

# Training Opportunities for Early Childhood Providers

## February 2021 Calendar



**YWCA Northwestern Illinois**  
4990 East State Street  
Rockford, Illinois 61108  
815.484.9442/800.872.9780  
Training Ext. 211  
[www.ywcanwil.org](http://www.ywcanwil.org)



# Virtual Saturday Training Opportunities

**\*See calendar for registration links\***



**Mary Kay Morrison**

**February 6<sup>th</sup>, 2021**

**9:00 AM-11:00 AM**

Join us on Saturday for a fun and laughter filled training with Mary Kay! Mary Kay Morrison believes that a sense of humor and playfulness are both innate and learned. "It's both nature and nurture," she says. "I believe that anyone can develop their humor practice. I'm passionate about bringing humor and laughter into the world. One of the tenants that I encourage people to do is 'Play Everyday!'"



**Lynne Riley**

**February 20<sup>th</sup>, 2021**

**9:00 AM-11:00 AM**

Come join the excitement with Lynne Riley to learn about Early Intervention and the Referral Process! Lynne will share her family's personal journey through Early Intervention with her daughter. The history, referral process, and eligibility/qualifications for a family to participate in Early Intervention will be discussed. In addition, when a child turns three how the Child Family Connections staff assist in the transition process of moving to the school setting. This will be a fabulous opportunity for all providers.

