

Training Opportunities for Early Childhood Providers

Spring 2023 Calendar



YWCA Northwestern Illinois

4990 East State Street

Rockford, Illinois 61108

815.484.9442/800.872.9780

Training Ext. 211

www.ywcanwil.org



YWCA Hours of Operation:

Monday-Friday

8:00am – 5:00pm

Walk-Ins 8:30am-4:30pm



YWCA Building Closures:

Monday, May 29th, 2023

Monday, June 19th, 2023

Highlighted Trainings:

(Locate registration information in calendar)

Self-Compassion: The importance and impact of our internal dialogue

Presenter: Dr. Christina Warden, DSW, LSCW

April 18th, 2023

Immunizations, Administering Medications and Preventing Allergic Reactions

Presenter: Sue Scott

May 2nd, 2023

The Humor Tonic: Take as Directed for Instant Relief

Presenter: Mary Kay Morrison

May 10th and May 11th, 2023

Understanding the Complexities of Poverty

Presenter: Mary Cacioppi

May 16th, 2023

No More Time Outs: Preventing Challenging Behaviors without Time Outs

Presenter: Michelle Spickler

May 31st, 2023


IN PERSON CPR/ FIRST AID WILL TAKE PLACE

AT THE YWCA ON THE FOLLOWING DATES, FROM 9AM-3PM:

April 15th and 29th, May 20th and 27th, June 10th and 17th.


**SPACE IS LIMITED. Please contact Annemarie Toldo at:
AnnemarieT@ywcanwil.org or 815-484-9442 Ext 211 for
registration information.**



