

# **Training Opportunities for Early Childhood Providers**

## **Winter 2022 Calendar**



**YWCA Northwestern Illinois**  
**4990 East State Street**  
**Rockford, Illinois 61108**  
**815.484.9442/800.872.9780**  
**Training Ext. 211**  
**[www.ywcanwil.org](http://www.ywcanwil.org)**



# WE'RE HIRING!

**Training Coordinator:**

Responsible for coordinating and delivering child care provider training opportunities to our region.

**Requires:** Bachelor degree in child development or related field. Additionally, must have knowledge of child care and child care practices.

**Health & Safety Coach Child Care Assistance Program**

Responsible for scheduling and conducting on-site visits to License Exempt child care providers who receive payment through the IDHS Child Care Assistance Program. Assists with Health and Safety requirements for Licensed Exempt Providers.

**Requires:** At minimum an Associate Degree from an accredited college or university, or equivalent education and/or experience in social work, customer service, data entry or related field. Equivalent defined as college credits and/or work hours equal to two (2) full years of education and/or full-time work.

**To apply for either of these openings**

Contact the Workplace at 815-961-0400


OR



Furst Staffing at 815-229-7810

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 01/05/2022	<b>Dinner &amp; Learn</b>  <b>Introductory</b>  <b>Presenter:</b> Andrea Capriotti	6:00 PM to 7:00 PM  <b>Zoom</b> <b>Live</b>	<b>All Providers:</b>  This workshop will provide an opportunity for providers to have an open discussion regarding concerns or topics they want to talk about. Questions will be answered and everyone will leave this training with more knowledge and feeling relieved!	Register <a href="#">here</a>  CDA: 5  FREE
Monday, 01/10/2022	<b>Free Information Meeting: Building the Framework for Your Child Care Business</b>  <b>Presenter:</b> Jennifer Betts	6:30 PM to 7:30 PM  <b>GotoWebinar</b> <b>Live</b>  This is an informational meeting, no certificate awarded.	<b>License-Exempt Providers:</b>  Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to take your business to the next level. You will be able to interact with a staff member from the YWCA as you learn about getting started, contracts, food programs, and other resources available to you through the YWCA.	<b>Contact Jennifer Betts, at <a href="mailto:JenniferB@ywcanwil.org">JenniferB@ywcanwil.org</a> to register.</b>
Wednesday, 01/12/2022	<b>Director's Dialogue: Round Table Discussion</b>  <b>Presenters:</b> Stephanie Siemens & Andrea Capriotti	12:30 PM to 1:30 PM  <b>Zoom</b> <b>Live</b>	<b>Center Directors Only:</b>  Child Care Center Directors are invited to a midday discussion as it relates to the rewards and obstacles programs face on a daily basis. We will have open discussion, so please bring questions and concerns. We hope each participant leaves a bit more informed and enthused about the next day!	Register <a href="#">here</a>  CDA: 5  FREE
Thursday, 01/13/2022 and Thursday 01/20/2022	<b>Tom Copeland Book Club: Family Child Care Record Keeping Guide</b>  <b>Presenter:</b> Stephanie Siemens	6:30 PM to 7:30 PM  Two meetings will take place for group discussion, <b>January 13th and 20th</b> . Participants are asked to <b>attend both</b> discussions for full credit hours.	<b>All Providers:</b>  Through two weekly discussions we will assess record keeping options and requirements needed for tracking and claiming income and expenses. Examine recommendations that Tom Copeland gives in his book, Family Child Care Record Keeping Guide to help you claim the maximum allowable deductions and pay the lowest possible federal taxes. <u>Book is included at no additional charge</u>	<b>Contact Stephanie Siemens, at <a href="mailto:StephanieS@ywcanwil.org">StephanieS@ywcanwil.org</a> to register.</b>  CDA: 5 & 6  FREE  <b>Deadline to Register for book Club is January 7<sup>th</sup>.</b> <b>Limited to 10 participants.</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 01/15/2022	<b>Project Wild Introductory</b>  Presenter: Kelly McNeal	9:30 AM to 10:30 AM  <b>Zoom Live</b>	<b>All Providers:</b>  This workshop is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them.	<b>Contact Kelly McNeal at <a href="mailto:KellyM@ywcawil.org">KellyM@ywcawil.org</a> to register.</b>
Tuesday, 01/18/2022	<b>Virtual Storytime</b>  Presenter: Kelly McNeal	10:30 AM to 11:00 AM  <b>YWCA Facebook Live</b>	<b>Providers/Parents/Kids:</b>  Gather up the kids and enjoy a story read by Kelly, YWCA of Northwestern Illinois staff member and Community Systems Specialist! #YWKelly	No registration required, watch our Event page on Facebook (@YWCANWIL)  FREE
Thursday, 01/20/2022	<b>No Gym? That's ok! Easy, Fun Indoor Movement Activities</b>  Introductory  Presenter: Stephanie Koclanis	6:30 PM to 7:30 PM  <b>GotoWebinar Live</b>	<b>All Providers:</b>  As sports clubs/teams and local play areas have not been as accessible, in addition to cold weather returning, you may be looking for new indoor movement activities for the children in your program. In this webinar, providers will acquire easy and fun activities to engage and stimulate children's gross motor skills.	<b>Register <a href="#">here</a></b>  CDA: 1 & 2  FREE
Wednesday, 01/26/2022	<b>Beyond Legos, Crayons, and Scissors: Fantastic Fine-Motor Fun</b>  Introductory  Presenter: Stephanie Koclanis	6:30 PM to 7:30 PM  <b>GotoWebinar Live</b>	<b>All Providers:</b>  In this training, providers will gain tips and tricks in fine-tuning young children's fine-motor skills. Using regular household items, you will take away easy and engaging activity ideas to build up those small, but important, muscles.	<b>Register <a href="#">here</a></b>  CDA: 2 & 8  FREE
Monday, 02/07/2022	<b>Free Information Meeting: Building the Framework for Your Child Care Business</b>  Presenter: Jennifer Betts	6:30 PM to 7:30 PM  <b>GotoWebinar Live</b>  This is an informational meeting, no certificate awarded.	<b>License-Exempt Providers:</b>  Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to take your business to the next level. You will be able to interact with a staff member from the YWCA as you learn about getting started, contracts, food programs, and other resources available to you through the YWCA.	<b>Contact Jennifer Betts, at <a href="mailto:JenniferB@ywcawil.org">JenniferB@ywcawil.org</a> to register.</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 02/15/2022	<b>Virtual Storytime</b>  Presenter: Kelly McNeal	10:30 AM to 11:00 AM  YWCA Facebook Live	<b>Providers/Parents/Kids:</b>  Gather up the kids and enjoy a story read by Kelly, YWCA of Northwestern Illinois staff member and Community Systems Specialist! #YWKelly	No registration required, watch our Event page on Facebook (@YWCANWIL)  FREE