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
<b>February</b>				
2/1/2021- 2/28/2021	<b>Individual or small group Ed sessions</b> <b>(Topic of your choice)</b>  <b>Introductory</b> <b>Presenter: Stephanie Koclanis</b>	Self scheduled sessions.  <b>Zoom</b>	<b>All Providers</b> Have a question about child development, program management, self-care, etc? Need specific resources for your classroom or a child? Schedule a Zoom session to have a one-on-one discussion.	Contact <b>Stephanie Koclanis</b> , CORE Coordinator & Quality Improvement Funds Specialist at <a href="mailto:stephaniek@ywcanwil.org">stephaniek@ywcanwil.org</a> to schedule a day and time.
2/1/2021- 2/18/2021  Request link to Pre-recorded webinar and assignment by <b>February 16th</b> . Complete assignment and evaluation by <b>February 18th</b> at <b>12:00pm</b> for credit	<b>Read With Me: Promoting and Encouraging Early Literacy Skills</b>  <b>Introductory</b> <b>Presenter: Grayce Rademaker</b>	Pre-recorded with assignment  <b>GoToWebinar</b>	<b>Providers for Ages 3-5</b> During this training, you will learn different reading strategies to implement in the learning environment with large groups, small groups, and individual learners. Build your own confidence in teaching reading skills, while helping the young minds grow with their own reading abilities.	Contact <b>Grayce Rademaker</b> , Quality Specialist at <a href="mailto:graycer@ywcanwil.org">graycer@ywcanwil.org</a> for Pre-recorded webinar link, assignment, and evaluation link.  <b>CDA: 2 &amp; 8</b>  <b>FREE</b>
2/1/2021- 2/25/2021  Request link to Pre-recorded webinar and assignment by <b>February 22</b> . Complete assignment and evaluation by <b>February 25</b> at <b>12:00pm</b> for credit	<b>No-Drama Discipline</b>  <b>Intermediate</b> <b>Presenter: Stephanie Koclanis</b>	Pre-recorded with assignment  <b>GoToWebinar</b>	<b>All Providers</b> Exploring the work of Dr. Daniel Siegel, providers will learn the true meaning of the "D" word, how to reach and connect with children, ways to redirect emotions, and tips on turning a meltdown into an opportunity for growth.	Contact <b>Stephanie Koclanis</b> , CORE Coordinator & Quality Improvement Funds Specialist at <a href="mailto:stephaniek@ywcanwil.org">mailto:stephaniek@ywcanwil.org</a> for Pre-recorded webinar link, assignment, and evaluation link  <b>CDA: 3 &amp; 7</b>  <b>FREE</b>
Wednesday, 2/3/2021	<b>Trust Building &amp; Resilience Development</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> This workshop will help providers assist children with building trust and resilience in the face of obstacles. It's not something that kids either have or don't have; it's skills that kids develop as they grow. Join this training so you can learn skills to help in developing resilience and building trust.	<b>Register <a href="#">here</a></b>  <b>CDA: 1, 3 &amp; 4</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 2/6/2021	<b>Got Stress? Get Humor</b>  <b>Introductory</b> <b>Presenter: Mary Kay Morrison</b>	9:00 AM to 11:00 AM  <b>Zoom</b>	<b>All Providers</b> There are numerous research-based benefits for those who incorporate humor into both their personal and professional lives. An environment that is energized with laughter will reduce stress and increase productivity. Learn about the research driven benefits of humor; including the way it fosters trust, builds relationships, relieves stress, and contributes to long-term memory.	<b>Register <a href="#">here</a></b>  <b>CDA: 1 &amp; 3</b>  <b>FREE</b>
Tuesday, 2/9/2021	<b>Post-It Notes to Professional Observations</b>  <b>Introductory</b> <b>Presenter: Jodi York</b>	6:00 PM to 7:30 PM  <b>GoToWebinar</b>	<b>All Providers</b> Effective observation and assessment of young children's learning is critical to supporting their development. Understanding what you know about child development with observation and assessment approaches will assist you with improving the curriculum you offer in your program.	<b>Register <a href="#">here</a></b>  <b>CDA: 7</b>  <b>FREE</b>
Tuesday, 2/9/2021	<b>Should I Become Licensed?</b>  <b>Introductory</b> <b>Presenter: Stephanie Siemens</b>	6:00 PM to 7:00 PM  <b>GoToWebinar</b>  This is an informational meeting, no certificate awarded.	<b>LE Providers</b> Learn the benefits and necessary steps involved in becoming a Licensed Family Child Care Provider. Providers will be guided through each step of the process in preparation for the DCFS home visit and completing the licensing application.	<b>Register <a href="#">here</a></b>  <b>CDA: 5</b>  <b>FREE</b>
Wednesday, 2/10/2021	<b>Healthy Eating for Young Children</b>  <b>Introductory</b> <b>Presenter: Kelly McNeal</b>	4:30 PM to 5:30 PM  <b>GoToWebinar</b>	<b>All Providers</b> This training will discuss why good nutrition is important and explain in detail the components of a child care environment that promotes healthy eating.	<b>Register <a href="#">here</a></b>  <b>CDA: 2</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 2/16/2021	<b>The 3 T's of Teaching Toddlers</b>  <b>Introductory</b> <b>Presenter: Gloria Davis</b>	6:00 PM to 8:00 PM  <b>GoToWebinar</b>	<b>Providers for Ages 0-3</b> Between twelve months and three years, children rapidly achieve many important milestones that create the foundation for future growth and development. Trust serves as an important first step in children's development and handling transitions can be tough. Planning, creating and implementing age appropriate activities provide the "tools in your tool belt".	<b>Register <a href="#">here</a></b>  <b>CDA: 3 &amp; 5</b>  <b>FREE</b>
Tuesday, 2/16/2021	<b>Free Information Meeting: Building the Framework for Your Child Care Business</b>  <b>Introductory</b> <b>Presenter: Stephanie Siemens</b>	10:00 AM to 11:00 AM  <b>Zoom</b>  This is an informational meeting, no certificate awarded.	<b>LE Providers</b> Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to bring your business to the next level. You will be able to interact with a staff member from the YWCA as you learn about getting started, contracts, food programs, and other resources available to you through the YWCA.	<b>Register <a href="#">here</a></b>  <b>CDA: 7</b>  <b>FREE</b>
Wednesday, 2/17/2021	<b>Forgiveness-In a World of Hurt</b>  <b>Intermediate</b> <b>Presenter: Stephanie Koclanis</b>	6:30 PM to 7:30 PM  <b>Zoom</b>	<b>All Providers</b> "There are 86,400 seconds in a day. How do you spend them? For many of us, we choose to focus on the wrongs done to us." (Positivepsychology.com) Let's right that habit! In this training, participants will learn about the psychology of forgiveness and the benefits on your well-being. This is an introspective webinar, come prepared to reflect and journal.	<b>Register <a href="#">here</a></b>  <b>CDA: 3 &amp; 6</b>  <b>FREE</b>
Thursday, 2/18/2021	<b>Families &amp; Educators Working Together: Communicating With Families</b>  <b>Intermediate</b> <b>Presenter: Kelly McNeal</b>	4:30 PM to 5:30 PM  <b>GoToWebinar</b>	<b>All Providers</b> Get a better understanding of how to build strong relationships between families and educators through communication. Learn strategies using verbal, non-verbal, and written methods to ensure understanding and build relationships with families.	<b>Register <a href="#">here</a></b>  <b>CDA: 7</b>  <b>FREE</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 2/18/2021	<b>Dinner N Learn: Negativity Bias with Stress and Changes</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 8:00 PM  <b>Zoom</b>	<b>All Providers</b> This workshop will provide an overview of how the brain has a built in negativity bias that causes us to pay more attention to unpleasant stimuli. When you catch yourself taking a negative view of situations, it often helps to practice cognitive restructuring by reframing the event or experiences.	<b>Register <a href="#">here</a></b>  <b>CDA: 1 &amp; 2</b>  <b>FREE</b>
Saturday, 2/20/2021	<b>Early Intervention/Referral Process</b>  <b>Introductory</b> <b>Presenter: Lynne Riley</b>	9:00 AM to 11:00 AM  <b>Zoom</b>	<b>All Providers</b> Lynne will share her family's personal journey through Early Intervention with her daughter. The history, referral process, and eligibility/qualifications for a family to participate in Early Intervention will be discussed. In addition, when a child turns three how the Child Family Connections staff assist in the transition process of moving to the school setting. This will be a fabulous opportunity for all providers.	<b>Register <a href="#">here</a></b>  <b>CDA: 4 &amp; 8</b>  <b>FREE</b>
Tuesday, 2/23/2021	<b>Visual Storytime: Hair Love</b>  <b>Introductory</b> <b>Presenter: Kelly McNeal</b>	10:30 AM to 11:00 AM  <b>YWCA Facebook Live</b>	<b>Providers/Parents/Kids</b> Gather up the kids and enjoy a story read by Kelly, YWCA of Northwestern Illinois staff member and Community Systems Specialist! #YWKelly	No registration required, watch our Event page on Facebook (@YWCANWIL)
Thursday, 2/25/2021	<b>Supporting Anxious Children in the Classroom</b>  <b>Introductory</b> <b>Presenter: Heather Gordon</b>	6:00 PM to 7:30 PM  <b>Zoom</b>	<b>Providers for Ages 0-3</b> Helping caregivers understand how to educate and support a child with anxiety can be difficult at times. Join this training for tips and strategies for helping children cope with general anxiety in the learning environment.	<b>Register <a href="#">here</a></b>  <b>CDA: 1 &amp; 5</b>  <b>FREE</b>