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 4/3/2023	Infant and Toddler Positive Redirection: What and How Introductory Presenter: Andrea Capriotti	6:00 PM to 7:00 PM Zoom Live	Providers Ages 0-3 Positive redirection can be challenging to implement without understanding what it truly means and the steps involved. This training will allow participants to understand what positive redirection is and how to implement it appropriately in their infant and toddler classrooms.	To register click here. CDA: 1 & 3 FREE
Tuesday, 4/4/2023 	Gateways Training Tiers Orientation for LE Family Child Care Providers Introductory Presenter: Stephanie Koclanis	5:00 PM to 6:00 PM In Person YWCA 4990 East State St., Rockford, IL, 61108	Licensed Exempt Family Child Care Providers: Quality matters in child care. Learn about the statewide Gateways Trainings Tiers (GTT) for license exempt family child care providers, a program to help improve quality of care. The Orientation covers GTT eligibility and training requirements, application process, and supports and resources available. Providers serving children on the State Child Care Assistance Program (CCAP) may also receive a bonus to the standard payment rate. A provider must attend this session prior to applying to the Gateways Training Tiers.	To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org CDA: 5 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 4/5/2023	<p>Radical Delight: Becoming “Irrationally Crazy” About the Children in Your Life</p> <p>Introductory</p> <p>Presenter: Michelle Spickler</p>	<p>6:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>Urie Bronfenbrenner said, “Every child needs at least one adult who is <i>irrationally crazy</i> about him or her.” I call that radical delight. What is radical delight and how does delighting in a child build their resiliency, enhance their development, and cater to their self-esteem? How can child-care providers express an “irrationally crazy”, radical delight in the children in their care without offending parents, crossing ethical boundaries, showing favorites, and/or becoming too attached?</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 3 & 8</p> <p>FREE</p>
Wednesday, 4/12/2023	<p>Director’s Dialogue: Round Table Discussion</p> <p>Introductory</p> <p>Presenter: Stephanie Siemens</p>	<p>1:00 PM to 2:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108 or Zoom Live</p>	<p>Center Directors Only</p> <p>Child Care Center Directors are invited to a midday discussion as it relates to the rewards and obstacles programs face on a daily basis. We will have open discussion, so please bring questions and concerns. We hope each participant leaves a bit more informed and enthused about the next day!</p>	<p>To register contact Stephanie Siemens at StephanieS@ywcanwil.org</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 4/13/2023	<p>Math: Much More Than Counting</p> <p>Introductory</p> <p>Presenter: Stephanie Koclanis</p>	<p>6:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All providers</p> <p>Children use early math skills in their everyday life. In fact, when math is explored hand-in-hand with other subjects, such as art and science, children learn more than they would if they were taught only math. In this training, providers will learn ways to introduce in play such concepts as patterning, sequencing, comparison, geometry, categorizing, graphing, and more. In addition, you will understand the progression of number sense from the concept level to the connecting level, and finally to the symbolic level.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 2 & 8</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
<p>Monday, 4/17/2023</p> 	<p>ExceleRate IL Orientation for Child Care Centers</p> <p>Introductory</p> <p>Presenter: Andrea Capriotti</p>	<p>6:00 PM to 8:00 PM</p> <p>Zoom Live</p>	<p>Child Care Center Providers</p> <p>ExceleRate™ Illinois is the quality recognition and improvement system for licensed child care centers, Head Start, and Preschool for All programs. This orientation provides an overview of the goals, quality indicators, benefits of participation, application process, and the system supports available for success at reaching each Circle of Quality. Please note: Your participation in this course will be shared with your local Child Care Resource & Referral agency. The information is used to better support your center's quality improvement through the ExceleRate™ Illinois program.</p>	<p>To register click here</p> <p>CDA: 5</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday 4/18/2023, 4/25/2023, 5/2/2023, 5/9/2023, & 5/16/2023	Healthy Kids, Healthy Future Physical Activity Learning Session (PALS) Introductory Presenter: Stephanie Siemens	6:30 PM to 7:30 PM In Person Freeport Public Library 100 E Douglas St., Freeport, IL 61032	All Providers Through participation in the PALS training, ECE providers will increase their knowledge of the best practices for physical activity for children birth – age 5, receive resources and materials to support practice and policy changes in their program – leading to healthier, more active children.	To register contact Stephanie Siemens at StephanieS@ywcanwil.org CDA: 5 FREE *This is a 5 part series. Participants must attend ALL 5 sessions in order for credit to be received.*
Tuesday, 4/18/2023	Self-Compassion: The Importance and Impact of Our Internal Dialogue Introductory Presenter: Dr. Christina Warden, DSW, LSCW	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers During this training providers will define self-compassion, discuss the power of self-talk and learn about creating a new narrative in their busy lives.	To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org CDA: 6 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 4/26/2023	<p>A Strengths-Based Perspective: Seeing Strengths in Our Children, Their Families, Our Programs, and Ourselves</p> <p>Introductory</p> <p>Presenter: Michelle Spickler</p>	<p>6:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>Learn to identify and appreciate the strengths of the children in your care, their families, your program, and yourself. Recognizing and building strengths in the children in our care takes intentionality and a strategic plan to find and focus on the strengths of every child and the families, programs, and people surrounding those children. While we're looking for strengths, we will work to uncover your strengths, too.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 4 & 7</p> <p>FREE</p>
Monday, 5/1/2023, 5/8/2023, 5/15/2023 & 5/22/2023	<p>Strengthening Business Practices For Family Child Care: Budgeting, Financial Reports, Marketing, & Staff Recruitment</p> <p>Introductory</p> <p>Presenter: Stephanie Koclanis</p>	<p>5:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>Family Child Care Providers</p> <p>This is a 4 part series focusing on building and strengthening your business. There will be small group discussion and homework after each session. A business plan will need to be completed at the end of the series to achieve credit.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 3 & 6</p> <p>FREE</p> <p>*This is a 4 part series. Participants must attend ALL sessions in order for credit to be received.*</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 5/1/2023	<p>DNL: Round Table Discussion</p> <p>Introductory</p> <p>Presenter: Andrea Capriotti</p>	<p>7:00 PM to 8:00 PM</p> <p>Zoom Live</p>	<p>Providers Ages 0-3</p> <p>Providers are invited to an evening of discussion as it relates to the rewards and obstacles providers face on a daily basis. We will have open discussion so please bring questions and concerns. The desired outcome of these meetings aims for participants to leave a bit more informed and enthused about the next day!</p>	<p>To register click here</p> <p>*This is an educational meeting, there will be no certificate awarded.*</p>
Tuesday, 5/2/2023	<p>Immunizations, Administering Medications and Preventing Allergic Reactions</p> <p>Introductory</p> <p>Presenter: Sue Scott</p>	<p>6:00 PM to 7:30 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>In this training, providers will learn the proper procedures to follow when administering medications and how to prevent allergic reactions. Providers will also learn the correct way to document when medications are given to a child and what paperwork is needed on file. Immunizations will also be discussed as you learn what children need and what age is best for each vaccine.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 1</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 5/4/2023	<p>Resilient: How To Grow an Unshakable Core of Calm, Strength, and Happiness</p> <p>Intermediate</p> <p>Presenter: Stephanie Koclanis</p>	<p>6:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>These days it's hard to count on the world outside. It is vital to grow strengths inside like grit, gratitude, and compassion-the key to resilience and to lasting well-being in a changing world. Participants will gain knowledge in how psychologist Rick Hanson, PhD uses neuroscience, mindfulness, and positive psychology to build resilient hearts. Resource materials will be available for your personal use.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 3 & 6</p> <p>FREE</p>
Tuesday, 5/9/2023	<p>Pay Attention Already: Using the 5 Senses to Create a Safe, Calm, and Relaxing Environment</p> <p>Introductory</p> <p>Presenter: Stephanie Koclanis</p>	<p>6:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All providers</p> <p>With so much stimulation in our world, children often can become overwhelmed. In this training, providers will learn easy techniques to help children become aware of what is happening in their mind and in their body and how to use the 5 senses to create space between the emotions they are experiencing and the actions they use to respond to them. In addition, providers will understand what mindfulness is and what mindfulness is not and how it can positively affect the learning environment.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 2 & 3</p> <p>FREE</p>


Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
<p>Wednesday, 5/10/2023 & Thursday, 5/11/2023</p>	<p>The Humor Tonic: Take as Directed for Instant Relief</p> <p>Introductory</p> <p>Presenter: Mary Kay Morrison</p>	<p>6:00 PM to 7:30 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>This session will offer the most current information and practical applications in the use of humor, play and laughter for early childhood educators. The psychology and physiology of this natural remedy will be examined along with humor as an effective intervention for learning. Side effects may include incontinence, bellyaches and exhaustion from constant laughter. Warning: This tonic is highly contagious. If your laughter lasts for longer than 4 hours, share it with your health care provider. Do not miss this opportunity to see if humor and laughter are right for you!</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 6</p> <p>FREE</p>
<p>Monday, 5/15/2023</p>	<p>Infant and Toddler Biting: What Do I Do?</p> <p>Introductory</p> <p>Presenter: Andrea Capriotti</p>	<p>6:00 PM to 7:30 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>Providers Ages 0-3</p> <p>Biting is an issue in many infant and toddler classrooms. This can be difficult to navigate and challenging for educators. After this training, participants will gain new knowledge to help understand why biting happens and how it can be redirected into a positive learning experience.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 1 & 3</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 5/16/2023	<p>Understanding the Complexities of Poverty</p> <p>Introductory</p> <p>Presenter: Mary Cacioppi</p>	<p>6:00 PM to 7:30 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>This session provides an overview of the Bridges Model as it relates to the Individual. The following concepts are reviewed: Social Cognitive Theory, Mental Models of Economic Class, the Causes of Poverty, Hidden Rule Among Economic Classes, the Eleven Resources, Registers of Language, Household Dynamics, and Creating Relationships & Tools.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 6</p> <p>FREE</p>
Thursday, 5/18/2023	<p>Cultivating a Growth Mindset</p> <p>Introductory</p> <p>Presenter: Stephanie Koclanis</p>	<p>6:00 PM to 7:00 PM</p> <p>Zoom Live</p>	<p>All Providers</p> <p>Developing the right mindset early on is crucial for a successful, happy life. When children learn that putting forth effort and using the right strategies can help them become better at things, they feel empowered to try harder. When they know their brain is capable of growing, they are more confident, resilient, and can push through failure. Join me in exploring the power of "YET" in helping children learn that they are developing, not "fixed" to be a certain way.</p>	<p>To register click here</p> <p>CDA: 2, 3 & 8</p> <p>FREE</p>