Tuesday, 02/15/2022  	<b>HOT Topic! Fire Safety</b>  Introductory  Presenter: Andrea Capriotti	6:00 PM to 7:30 PM  Zoom Live	<b>All Providers:</b>  In this training, participants will learn the proper fire safety procedures and preventive measures for a safe in-home daycare. Topics covered will include: checklists, materials to purchase, protocols, and the steps to take in case of an emergency. Participants will be able to ask questions and leave with a “toolbox” of knowledge in case an emergency occurs.	Register <a href="#">here</a>  CDA: 1  FREE
Tuesday, 02/15/2022	<b>Nap Chat</b>  Introductory  Presenter: Stephanie Siemens	12:30 PM to 1:30 PM  Zoom Live	<b>All Providers:</b>  Feelings are complicated! It's important to begin teaching children about their emotions as early as possible since their feelings affect every choice they make. Children who understand their emotions are less likely to act out by using temper tantrums, aggression, and defiance to express themselves. Providers will gain information on how to get children to notice and label their feelings to better respond, rather than react, to a situation.	Register <a href="#">here</a>  CDA: 8  FREE
Wednesday, 02/16/2022	<b>Resilient: How to Grow an Unshakable Core of Calm, Strength, and Happiness</b>  Intermediate  Presenter: Stephanie Koclanis	6:30 PM to 7:30 PM  GoToWebinar Live	<b>All Providers:</b>  These days it's hard to count on the world outside. It is vital to grow strengths inside like grit, gratitude, and compassion-the key to resilience and to lasting well-being in a changing world. Participants will gain knowledge in how psychologist Rick Hanson, PhD uses neuroscience, mindfulness, and positive psychology to build resilient hearts.	Register <a href="#">here</a>  CDA:3  FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 02/19/2022 and Saturday, 02/26/2022  	<b>Healthy Kids, Healthy Future Physical Activity Learning Session (PALS)</b>  (Must attend all parts to receive credit)  <b>Presenters:</b> Kelly McNeal & Stephanie Siemens	9:00 AM to 12:00 PM  <b>Zoom Live</b>  Two sessions will take place, <b>February 19th and 26th.</b> Participants must <b>attend both</b> discussions for full credit hours.	<b>All Providers:</b>  Through participation in the PALS training, ECE providers will increase their knowledge of the best practices for physical activity for children birth-age 5, receive resources and materials to support practice and policy changes in their program-leading to healthier, more active children.	<b>Register <a href="#">here</a></b>  CDA: 5  FREE
Thursday, 02/24/2022	<b>Not the Same Old Song and Dance: Importance of Music in Early Childhood</b>  <b>Introductory</b>  <b>Presenter:</b> Stephanie Koclanis	6:30 PM to 7:30 PM  <b>GoToWebinar Live</b>	<b>All Providers:</b>  Ever catch yourself singing every word to a song from your childhood but not remember what you had for breakfast? Or wonder why you have to sing the ABC's to figure out what letter comes next? Unlike language, music utilizes every subsystem of our brains. In this training providers will learn how important music is to early childhood development and ways to incorporate it into your daily routine.	<b>Register <a href="#">here</a></b>  CDA: 2, 3, & 8  FREE
Thursday, 02/24/2022  Thursday, 3/3/2022  Thursday, 03/10/2022	<b>Tom Copeland Book Club: Family Child Care Contracts and Policies</b>  <b>Introductory</b>  <b>Presenter:</b> Stephanie Siemens	6:30 PM to 7:30 PM  <b>Zoom Live</b>  Three meetings will take place for group discussion, <b>February 24th, March 3rd and 10th.</b> Participants are asked to <b>attend all discussions</b> for full credit hours.	<b>All providers:</b>  This course will be designed for beginner to intermediate providers to help with establishing businesslike relationships through their contract and policies. We will also discuss the tough decisions while enforcing agreements and ending contracts with parents. Discussion will review Tom Copeland's book "Family Child Care: Contracts & Policies" as well as submitting completed worksheets for participation credit	Contact <b>Stephanie Siemens,</b> at <a href="mailto:StephanieS@ywcawil.org">StephanieS@ywcawil.org</a> to register.  CDA: 5 & 6  FREE  <b>Deadline to Register for book club is February 18<sup>th</sup>.</b> <b>Limited to 10 participants.</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 03/07/2022	<b>Free Information Meeting: Building the Framework for Your Child Care Business</b>  Presenter: Jennifer Betts	2:00 PM to 3:00 PM  <b>GotoWebinar Live</b>  This is an informational meeting, no certificate awarded.	<b>License-Exempt Providers:</b>  Looking to start your career as a Licensed Family Child Care Provider? If so, this is the place to start. Learn what it takes to take your business to the next level. You will be able to interact with a staff member from the YWCA as you learn about getting started, contracts, food programs, and other resources available to you through the YWCA.	Contact <b>Jennifer Betts</b> , <a href="mailto:JenniferB@ywcanwil.org">JenniferB@ywcanwil.org</a> to register.
Tuesday, 03/08/2022	<b>Understanding The Complexities of Poverty</b>  Presenter: Mary Cacioppi	5:30 PM to 6:30 PM  <b>Zoom Live</b>	<b>All Providers:</b>  This session provides an overview of the Bridges Model as it relates to the Individual. The following concepts are reviewed: Social Cognitive Theory, Mental Models of Economic Class, the Causes of Poverty, Hidden Rule Among Economic Classes, the Eleven Resources, Registers of Language, Household Dynamics, and Creating Relationships & Tools.	Register <a href="#">here</a>  CDA: 3  FREE
Wednesday, 03/09/2022 	<b>Part 1: Suspension &amp; Expulsion in Early Childhood Education</b>  Intermediate  Presenter: Stephanie Koclanis	6:00 PM to 7:30 PM  <b>*Both sessions must be attended to get credit.</b>  <b>GoToWebinar Live</b>	<b>All Providers:</b>  Suspension & Expulsion in the field of EC is happening at an alarming rate. Current legislative efforts are being put into place to ensure every child has the opportunity to participate in quality programs. During this participants will review the history and causes of suspension & expulsion, how current legislation may affect their program, and best practices and resources to implement to ensure that children and families can remain in quality programs.	Register <a href="#">here</a>  CDA: 5 & 6  FREE
Thursday, 03/10/2022 	<b>Part 2: Suspension &amp; Expulsion in Early Childhood Education</b>  Intermediate  Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM  <b>*Both sessions must be attended to get credit.</b>  <b>GoToWebinar Live</b>	<b>All Providers:</b>  Suspension & Expulsion in the field of EC is happening at an alarming rate. Current legislative efforts are being put into place to ensure every child has the opportunity to participate in quality programs. During this participants will review the history and causes of suspension & expulsion, how current legislation may affect their program, and best practices and resources to implement to ensure that children and families can remain in quality programs.	Register <a href="#">here</a>  CDA: 5 & 6  FREE