See the below training opportunity sponsored by DeKalb 4-C!

**Join us for the *FREE* training:**

***SAFETY, SECURITY,  
AND DE-ESCLATION  
STRATEGIES***

**Thursday, February 18**

**6:00-7:30 pm**

**Trainer:**

**Jason Russell, Security Expert, Former  
US Secret Service Agent**

**To register,  
contact Ann W.**

**815-758-8149**

**ext. 226**

**[annw@four-c.org](mailto:annw@four-c.org)**



## ADDITIONAL ONLINE TRAININGS:

All Gateways approved trainings can be found at <https://courses.inccrra.org>.

You must be a Gateways Member to take the courses, become a member [here](#)

## ADDITIONAL RESOURCES:

Social-Emotional Learning Should Be Priority During COVID-19 Crisis: [link](#)

Easy Winter Kids Crafts: [link](#)

40 Winter Activities: [link](#)

Winter Dramatic Play: [link](#)

Imagination Library: [link](#)

12 Ways to Help Others: [link](#)

Virtual Fieldtrips: [link](#)

## **\*\*CPR\*\***

In-person CPR at the YWCA is suspended at this time. DHS has approved hybrid CPR classes that are offered online/in-person. We encourage you to refer to the below list of approved entities for course offerings related to initial certification and renewals. You will need to follow up with the individual entities to find course offerings and times. If you have further questions, please follow up with your DCFS Representative.