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 5/24/2023	<p>Shame Off You: Breaking the Cycle of Shame-Based Behavior Management of Children</p> <p>Introductory</p> <p>Presenter: Michelle Spickler</p>	<p>6:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>Shame leads children to believe they are unlovable, unintelligent, or downright bad. When used as discipline, it focuses on and diminishes the character of the child, rather than understanding and working to improve the behavior of that child. Shame sneaks into discipline strategies and can sneak out in words when teachers are stressed, tired, or feeling overwhelmed, especially if shame was used when the teacher was a child. Identify what is a shame cycle, what are the effects of shame, when is shame toxic, what is a better approach, and what to do if there is “shame on you” or a child in your care.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 3 & 8</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 5/31/2023	<p>No More Time-Outs: Preventing Challenging Behaviors Without Time-Outs</p> <p>Introductory</p> <p>Presenter: Michelle Spickler</p>	<p>6:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>In this workshop, we will define what are minor or major challenging behaviors and how time-out often makes behaviors worse. Alternatives to time-outs will be discussed along with ways providers sometimes implement time-out practices with other names. Together, we will create a plan with strategies to prevent and reduce challenging behaviors in children ages 1-5 without bribes, threats, time-outs, or punishment. Additionally, special considerations for preventing challenging behaviors in children with speech delays, autism, and sensory processing concerns, with or without a diagnosis, will be considered.</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 3 & 5</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday 6/1/2023, 6/8/2023, 6/15/2023, & 6/22/2023	Build Your Bounce: Promoting Adult Resilience Introductory Presenter: Stephanie Siemens	6:30 PM to 8:00 PM Zoom Live	All Providers Workshop designed to meet you where you are and help you focus on your own health, happiness and overall well-being. Together, we will learn about resilience and how important it is that you learn to promote your social emotional health; how your social and emotional well-being can impact the children and families you serve, in both positive and negative ways; and specific, simple and inexpensive strategies to reduce stress and promote your social-emotional health.	To register contact Stephanie Siemens at StephanieS@ywcanwil.org CDA: 1, 3 & 8 FREE *It is encouraged to attend all 4 sessions. However, participants will receive credit for any session attended. *
Thursday, 6/1/2023	Build Your Bounce: Promoting Adult Resilience Part 1 – What is Resilience? Introductory Presenter: Stephanie Siemens	6:30 PM to 8:00 PM Zoom Live	All Providers Workshop designed to meet you where you are and help you focus on your own health, happiness and overall well-being. Part 1 – Recognize the important role adults play in the lives of children; link between adult stress and its potential impact on an adult’s ability to care for children.	To register contact Stephanie Siemens at StephanieS@ywcanwil.org CDA: 1, 3 & 8 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 6/3/2023 	An Introduction to the Environment Rating Scales Introductory Presenters: Andrea Capriotti and Stephanie Koclanis	9:00 AM to 1:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers This training is for center-based programs and family child care providers and offers an overview of the Environment Rating Scales. The Environment Rating Scales are user-friendly assessment tools that measure the quality of the learning environment for infants through school-age children. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning.	To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org CDA: 5 & 7 *There will be a \$10 registration fee.* *Registration closes MAY 5th, 2023*
Monday, 6/5/2023	Risky Play Introductory Presenter: Andrea Capriotti	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	Provider Ages 0-3 What is your yes? Risky play can sound scary when it comes to young children: dirt, water, paint, rain, and climbing are all difficult to accept, this means messes! By attending this training, participants will learn new ways to incorporate risky play into their programs while keeping children safe and determining what their yes is.	To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org CDA: 1, 2 & 8 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 6/6/2023	Art of Authenticity Intermediate Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers This training is adapted from Dr. Karissa Thacker's book 'The Art of Authenticity.' Participants will work through how to bring their best self forward when the pressure is high; reflecting on such questions as: "What are my strengths?", "How do I work best?", "What are my values?", "Where do I belong?" "What can I contribute?"	To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org CDA: 3, 5 & 6 FREE
