

Training Opportunities For Early Childhood Providers Winter Calendar 2024



YWCA Northwestern Illinois- 4990 East State Street, Rockford, Illinois 61108

815.484.9442/800.872.9780 Training Ext. 211

www.ywcanwil.org

YWCA Hours of Operation:

Monday-Friday

8:00am – 5:00pm

Walk-Ins 8:30am-4:30pm



YWCA Building Closures:

Monday, January 1st, 2024

Monday, January 15th, 2024

Highlighted Trainings:

****The following trainings include “freebies” for you to use in your classroom!**

Please see the Training Calendar for more details! **

1/20 and 1/23- Healthy Kids, Healthy Future PALS

Receive resources and materials to support your program!

Highlighted Trainings

1/8, 1/22, 1/29 and 2/5 - Strengthening Business Practices for Center-Based Child Care Providers

Presenter: Stephanie Koclanis

2/7- Immunizations, Administering Medications and Preventing Allergic Reactions

Presenter: Sue Scott, BSN. RN-BC

2/13- Autism Awareness

Presenter: Andrea Capriotti

3/2- ExceleRate Illinois Orientation for Licensed Family Child Care

Presenter: Stephanie Siemens

3/18- A New Look at Play-Based Learning

Presenter: Michelle Spickler

IN PERSON CPR/ FIRST AID WILL TAKE PLACE

AT THE YWCA ON THE FOLLOWING DATES, FROM 9AM-2PM:

Saturday January 13th and 27st, February 10th and 24th


And March 9th and 30th.


**SPACE IS LIMITED. Please contact Annemarie Toldo at:
AnnemarieT@ywcanwil.org or 815-484-9442 Ext 211 for registration
information.**




Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 1/3/2024	Trauma Response Introductory Presenter: Andrea Capriotti	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	Providers Ages 0-3 Early Childhood has many avenues within it, one of those is appropriately dealing with young children and trauma they may have experienced in their lives. Often, we find children probing for answers that we as educators and parents, do not know how to answer. By attending this training, participants will be presented with explicit, thoughtful, and effective tools to ensure the social-emotional wellbeing of children is addressed.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 2, 3 & 8 FREE
Monday, 1/8/2023, 1/22/2024, 1/29/2024 & 2/5/2024	Strengthening Business Practices for Center-Based Child Care Providers Introductory Presenter: Stephanie Koclanis	5:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	Licensed Child Care Center Providers This is a 4-part series focusing on building and strengthening your business. There will be small group discussion and homework after each session. A business plan will need to be completed at the end of the series to achieve credit.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 5 & 6 FREE *This is a series training. Participants must attend all 4 sessions in order for credit to be received*

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 1/10 & Thursday, 1/11/2024	Family Child Care Contracts and Policies Introductory & Intermediate Presenter: Stephanie Siemens	6:30 PM to 8:00 PM Zoom Live	All Providers This course will be designed for beginner to intermediate providers to help with establishing businesslike relationships through their contract and policies. We will also discuss the tough decisions while enforcing agreements and ending contracts with parents.	To register click here CDA: 5 & 6 FREE *This is a 2-part series. Participants must attend both sessions in order for credit to be received*
Tuesday, 1/16/2024	Kindness for All Introductory Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM Zoom Live	All providers Kindness is a choice. Every time we choose to show compassion and empathy, we make a difference in someone's life. In this training, learn simple daily acts that will bring a smile to a person's face.	To register click here CDA: 3 & 6 FREE


Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 1/20/2024 & Tuesday, 1/23/2024 	Healthy Kids, Healthy Future Physical Activity Learning Session (PALS) Introductory Presenter: Stephanie Siemens	HYBRID 11:00 AM to 2:00 PM Freeport Public Library 100 East Douglas St, Freeport, IL, 61032 6:30 PM to 8:30 PM Zoom Live	All Providers Through participation in the PALS training, ECE providers will increase their knowledge of the best practices for physical activity, receive resources and materials to support practice and policy changes in their program.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 1 & 2 *This is a 2-part series. One takes place in person and the other via Zoom. Participants must attend both sessions in order for credit to be received*
Monday, 1/22/2024	Using Art for Emotional Regulation Introductory Presenter: Michelle Spickler	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers In this workshop, participants will experience the creative art process to learn how to plan, prepare, implement and integrate the use of creative arts for emotional regulation in children. Even more so, participants will learn how art helps with social-emotional learning and self-regulation of themselves and the children.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 3 & 8 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 1/24/2024	Science is Wonder-filled Introductory Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM Zoom Live	All Providers Science for young children should involve asking questions, probing for answers, conducting investigations, and collecting data. Science, rather than being viewed as the memorization of facts, becomes a way of thinking and trying to understand the world. This training will introduce the joy of having wonderful ideas!	To register click here CDA: 2 FREE
Wednesday, 1/31/2024 	Infant and Toddler Positive Redirection Introductory Presenter: Andrea Capriotti	6:00 PM to 7:00 PM Zoom Live	Providers Ages 0-3 Positive redirection can be challenging to implement without understanding what it truly means and the steps involved. This training will allow participants to understand what positive redirection is and how to implement it appropriately in their infant and toddler classrooms.	To register click here CDA: 1 & 3 FREE
Tuesday, 2/6/2024	Following the Child's Lead Introductory Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM Zoom Live	All Providers In this training you will gain insight into how to respect young children's need to explore, discover, and construct their own learning and understanding by allowing them opportunities to do so.	To register click here CDA: 7 & 8 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 2/7/2024 	Immunizations, Administering Medications and Preventing Allergic Reactions Introductory Presenter: Sue Scott, BSN. RN-BC	6:00 PM to 7:30 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers In this training, providers will learn the proper procedures to follow when administering medications and how to prevent allergic reactions. Providers will also learn the correct way to document when medications are given to a child and what paperwork is needed on file. Immunizations will also be discussed as you learn what children need and what age is best for each vaccine.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 1 FREE
Thursday, 2/8/2024	Addressing Internalizing Behaviors with Play Introductory Presenter: Stephanie Seimens	6:30 PM to 8:00 PM Zoom Live	All Providers Through a range of research-supported intervention and prevention methods meet the mental wellness needs of children presenting symptoms of internalizing behaviors. Clear descriptions of educational strategies and resources to encourage family support and involvement.	To register click here CDA: 3 FREE




Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 2/13/2024	Autism Awareness Introductory Presenter: Andrea Capriotti	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	Provider Ages 0-3 School settings can be overwhelming for children with autism and the teachers. By taking this training, participants will learn what they can do to help children reach their full potential. Participants will also gain a deeper understanding of how children with autism relate to the world around them.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 2 & 8 FREE
Wednesday, 2/21/2024	Forgiveness: For Ourselves and For Others Introductory Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM Zoom Live	All Providers “There are 86,400 seconds in a day. How do you spend them? For many of us, we choose to focus on the wrongs done to us.” (Positivepsychology.com) Let’s right that habit! In this training, participants will learn about the psychology of forgiveness and the benefits on your well-being. This is an introspective webinar, come prepared to reflect and journal.	To register click here CDA: 3 & 6 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 2/26/2024	Uncovering the Roots of Challenging Behaviors Introductory Presenter: Michelle Spickler	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers Following this workshop, participants will be able to understand the causes of challenging behavior and specific strategies to prevent challenging behavior in family childcare settings, organize children's play, emotions, and environments to support learning. Participants will also learn to build relationships and self-care strategies to prevent burnout.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 2 & 3 FREE
Wednesday, 2/28/2024	Partnering with Families Introductory Presenter: Stephanie Siemens	6:30 PM to 8:00 PM Zoom Live	All Providers Children learn from what they see, relationships between teachers and children's family members have tremendous potential for affecting their lives. Establish family centered care through communication and partnerships with families.	To register click here CDA: 5 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 3/2/2024 	ExceleRate Illinois Orientation for Licensed Family Child Care Introductory Presenter: Stephanie Siemens	9:00 AM to 11:30 AM In Person YWCA 4990 East State St, Rockford, IL, 61108	Licensed Family Child Care Providers ExceleRate Illinois is the quality rating and improvement system for licensed family child care, licensed child care centers, Head Start, and Preschool for All programs. This orientation provides family child care providers an overview of the goals, quality indicators, benefits of participation, application process, and the system supports available for success at reaching each Circle of Quality.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 5 FREE
Monday, 3/4/2024	Preventing Teacher Burn-Out in Child Care Introductory Presenter: Michelle Spickler	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers This training is designed for childcare providers, staff, and administration to understand and prevent teacher burnout in childcare settings. We will discuss the stress factors upon teachers, self-care techniques to reduce stress, and tips to encourage and support teachers in the classroom.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 5 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 3/12/2024	How Do You Look at Things? Introductory Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM Zoom Live	All Providers Sherlock Holmes famously said once to Watson: "You see, but you do not observe. The distinction is clear." How do you see the world around you? How do you observe the children in your program? This training will have you reflect on how you view your everyday life and to incorporate a different lens.	To register click here CDA: 3 & 6 FREE
Tuesday, 3/12/2024	Outdoor Learning Environment Introductory Presenter: Stephanie Siemens	6:30 PM to 7:30 PM Zoom Live	All Providers Assess your current outdoor environments and discover ways to transform your outdoor environment into an active play opportunity that is vital to young children's healthy development. Through space design you'll find how to create play zones that encourage schema learning, play themes, and developmentally appropriate learning.	To register click here CDA: 2 FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Monday, 3/18/2024	A New Look at Play-Based Learning Introductory Presenter: Michelle Spickler	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers In this workshop, we will define and explore play schemas and play milestones in a fun, interactive way. Together, we will consider why play schemas and play milestones are important to understand and how providers can incorporate play schemas into their day-to-day activities to enhance learning and enjoyment.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 3 & 8 FREE
Wednesday, 3/20/2024	Director's Dialogue Presenter(s): Stephanie Koclanis and Lisa Bock	12:30 PM to 1:30 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	Directors and Daycare Owners Join us for an opportunity to connect with other childcares and childcare owners. In addition, we will go over the services the CCR&R provides.	To register contact: Annemarie at AnnemarieT@ywcanwil.org FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 3/20/2024	I Hear you, But I'm Not Listening Intermediate Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM In Person YWCA 4990 East State St, Rockford, IL, 61108	All Providers By being receptive and open to others, we're able to elicit and understand other people's thoughts, needs, or emotions, and then steer the conversation in an appropriate manner. In this training, you'll learn listening skills that can help when working with children and adults, and techniques for becoming an effective active listener. Participants will engage in active listening activities for better understanding.	To register contact: Annemarie at AnnemarieT@ywcanwil.org CDA: 6 FREE
For your convenience, we have added Icons to the Trainings that are Gateways Registry approved, ExceleRate or Health and Safety Trainings-please refer to the key below:				
 Gateways Registry Approved Trainings  ExceleRate Approved Trainings  Health & Safety Trainings				

