 PM

Thursday: 8:30 AM – 4:30 PM

Friday: 8:30 AM-4:30 PM



YWCA Northwestern Illinois Child Care Solutions: Business Academy



YOU ARE INVITED!

You are invited to participate in the YWCA Child Care Solutions' ***Building a Business Plan to Build Your Business*** online training series! This is a self-paced, **online** business series. The purpose of this series is to introduce you to a business plan so you can begin to build a plan for your own business. Topics will include:

- What is a business plan and why every business needs one
- Understanding how a business plan can increase your BAS score
- How to highlight your business strengths and build on your weaknesses
- The IRS and your business
- Using research to market your business
- Understanding your business's profits and losses

Building a Business Plan to Build Your Business was created by Mary Cline. Mary is a collegiate Accounting Instructor. This **online** series is easily accessed from a computer and can be completed on **your own time**, at **your own pace** within the allotted time period. Participants must have computer and internet access and be comfortable navigating the internet, email, and computer programs such as Word. The series will be held from July 22, 2019 to August 30, 2019 and is worth a total of 15 training hours. Registration closes July 18, 2019 or when the 15 available spots are filled. **There is no cost is for Gateway Registry members, but there is a cost of \$10.00 for the public.** To register, click the link accompanied with the training in the above grid or submit a registration form and payment to the YWCA at 4990 East State Street, Rockford, IL 61108. If you have questions, please contact the Training Coordinator, Kathryn Menue, at (815) 484-9448, ext. 211.

Procedure:

This is a multipart learning series; you will complete one chapter at a time, at your own pace. After you feel you have mastered a chapter, you will contact the Training Coordinator and she will email you a short test to gage your learning. Once a score of 75% or greater is achieved on the test, the Training Coordinator will contact you to relay your score. After a passing score is achieved, you may begin the next chapter. This process will continue until the series is complete. Upon completion, the appropriate training certificate will be issued.

We look forward to helping you build your business!

YWCA Northwestern Illinois Child Care Solutions Provider Services

How can we help YOU?

<p>Heather Gordon – Infant Toddler Child Care Specialist</p> <ul style="list-style-type: none"> • On-site consultations, observations, and assessments of children ages 0-3 • Provides trainings on Infant Toddler topics • Assistance with implementing child care improvement plans • Available to provide free on-site educational sessions 	<p>Extension: 228</p> <p>Email Heather</p>
<p>Stephanie Koclanis – Quality Specialist</p> <ul style="list-style-type: none"> • Available to provide free on-site educational sessions • Provides support, training, and consultation in understanding ExceleRate • On-site consultations, observations, and assessments of children ages 4-12 • Assists with the development of program improvement plans 	<p>Extension: 224</p> <p>Email Stephanie</p>
<p>Kelly McNeal – Recruitment, Retention, & Referral Specialist</p> <ul style="list-style-type: none"> • Meets with area schools and organizations to promote career paths within early childhood education • Provides customized child care referral lists, upon request • Provides in-depth information on starting a child care business, including on-site visits • Maintains provider referral database and updates vacancies • Assists with annual child care program updates 	<p>Extension: 205</p> <p>Email Kelly</p>
<p>Jennifer Betts –Data Specialist & Administrative Assistant</p> <ul style="list-style-type: none"> • Registers participants for training opportunities • Assists providers with completing and reporting the IDHS CCAP training requirements • Offers assistance with referral and retention as well as technical assistance and various training topics • Coordinates annual child care program updates 	<p>Extension: 218</p> <p>Email Jennifer</p>
<p>Kathryn Menue – Training & Technical Assistance Coordinator</p> <ul style="list-style-type: none"> • Creates and manages the quarterly training calendar for ongoing professional development • Manages and processes applications for CPR/First Aid Reimbursement and Professional Development Funds. • Offers technical assistance regarding Gateways Registry membership, online trainings, credentials and accreditations, and various training related information 	<p>Extension: 211</p> <p>Email Kathryn</p>
<p>Amy Ritter– Front Desk Receptionist</p> <ul style="list-style-type: none"> • Assists with annual child care program updates • Provides customized child care referral lists, upon request 	<p>Extension: 200</p> <p>Email Amy</p>

Training Policies and Procedures

The following training policies and procedures apply to all YWCA NWIL Child Care Solutions sponsored workshops and conferences.

Registration

- The training calendar indicates how to register for a workshop/series. *Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first served basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the quarterly training calendar and/or online at www.ywcanwil.org.
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

Training Participation

- Late arrivals—a fifteen (15) minute Grace Period will be given at all training sessions. This grace period begins at the advertised start time. Participants will not be allowed in the training after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the trainer is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

Fees, Refunds, & Cancellations

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund.
- If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.
- Registrants are not to be charged or billed fees for non-attendance after training has occurred.

Certificates

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.