Thursday, 6/8/2023	Build Your Bounce :Promoting Adult Resilience Part 2- Understanding Risk and Protective Factors Introductory Presenter: Stephanie Siemens	6:30 PM to 8:00 PM Zoom Live	All Providers Workshop designed to meet you where you are and help you focus on your own health, happiness and overall well-being. Part 2 – Define risk factors and protective factors; Identify categories in which both risk and protective factors fall.	To register contact Stephanie Siemens at StephanieS@ywcanwil.org CDA: 1, 3 & 8 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
<p>Wednesday, 6/14/2023</p>  	<p>Sudden Infant Death & Shaken Baby Syndrome</p> <p>Introductory</p> <p>Presenter: Stephanie Koclanis</p>	<p>5:00 PM to 8:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>All Providers</p> <p>This course focuses on the importance of understanding growth and development in infants/toddlers. Educating caregivers, parents, volunteers and health care providers that crying is normal and appropriate ways to handle irritable infants and toddlers. Discussions will also take place on proper sleep positions, proper bedding, and temperatures through videos, discussions, role playing and lecture to promote safe sleep for infants, child safety and prevention of Sudden Infant Death Syndrome (SIDS) and Sudden Unexplained Infant Death (SUID).</p>	<p>To register contact: Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 1 & 8</p> <p>FREE</p>
<p>Thursday, 6/15/2023</p>	<p>Build Your Bounce: Promoting Adult Resilience</p> <p>Part 3- Introduction to the Devereux Adult Resilience Survey (DARS)</p> <p>Introductory</p> <p>Presenter: Stephanie Siemens</p>	<p>6:30 PM to 8:00 PM</p> <p>Zoom Live</p>	<p>All Providers</p> <p>Workshop designed to meet you where you are and help you focus on your own health, happiness and overall well-being.</p> <p>Part 3 – Describe the purpose of the Devereux Adult Resilience Survey (DARS); reflect on your current level of resilience using the DARS; Demonstrate an understanding of how the four protective factor areas on the DARS support adult resilience.</p>	<p>To register contact Stephanie Siemens at StephanieS@ywcanwil.org</p> <p>CDA: 1, 3 & 8</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 6/21/2023	<p>How to Thrive in Discomfort</p> <p>Introductory</p> <p>Presenter: Stephanie Koclanis</p>	<p>6:00 PM to 7:00 PM</p> <p>Zoom Live</p>	<p>All Providers</p> <p>Discomfort is quiet! According to mindful.org “Discomfort is a signal-an internal GPS that tells us we might be off course. Discomfort says: Pay Attention. Something important is happening.” In this training, providers will learn steps in how to work through these felt sensations.</p>	<p>To register click here</p> <p>CDA: 3 & 6</p> <p>FREE</p>
Thursday, 6/22/2023	<p>Build Your Bounce: Promoting Adult Resilience</p> <p>Part 4- Strategies to Promote Adult Resilience</p> <p>Introductory</p> <p>Presenter: Stephanie Siemens</p>	<p>6:30 PM to 8:00 PM</p> <p>Zoom Live</p>	<p>All Providers</p> <p>Workshop designed to meet you where you are and help you focus on your own health, happiness and overall well-being.</p> <p>Part 4 – Reflect on personal strengths and goals as identified on the DARS; describe strategies that can be used to support the four protective factor areas of DARS; develop an adult resilience plan to support personal resilience.</p>	<p>To register contact Stephanie Siemens at StephanieS@ywcanwil.org</p> <p>CDA: 1, 3 & 8</p> <p>FREE</p>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 6/26/2023	A Fighting Chance Introductory Presenter: Andrea Capriotti	6:00 PM to 8:00 PM Zoom Live	Providers Ages 0-3 Many children have to cope with disruptive life situations that may hinder their development. Often times, a child's classroom is the most stable environment they have. During this training, participants will be offered reliable and practical solutions for working with children who have or currently are dealing with disruptive changes.	To register click here CDA: 2 & 3 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 6/26/2023 & Tuesday, 6/27/2023	<p>Preschool Pyramid Model- Module 1: Creating a Win-Win: A Team Approach to Strengthening Young Children’s Social and Emotional Skills</p> <p>Introductory</p> <p>Presenter: Stephanie Koclanis</p>	<p>6:00 PM to 9:00 PM</p> <p>In Person YWCA 4990 East State St, Rockford, IL, 61108</p>	<p>Providers Ages 3-5</p> <p>Interested in a calmer learning environment filled with supported, engaged children? Learn more about the relationship between challenging behavior and social emotional development in young children and the role of your own attitude about challenging behavior. Gather tips and tricks on building important relationships with children, families and coworkers as well as designing an effective preschool environment. Need help with transitions? Learn more about developing consistent schedules and routines to assist in structuring transitions. Finally, guidance is provided for use of ongoing monitoring and positive attention to support children’s social/emotional behavior. Fill your toolbox today!</p>	<p>To register contact:</p> <p>Annemarie Toldo at AnnemarieT@ywcanwil.org</p> <p>CDA: 3, 5, 7 & 8</p> <p>FREE</p> <p>*This is a 2 part series. Participants must attend BOTH sessions in order for credit to be received.*</p>