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 03/10/2022	<b>Families and Educators Working Together: Communicating with Families</b>  <b>Introductory</b>  Presenter: Kelly McNeal	9:00 PM to 10:30 PM  <b>Zoom Live</b>	<b>All Providers:</b>  Get a better understanding of how to build strong relationships between families and educators through communication. Learn strategies using verbal, non-verbal, and written methods to ensure understanding and build relationships with families.	Contact <b>Kelly McNeal</b> at, <a href="mailto:KellyM@ywcawil.org">KellyM@ywcawil.org</a> to register.  CDA: 4  FREE
Tuesday, 03/15/2022	<b>Virtual Storytime</b>  <b>Introductory</b>  Presenter: Kelly McNeal	10:30 AM to 11:00 AM  <b>YWCA Facebook Live</b>	<b>Providers/Parents/Kids</b>  Gather up the kids and enjoy a story read by Kelly, YWCA of Northwestern Illinois staff member and Community Systems Specialist! #YWKelly	No registration required, watch our Event page on Facebook (@YWCANWIL)
Tuesday, 03/29/2022	<b>Transitions: Moving Past Sitting and Waiting</b>  <b>Introductory</b>  Presenter: Stephanie Koclanis	6:30 PM to 7:30 PM  <b>GoToWebinar Live</b>	<b>All Providers:</b>  As you know, transition times are usually the most difficult and stressful parts of the day in child care. Participants in this training will gain easy tips on smoothly engaging children from one activity to another.	<b>Register <a href="#">here</a></b>  CDA:5 & 8  FREE