### List of approved CPR providers (Effective June 4<sup>th</sup>, 2020):

1. American Heart Association
2. American Safety & Health Institute(ASHI)
3. American Red Cross
4. American Trauma Event Management (ATEM)
5. Emergency Care and Safety Institute (ECSI)
6. Edward Atkinson/Emergency Response Health Network
7. Ellis & Associates, Inc.-Orlando, FL
8. EMS Safety Services
9. MEDIC FIRST AID
10. National Safety Council
11. Pro-Trainings, LLC
12. R.H. Sanders & Associates

# YWCA Northwestern Illinois Child Care Solutions Provider Services

## How can we help YOU?

### **Amy Ritter**– *Front Desk Receptionist*

- Assists with annual child care program updates
- Provides customized child care referral lists, upon request

**Extension:**  
200

### **Heather Gordon** – *Infant Toddler Specialist*

- Coordinates on-site consultations, observations, and assessments of children ages 0-3
- Provides trainings on Infant/Toddler topics
- Assists with implementing child care improvement plans

**Extension:**  
228

[Email  
Heather](#)

### **Jennifer Betts** –*Data Specialist*

- Registers participants for training opportunities
- Assists providers with completing and reporting the IDHS CCAP training requirements
- Offers assistance with referral and retention as well as technical assistance and various training topics
- Coordinates annual child care program updates

**Extension:**  
218

[Email  
Jennifer](#)

### **Andrea Capriotti**– *Training & Technical Assistance Coordinator*

- Creates and manages the quarterly training calendar for ongoing professional development
- Manages and processes applications for CPR/First Aid Reimbursement and Professional Development Funds.
- Offers technical assistance regarding Gateways Registry membership, online trainings, credentials and accreditations, and various training related information

**Extension:**  
211

[Email  
Andrea](#)

### **Kelly McNeal** – *Community Systems Development & Referral Specialist*

- Works and connects with programs and services across health, early care and education, family support, and social services
- Coordinates community outreach and collaborations
- Provides customized child care referral lists upon request

**Extension:**  
204

[Email Kelly](#)

### **Stephanie Siemens**– *Recruitment, Retention, & Referral Specialist*

- Meets with area schools and organizations to explain career paths with early childhood education
- Provides customized child care referral lists, upon request
- Offers in-depth information on starting a child care business, including on-site visits
- Maintains provider referral database and updates vacancies
- Assists with annual child care program updates

**Extension:**  
205

[Email  
Stephanie](#)

### **Stephanie Koclanis** – *Quality Improvement Funds Specialist*

- Responsible for the promotion, technical assistance, receiving, processing, and awarding of funds for Quality Improvement Cohort, LE Health and Safety Improvement Funds Grant, Training Stipends, and Accreditation Assistance applications.

**Extension:**  
224

[Email  
Stephanie](#)

### **Grayce Rademaker**- *Quality Specialist*

- Promotes the ExceleRate Illinois program to licensed Family Child Care Providers and licensed Child Care Centers; in addition to guiding the providers through the process and offering technical assistance.
- Coordinates on-site consultations, observations, and assessments of children 3-12 years of age.
- Assists with implementing Continuous Quality Improvement Plans

**Extension:**  
234

[Email  
Grayce](#)

## **Training Policies and Procedures**

*The following training policies and procedures apply to all YWCA Northwestern Illinois Child Care Solutions sponsored workshops and conferences.*

### **Registration**

- The training calendar indicates how to register for a workshop/series. \*Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the monthly training calendar and/or online at [www.ywcanwil.org](http://www.ywcanwil.org).
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

### **Training Participation**

- Late arrivals—a 15 minute Grace Period will be given at all training sessions (including virtual trainings). This grace period begins at the advertised start time. Participants will not be allowed in after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the training is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

### **Fees, Refunds, & Cancellations**

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

### **Certificates**

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.

### **Virtual Learning**

- Please utilize a webcam to maximize the relationship and connection between trainer and participants
- Attendance, participation and interaction with trainer is required and will be verified through virtual platform
- Your safety and attention must be verified: No driving, shopping, etc. while participating in training
- Must complete evaluation form after each training, before certificate can be issued