IDHS Required Health and Safety Trainings

For License Exempt Providers

One-time trainings:	Format:	How to Access:
CPR/First Aid	Hybrid (Online/In-person) and Traditional (In-person)	Approved CPR providers: American Heart Association; American Safety & Health Institute (ASHI); American Red Cross; American Trauma Event Management (ATEM); Emergency Care and Safety Institute (ECSI; Edward Atkinson/Emergency Response Health Network; Ellis & Associates, Inc.-Orlando, FL; EMS Safety Services; MEDIC FIRST AID; National Safety Council; Pro-Trainings, LLC; R.H. Sanders & Associates/Titan CPR Associates *Contact CPR entities directly for time/dates of trainings
Child Abuse and Neglect/Mandated Reporter Training	Online	Link to website : Illinois Mandated Reporter Training (dcfstraining.org)
ECE credential: Level 1	Online through Illinois Gateways i-Learning system	Link to Illinois Gateways i-Learning: https://courses.inccrra.org .
Child Development, Health & Safety Basics: Six (6) hours	Online through Illinois Gateways i-Learning system	Link to Illinois Gateways i-Learning: https://courses.inccrra.org .

ADDITIONAL ONLINE TRAININGS:

All Gateways approved trainings can be found at <https://courses.inccrra.org>.
You must be a Gateways Member to take the courses, become a member [here](#)

ADDITIONAL RESOURCES:

Winter Reading and Family Events at the Rockford Public Library [Link](#)

Winter Reading and Family Events at the Freeport Public Library [Link](#)

****CPR****

In-person CPR at the YWCA has resumed. In- person dates and times are listed on the “Highlighted Trainings” page in the calendar. If you are unable to participate, a list of alternate entities is below. You will need to follow up with the individual entities to find course offerings and times. If you have further questions, please follow up with your DCFS Representative. Look for our new First Aid/CPR Funds Program application, available soon.

List of approved CPR providers (Effective June 14, 2022):

1. American Heart Association
2. American Safety & Health Institute (ASHI)
3. American Red Cross
4. American Trauma Event Management (ATEM)
5. Emergency Care and Safety Institute (ECSI)
6. Edward Atkinson/Emergency Response Health Network
7. Ellis & Associates, Inc.-Orlando, FL
8. EMS Safety Services
9. Know CPR
10. MEDIC FIRST AID
11. National Safety Council
12. Pacific Medical Training
13. Pro-Trainings, LLC
14. Titan CPR Associates

YWCA Northwestern Illinois Child Care Solutions

Provider Services

How can we help YOU?