For your convenience, we have added Icons to the Trainings that are Gateways Registry approved, ExceleRate or Health and Safety Trainings-please refer to the key below:



Gateways Registry Approved Trainings



ExceleRate Approved Trainings



Health and Safety Trainings



# Required Health and Safety Trainings For Licensed and License-Exempt Providers

One-time trainings:	Format:	How to Access:
CPR/First Aid	Traditional (In-person)	<p>Approved CPR providers: <b>List of approved CPR providers (Effective June 4<sup>th</sup>, 2020):</b></p> <ol style="list-style-type: none"> <li>American Heart Association</li> <li>American Safety &amp; Health Institute(ASHI)</li> <li>American Red Cross</li> <li>American Trauma Event Management (ATEM)</li> <li>Emergency Care and Safety Institute (ECSI)</li> <li>Edward Atkinson/Emergency Response Health Network</li> <li>Ellis &amp; Associates, Inc.-Orlando, FL</li> <li>EMS Safety Services</li> <li>MEDIC FIRST AID</li> <li>National Safety Council</li> <li>Pro-Trainings, LLC</li> <li>R.H. Sanders &amp; Associates</li> </ol> <p><i>*Contact CPR entities directly for time/dates of trainings</i></p>
Child Abuse and Neglect/Mandated Reporter Training	Online	<p>Link: <a href="https://dcfstraining.org">Illinois Mandated Reporter Training (dcfstraining.org)</a></p>