For your convenience, we have added Icons to the Trainings that are Gateways Registry approved, ExceleRate or Health and Safety Trainings-please refer to the key below:



Gateways Registry Approved Trainings



ExceleRate Approved Trainings



Health & Safety Trainings

IDHS Required Health and Safety Trainings

For License Exempt Providers

One-time trainings:	Format:	How to Access:
CPR/First Aid	Hybrid (Online/In-person) and Traditional (In-person)	Approved CPR providers: American Heart Association; American Safety & Health Institute (ASHI); American Red Cross; American Trauma Event Management (ATEM); Emergency Care and Safety Institute (ECSI); Edward Atkinson/Emergency Response Health Network; Ellis & Associates, Inc.-Orlando, FL; EMS Safety Services; MEDIC FIRST AID; National Safety Council; Pro-Trainings, LLC; R.H. Sanders & Associates/Titan CPR Associates <i>*Contact CPR entities directly for time/dates of trainings</i>
Child Abuse and Neglect/Mandated Reporter Training	Online	Link to website : Illinois Mandated Reporter Training (dcfstraining.org)
ECE credential: Level 1	Online through Illinois Gateways i-Learning system	Link to Illinois Gateways i-Learning: https://courses.inccrra.org .
Child Development, Health & Safety Basics: Six (6) hours	Online through Illinois Gateways i-Learning system	Link to Illinois Gateways i-Learning: https://courses.inccrra.org .

ADDITIONAL ONLINE TRAININGS:

All Gateways approved trainings can be found at <https://courses.inccrra.org>.

You must be a Gateways Member to take the courses, become a member [here](#)

ADDITIONAL RESOURCES:

Spring Reading and Family Events at the Rockford Public Library [Link](#)

Spring Reading and Family Events at the Freeport Public Library [Link](#)

****CPR****

In-person CPR at the YWCA has resumed. In- person dates and times are listed on the “Highlighted Trainings” page in the calendar. If you are unable to participate, a list of alternate entities is below. You will need to follow up with the individual entities to find course offerings and times. If you have further questions, please follow up with your DCFS Representative. Look for our new First Aid/CPR Funds Program application, available soon.

List of approved CPR providers (Effective June 14, 2022):

1. American Heart Association
2. American Safety & Health Institute (ASHI)
3. American Red Cross
4. American Trauma Event Management (ATEM)
5. Emergency Care and Safety Institute (ECSI)
6. Edward Atkinson/Emergency Response Health Network
7. Ellis & Associates, Inc.-Orlando, FL
8. EMS Safety Services
9. Know CPR
10. MEDIC FIRST AID
11. National Safety Council
12. Pacific Medical Training
13. Pro-Trainings, LLC
14. Titan CPR Associates

YWCA Northwestern Illinois Child Care Solutions Provider Services

How can we help YOU?