Carol Lyons- CORE Receptionist

- Handles all front office, administration duties for CORE team
- Responsible for greeting guests, answering phones, handling company inquiries and the sorting and distribution of mail

Extension:
200

Jennifer Wicklein – Data, Recruitment & Retention Specialist

- Maintains and updates provider database
- Assists in the recruitment and retention of child care providers
- Assists with data entry for training registrations and provides applicable training certificates
- Offers information on starting a child care business

Extension:
218

[Email Jennifer](#)

Stephanie Jones- Referral Specialist (Lead) and Admin Support

- Provides customized child care referrals upon request and processes TANF referrals as needed
- Assists with processing all incoming child care provider grievances
- Provides administrative support and completes program related errands

Extension:
224

[Email Stephanie](#)

Annemarie Toldo – Training & Technical Assistance Coordinator & Referral Specialist

- Creates and manages the quarterly training calendar for ongoing professional development
- Manages and processes applications for CPR/First Aid Reimbursement and Professional Development Funds
- Offers technical assistance regarding Gateways Registry membership, online trainings, credentials and accreditations, and various training related information
- Back up to the Referral Lead

Extension:
211

[Email Annemarie](#)

Leisha Kury– Community Systems Development & Grants Specialist

- Works and connects with programs and services across health, early care and education, family support, and social services
- Coordinates community outreach and collaborations
- Responsible for the promotion, technical assistance, receiving, and awarding of funds for:
 - Quality Improvement Cohorts
 - Training Stipends
 - Accreditation Assistance
- LECC Health & Safety Grants

Extension:
204

[Email Leisha](#)

Andrea Capriotti – Infant Toddler Specialist

- Promotes the ExceleRate Illinois program and offers technical assistance to licensed Family Child Care Providers and licensed Child Care Centers; assists with Silver Circle of Quality renewal process
- Coordinates consultations, trainings, observations, and assessments of children ages 0-3
- Assists with implementing Continuous Quality Improvement Plans

Extension:
228

[Email Andrea](#)

Stephanie Siemens – Quality Specialist <ul style="list-style-type: none"> Promotes the ExceleRate Illinois program to licensed Family Child Care Providers and licensed Child Care Centers; assists with Silver Circle of Quality renewal process Coordinates consultations, trainings, observations, and assessments of children ages 3-12 Assists with implementing Continuous Quality Improvement Plans 	Extension: 234 Email Stephanie
Silvia Diaz- Higher Education Navigator <ul style="list-style-type: none"> Recruits and connects incumbent early childhood care and education workforce members with appropriate early childhood programs at 2- and 4-year institutions Creates strong relationships with early care and education employers, members of the incumbent workforce, and ECE programs at 2- and 4-year institutions of higher education Maintains an up-to-date and ongoing understanding of all early childhood programs offered by 2- and 4-year institutions within SDA1 Provides assistance with the technicalities of completing the FAFSA to qualify for federal aid, access state scholarship monies for the EC workforce, and apply to the relevant institution and programs. 	Extension: 205 Email Silvia

Training Policies and Procedures

The following training policies and procedures apply to all YWCA Northwestern Illinois Child Care Solutions sponsored workshops and conferences.

Registration

- The training calendar indicates how to register for a workshop/series. *Please note, not all trainings offered have registrations through YWCA Northwestern Illinois Child Care Solutions.
- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration forms for YWCA Northwestern Illinois Child Care Solutions sponsored trainings can be found in the monthly training calendar and/or online at www.ywcanwil.org.
- Registration forms for all YWCA Northwestern Illinois Child Care Solutions sponsored trainings are accepted via mail or office walk-in only. Faxed registrations are accepted for non-fee trainings only.
- Registration closes 7 days prior to the scheduled training date.
- Payment must accompany the registration form for any training that has a fee. The registration request will not be processed if the fee is not included with the registration form.
- Upon receipt of a completed registration form and payment (if applicable), a copy will be sent to the provider confirming status of registration.
- Walk-ins are discouraged and may not be allowed admittance.

Training Participation

- Late arrivals—a 15 minute Grace Period will be given at all training sessions (including virtual trainings). This grace period begins at the advertised start time. Participants will not be allowed in after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the training is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

Fees, Refunds, & Cancellations

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.

- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

Certificates

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.

Virtual Learning

- Please utilize a webcam to maximize the relationship and connection between trainer and participants
- Attendance, participation and interaction with trainer is required and will be verified through virtual platform
- Your safety and attention must be verified: No driving, shopping, etc. while participating in training
- Must complete evaluation form after each training, before certificate can be issued