Health & Safety Yearly Trainings:	Format:	How to Access:
Child Development, Health & Safety Requirement: Six (6) hours	<p>Online through Illinois Gateways i-Learning system</p> <p>YWCA Northwestern Illinois CCR&amp;R</p>	<p>Link to Illinois Gateways i-Learning: <a href="https://courses.inccrra.org">system at https://courses.inccrra.org</a>.</p> <p>Link to Training Calendar: <a href="https://www.ywcanwil.org/training-professional-development/">https://www.ywcanwil.org/training-professional-development/</a></p>

## ADDITIONAL ONLINE TRAININGS:

All Gateways approved trainings can be found at <https://courses.inccrra.org>.  
You must be a Gateways Member to take the courses, become a member [here](#)

## ADDITIONAL RESOURCES:

Social-Emotional Learning Should Be Priority During COVID-19 Crisis: [link](#)

Imagination Library: [link](#)

Outdoor Winter Activities: [link](#)

Winter Reading List: [link](#)

# YWCA Northwestern Illinois Child Care Solutions

## Provider Services

### How can we help YOU?

#### **Jennifer Betts** – *Data, Recruitment, and Retention Specialist*

- Maintains and updates provider database
- Assists in the recruitment and retention of child care providers
- Assists with data entry for training registrations and provides applicable training certificates
- Offers information on starting a child care business

**Extension:**  
218

[Email Jennifer](#)

#### **Andrea Capriotti** – *Infant Toddler Specialist*

- Promotes the ExceleRate Illinois program and offers technical assistance to licensed Family Child Care Providers and licensed Child Care Centers; conducts Silver Circle of Quality renewals
- Coordinates consultations, trainings, observations, and assessments of children ages 0-3
- Assists with implementing Continuous Quality Improvement Plans

**Extension:**  
228

[Email Andrea](#)

#### **Kelly McNeal** – *Community Systems Development & Referral Specialist*

- Works and connects with programs and services across health, early care and education, family support, and social services
- Coordinates community outreach and collaborations
- Provides customized child care Referrals upon request

**Extension:**  
204

[Email Kelly](#)

#### **Stephanie Siemens** – *Quality Specialist*

- Promotes the ExceleRate Illinois program to licensed Family Child Care Providers and licensed Child Care Centers; conducts Silver Circle of Quality renewals
- Coordinates consultations, trainings, observations, and assessments of children ages 3-12
- Assists with implementing Continuous Quality Improvement Plans

**Extension:**  
205

[Email Stephanie](#)

#### **Stephanie Koclanis** – *Quality Improvement Funds Specialist*

- Responsible for the promotion, technical assistance, receiving, and awarding of funds for:
  - Quality Improvement Cohorts
  - Training Stipends
  - Accreditation Assistance
  - LECC Health and Safety Grant

**Extension:**  
224

[Email Stephanie](#)

## **Training Policies and Procedures**

*The following training policies and procedures apply to all YWCA Northwestern Illinois Child Care Solutions sponsored workshops and conferences.*

### **Registration**

- The training calendar indicates how to register for a workshop/series. \*Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the monthly training calendar and/or online at [www.ywcanwil.org](http://www.ywcanwil.org).
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

### **Training Participation**

- Late arrivals—a 15 minute Grace Period will be given at all training sessions (including virtual trainings). This grace period begins at the advertised start time. Participants will not be allowed in after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the training is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

### **Fees, Refunds, & Cancellations**

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

### **Certificates**

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.

### **Virtual Learning**

- Please utilize a webcam to maximize the relationship and connection between trainer and participants
- Attendance, participation and interaction with trainer is required and will be verified through virtual platform
- Your safety and attention must be verified: No driving, shopping, etc. while participating in training
- Must complete evaluation form after each training, before certificate can be issued