Carol Lyons- CORE Receptionist

- Handles all front office, administration duties for CORE team
- Responsible for greeting guests, answering phones, handling company inquiries and the sorting and distribution of mail

**Extension:
200**

Jennifer Wicklein – Data, Recruitment & Retention Specialist

- Maintains and updates provider database
- Assists in the recruitment and retention of child care providers
- Assists with data entry for training registrations and provides applicable training certificates
- Offers information on starting a child care business

**Extension:
218**

[Email Jennifer](#)

Stephanie Earp- Referral Specialist (Lead) and Admin Support

- Provides customized child care referrals upon request and processes TANF referrals as needed
- Assists with processing all incoming child care provider grievances
- Provides administrative support and completes program related errands

**Extension:
224**

[Email Stephanie](#)

Annemarie Toldo – Training & Technical Assistance Coordinator & Referral Specialist

- Creates and manages the quarterly training calendar for ongoing professional development
- Manages and processes applications for CPR/First Aid Reimbursement and Professional Development Funds
- Offers technical assistance regarding Gateways Registry membership, online trainings, credentials and accreditations, and various training related information
- Back up to the Referral Lead

**Extension:
211**

[Email Annemarie](#)

Leisha Kury– Community Systems Development & Grants Specialist

- Works and connects with programs and services across health, early care and education, family support, and social services
- Coordinates community outreach and collaborations
- Responsible for the promotion, technical assistance, receiving, and awarding of funds for:
 - Quality Improvement Cohorts
 - Training Stipends
 - Accreditation Assistance
- LECC Health & Safety Grants

**Extension:
204**

[Email Leisha](#)

Andrea Capriotti – Infant Toddler Specialist

- Promotes the ExceleRate Illinois program and offers technical assistance to licensed Family Child Care Providers and licensed Child Care Centers; assists with Silver Circle of Quality renewal process
- Coordinates consultations, trainings, observations, and assessments of children ages 0-3
- Assists with implementing Continuous Quality Improvement Plans

**Extension:
228**

[Email Andrea](#)

<p>Stephanie Siemens – Quality Specialist</p> <ul style="list-style-type: none"> • Promotes the ExceleRate Illinois program to licensed Family Child Care Providers and licensed Child Care Centers; assists with Silver Circle of Quality renewal process • Coordinates consultations, trainings, observations, and assessments of children ages 3-12 • Assists with implementing Continuous Quality Improvement Plans 	<p>Extension: 234</p> <p><u>Email Stephanie</u></p>
<p>Silvia Diaz- Higher Education Navigator</p> <ul style="list-style-type: none"> • Recruits and connects incumbent early childhood care and education workforce members with appropriate early childhood programs at 2- and 4-year institutions • Creates strong relationships with early care and education employers, members of the incumbent workforce, and ECE programs at 2- and 4-year institutions of higher education • Maintains an up-to-date and ongoing understanding of all early childhood programs offered by 2- and 4-year institutions within SDA1 • Provides assistance with the technicalities of completing the FAFSA to qualify for federal aid, access state scholarship monies for the EC workforce, and apply to the relevant institution and programs. 	<p>Extension: 205</p> <p><u>Email Silvia</u></p>

Training Policies and Procedures

The following training policies and procedures apply to all YWCA Northwestern Illinois Child Care Solutions sponsored workshops and conferences.

Registration

- The training calendar indicates how to register for a workshop/series. *Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the monthly training calendar and/or online at www.ywcanwil.org.
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

Training Participation

- Late arrivals—a 15 minute Grace Period will be given at all training sessions (including virtual trainings). This grace period begins at the advertised start time. Participants will not be allowed in after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the training is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

Fees, Refunds, & Cancellations

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.

- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

Certificates

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.

Virtual Learning

- Please utilize a webcam to maximize the relationship and connection between trainer and participants
- Attendance, participation and interaction with trainer is required and will be verified through virtual platform
- Your safety and attention must be verified: No driving, shopping, etc. while participating in training
- Must complete evaluation form after each training, before certificate can be issued