

# Fall 2024

# Professional Development

# Training Calendar



**YWCA Northwestern Illinois**  
**4990 East State Street, Rockford, Illinois 61108**  
**815.484.9442 Training Ext. 211 [www.ywcanwil.org](http://www.ywcanwil.org)**

## **YWCA Hours of Operation:**

Monday-Friday

8:00am – 5:00pm

Walk-Ins 8:30am-4:30pm



## **YWCA Building Closures:**

Monday, November 11<sup>th</sup>- 12pm Closure

Thursday, November 28<sup>th</sup>

Friday, November 29<sup>th</sup>

December 25<sup>th</sup>- January 1<sup>st</sup>, 2025

# **Spotlight on NEW and exciting Training Opportunities**



## **Social- Emotional Development and Positive Behavior Outcomes**

**10/12 and 10/19**

### **Creating a Sensory Smart Program**

**10/17- Free materials for participating!**

### **A Little Spot of Emotion**

**10/24- Free materials for participating!**

### **The Power of Yet**

**11/13- Free children's book for participating!**


### **How Trauma Impacts Young Children**


**11/19, 12/5 & 12/10**

**\*Please see the calendar for more details\***


**\*Registration will close a week prior to all IN PERSON trainings,  
unless otherwise noted\***


Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 10/1/2024	<b>Understanding the Power of Your Why</b>  Introductory  Presenter: Mary Kelley, LCPC, I/ECMH-C	6:00 PM to 8:00 PM  <b>Zoom Live</b>	<b>All Providers</b> Knowing your Why means understanding the core reason behind your actions, decisions and goals. In this training you will watch videos to discover the Power of your Why and Know your why. Also, sharing your story and listening to others' stories during the training, you may discover and embrace your why, which may allow you to live with greater intention and create more meaningful interactions in the classroom.	<b>To register click <a href="#">here</a></b>  CDA: 3  FREE
Wednesday, 10/2/2024	<b>All Behavior is Communication</b>  Introductory  Presenter: Michelle Spickler	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> This training helps early childhood educators understand that all children's behaviors—whether challenging or positive—are forms of communication that reflect their needs, emotions, and experiences. Participants will learn to interpret behaviors as meaningful messages and explore strategies to respond in ways that support children's emotional development, foster positive relationships, and promote a sense of safety and belonging in the classroom. By shifting the focus from managing behavior to understanding its purpose, educators will be better equipped to create responsive, nurturing environments where all children can thrive.	<b>To register contact: Annemarie Toldo at <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a></b>  CDA: 7  FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 10/3/2024	<b>Anxiety: A Lesson from Chicken Little; Fire Alarms; Red Solo Cups</b>  Introductory  Presenter: Mary Kelley, LCPC, I/ECMH-C	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> Whether the sky is falling or the fear that arises from the fire alarms sounding at school, anxiety/worry can be especially challenging for children. We know anxiety has a mind of its own and logic or reassurance often fail, leaving teachers frustrated about how to help. Learn about the connection-disconnection-reconnection and fun ways to play to reconnect during stressful times.	<b>To register contact:</b> <b>Annemarie Toldo at <a href="mailto:AnnemarieT@ywcانwil.org">AnnemarieT@ywcانwil.org</a></b>  CDA: 3  FREE
Saturday, 10/5/2024  	<b>CPR &amp; First Aid Certification</b>  Introductory  Presenter: Jim Manson	9:00 AM to 2:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> This course is certified through the American Heart Association. It is a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course also covers anaphylactic shock.	<b>To register contact:</b> <b>Annemarie at <a href="mailto:AnnemarieT@ywcانwil.org">AnnemarieT@ywcانwil.org</a></b>  CDA: 1  FREE
Monday, 10/7/2024	<b>What is IECMHC and What Can It Offer to Home Childcare Providers?</b>  Introductory  Presenter: Michelle Spickler	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> In this workshop, providers will be introduced to Infant and Early Childhood Mental Health consultation, what a consultant's role is in supporting child care providers, and what a consultant can offer to home childcare providers.	<b>To register contact:</b> <b>Annemarie Toldo at <a href="mailto:AnnemarieT@ywcانwil.org">AnnemarieT@ywcانwil.org</a></b>  CDA: 3 & 5  FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 10/10/2024	<b>Calm and Collected: Techniques for Managing Stress in the Classroom</b>  Introductory  Presenter: Mary Kelley, LCPC, I/ECMH-C	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> Join us for a transformative training that combines movement, standing meditation and an introduction to the Vagus Nerve. Discover the impact these practices can be on your well-being. Learn about the Vitamin C (connection) and experience the powerful concept of filling your cup. We will engage in art time that may rejuvenate your mind, body and spirit.	<b>To register contact:</b> <b>Annemarie Toldo at <a href="mailto:AnnemarieT@ywcawil.org">AnnemarieT@ywcawil.org</a></b>  CDA: 3  FREE
Saturday, 10/12/2024 & 10/19/2024  	<b>Social- Emotional Development and Positive Behavior Outcomes</b>  Introductory  Presenter: Stephanie Siemens	10:30 AM to 2:00 PM (Session 1)  <b>In Person Freeport Public Library 100 East Douglas St, Freeport, IL, 61032</b>  10:30 AM to 1:30 PM (Session 2)  <b>In Person Freeport Public Library 100 East Douglas St, Freeport, IL, 61032</b>	<b>All Providers</b> When it comes to behaviors, it's all about social emotional development. During this training, we will reflect on the use of developmentally appropriate social and emotional techniques, how they impact and reinforce positive attachment relationships, and how they lead to changes in behavior. Caregiving relationships will be shown to support emotional regulation and social skills by modeling and encouraging positive behaviors in young children. By using visuals, group discussions, and case studies, you will be able to support meaningful social and emotional growth within your child care program. Through examining your own beliefs, reflecting on various theoretical perspectives, and considering the realities of child care programs, we can share tools that support culturally relevant ways to implement social and emotional learning.	<b>To register contact:</b> <b>Annemarie Toldo at <a href="mailto:AnnemarieT@ywcawil.org">AnnemarieT@ywcawil.org</a></b>  CDA: 3  FREE  <b>*Registration closes at 5pm on 9/20/24*</b>  <b>*This is a 2-part series. Participants must attend BOTH sessions in order for credit to be given. *</b>




Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 10/15/2024 & 10/29/2024  	<b>Program for Infant Toddler (PITC): Module 2</b>  Introductory  Presenter: Andrea Capriotti	6:00 PM to 9:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>Providers Ages 0-3</b> Group Care introduces special considerations in caring for infants and toddlers and six program policies that support the development of emotionally secure relationships and mental health in the group care setting. An overview of the content of Module 2 explores the ideas of primary care, well-designed learning environments, positive impact of responsive caregiving routines, and individualized care on the well-being and development of children from birth to three. Attention is also given to how the policies of primary care, small groups, continuity of care, individualization of care, culturally responsive care, and inclusive care of children with special needs provide the foundation for high quality infant/toddler care. At the end of this module, participants will have the tools to use primary care in their home or classroom, make an engaging environment, assist children in daily routines, and individualize care for all children.	<b>To register contact:</b> <b>Annemarie Toldo at</b> <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a>  CDA: 1,2,4,5 & 8  FREE  <b>*Registration closes at 5pm on 9/24/24*</b>  <b>*This is a 2-part series. Participants must attend BOTH sessions and complete the online assessment, in order for credit to be given. *</b>
Thursday, 10/17/2024	<b>Creating a Sensory Smart Program</b>  Intermediate  Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> <b>*Free materials for participants*</b> Our senses! They provide us with constant input about the world around us. In this training, providers will gain knowledge of 8 components that make up the sensory system, how the brain interprets the input, and ways to “smarten up” your program.	<b>To register contact:</b> <b>Annemarie Toldo at</b> <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a>  CDA: 3, 7 & 8  FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 10/19/2024  	<b>CPR &amp; First Aid Certification</b>  Introductory  Presenter: Jim Manson	9:00 AM to 2:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> This course is certified through the American Heart Association. It is a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course also covers anaphylactic shock.	<b>To register contact: Annemarie at <a href="mailto:AnnemarieT@ywcawil.org">AnnemarieT@ywcawil.org</a></b>  CDA: 1  FREE
Monday, 10/21/2024	<b>Little Scientist</b>  Introductory  Presenter: Stephanie Siemens	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> Children's development is supported through engagement opportunities. We explore how STREAM activities and nature play a part in how little minds explore the world around them. Full hands-on, use-tomorrow activities and ideas.	<b>To register contact: Annemarie Toldo at <a href="mailto:AnnemarieT@ywcawil.org">AnnemarieT@ywcawil.org</a></b>  CDA: 8  FREE
Wednesday, 10/23/2024	<b>What is IECMHC and What Can It Offer to Home Childcare Providers?</b>  Introductory  Presenter: Michelle Spickler	6:00 PM to 8:00 PM  <b>In Person Freeport Public Library 100 East Douglas St, Freeport, IL, 61032</b>	<b>All Providers</b> In this workshop, providers will be introduced to Infant and Early Childhood Mental Health consultation, what a consultant's role is in supporting child care providers, and what a consultant can offer to home childcare providers.	<b>To register contact: Annemarie Toldo at <a href="mailto:AnnemarieT@ywcawil.org">AnnemarieT@ywcawil.org</a></b>  CDA: 3 & 5  FREE





Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 10/24/2024	<b>A Little Spot of Emotion</b>  Introductory  Presenter: Stephanie Koclanis	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> <b>*Free materials for participants*</b> We all express feelings and emotions every day, learning when and why they show up can help children make friends, stay safe, and give comfort. Using “spots” as a visualization are an easy way to identify feelings and emotions as “things”. Using resources from Diane Alber’s book series will help facilitate this training.	<b>To register contact:</b> <b>Annemarie Toldo at</b> <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a>  CDA: 2  FREE
Monday, 10/28/2024	<b>A, B, C’s of DEIB (Diversity, Equity, Inclusion and Belonging) for Early Childhood Education</b>  Introductory  Presenter: Michelle Spickler	6:00 PM to 8:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> This training provides early childhood educators with a foundational understanding of Diversity, Equity, Inclusion, and Belonging (DEIB) in early childhood settings. Participants will explore key concepts, practical strategies, and reflective practices to create inclusive environments where every child and family feels valued and respected. This training emphasizes the importance of recognizing and celebrating diverse identities, fostering equitable learning opportunities, and cultivating a sense of belonging for all children. Participants will leave with actionable tools to enhance cultural responsiveness, build meaningful connections, and support positive developmental outcomes for all children.	<b>To register contact:</b> <b>Annemarie Toldo at</b> <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a>  CDA: 3 & 5  FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 11/2/2024  	<b>CPR &amp; First Aid Certification</b>  Introductory  Presenter: Jim Manson	9:00 AM to 2:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> This course is certified through the American Heart Association. It is a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course also covers anaphylactic shock.	<b>To register contact: Annemarie at <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a></b>  CDA: 1  FREE
Saturday, 11/9/2024	<b>Let the Walls Talk</b>  Introductory  Presenter: Stephanie Siemens	10:30 AM to 12:30 AM  <b>In Person Freeport Public Library 100 East Douglas St, Freeport, IL, 61032</b>	<b>All Providers</b> Print Rich Environments help children make connections between printed words and language. Discover how to develop an environment that promotes children's speaking, reading, and writing development. We will also explore words to use while children play in dramatic play, blocks, and science centers. Many resources to support a Print Rich Environment including hands-on, make-n-take projects to use right away in your programs.	<b>To register contact: Annemarie Toldo at <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a></b>  CDA: 8  FREE


Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 11/13/2024	<b>The Power of Yet</b>  Intermediate  Presenter: Stephanie Koclanis	6:00 PM to 7:30 PM  <b>In Person</b> <b>YWCA</b> <b>4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> * Free children's book will be available for participants* Developing the right mindset early on is crucial for a successful, happy life. When children learn that putting forth effort and using the right strategies can help them become better at things, they feel empowered to try harder. When they know their brain is capable of growing, they are more confident, resilient, and can push through failure. Join me in exploring the power of "YET" in helping children learn that they are developing, not "fixed" to be a certain way.	<b>To register contact:</b> <b>Annemarie Toldo at</b> <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a>  CDA: 2, 3 & 8  FREE
Wednesday, 11/14/2024	<b>Harnessing Children's Strengths</b>  Introductory  Presenter: Stephanie Siemens	6:00 PM to 8:00 PM  <b>Zoom Live</b>	<b>All Providers</b> Understanding and supporting each child in their development means also helping to grow and develop their strengths. We will see why it's important and how to support their strengths through program experiences. We will also discuss ways to communicate with parents on being strength-based parents.	<b>To register click <a href="#">here</a></b>  CDA: 2  FREE


Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Saturday, 11/16/2024	<b>Introducing “Loose Parts” into Your Program</b>  Introductory  Presenter: Stephanie Siemens	9:00 AM to 12:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b>  Explore the Loose Parts movement in this training by hearing the theory behind the movement. We delve into the many different items that are loose parts and how to use them in your early childhood environments. See how one loose part can be many things and how they help in a child’s development. We will also discuss where to start if you want to implement loose parts in you program.	<b>To register contact:</b> <b>Annemarie Toldo at</b> <a href="mailto:AnnemarieT@ywcawil.org">AnnemarieT@ywcawil.org</a>  CDA: 3 & 8  FREE
Monday, 11/18/2024, 11/25/2024, 12/2/2024 & 12/9/2024	<b>Circle Of Security</b>  Introductory  Presenter: Mary Kelley, LCPC, I/ECMH-C	6:00 PM to 8:00 PM  <b>Zoom Live</b>	<b>Child Care Center Providers</b>  Circle of security is a 4-week, attachment-based parenting/caregiver education program, that helps parents/caregivers better understand and build their relationships with their children. During each session, participants will explore the child’s emotional world and learn to identify the child’s needs, cues and miscues. Participants will also learn attuned and attentive responding strategies and discuss how to repair ruptures while providing a safe haven.	<b>To register click <a href="#">here</a></b>  CDA: 3 & 4  FREE  <b>*This is a 4-part series. Participants must attend ALL 4 sessions in order for credit to be given*</b>




Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Tuesday, 11/19/2024, Thursday, 12/5/2024, & Tuesday, 12/10/2024 	<b>How Trauma Impacts Young Children</b>  Intermediate  <b>Presenter: Andrea Capriotti</b>	6:00 PM to 8:00 PM (Sessions 1 & 2)  <b>In Person</b> <b>YWCA</b> <b>4990 East State St., Rockford, IL, 61108</b>  6:00 PM to 8:30 PM (Session 3)  <b>In Person</b> <b>YWCA</b> <b>4990 East State St., Rockford, IL, 61108</b>	<b>Providers Ages 0-3</b> Children's lives are directly impacted by exposure to traumatic events. By using a diversity, equity, inclusion, and belonging (DEIB) lens, we can consider how these traumas are felt unequally across the diverse communities that childcare providers serve. We will examine trauma and resilience, screening tools, look at the research on the impacts of trauma, review a case study, and consider the ongoing traumatic impacts of COVID. We will consider the important roles that childcare providers play in recognizing the signs of traumatic exposure, promoting infant mental health, supporting young children and their families, and creating caregiving environments that support resilience. Understanding the ways that individual's family history, cultural background, language, home environment, community supports, and heredity play in their development, resilience, and response to trauma will support providers in understanding the strengths of the children and families they serve.	<b>To register contact:</b> <b>Annemarie Toldo at <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a></b>  CDA: 3 & 8  FREE  <b>*Registration closes at 5pm on 10/28/24*</b>  <b>*This is a 3-part series. Participants must attend ALL sessions in order for credit to be given. *</b>

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Thursday, 11/21/2024	<b>Classroom Through an Engagement Lens</b>  Introductory  Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM  <b>Zoom Live</b>	<b>All Providers</b> Too often it feels we're struggling against students to get them to do what we need them to do instead of focusing on creating the conditions where they can be their best as a learner. In this training, participants will learn seven strategies to build engagement in their learning environment.	<b>To register click <a href="#">here</a></b>  CDA: 3 & 8  FREE
Saturday, 11/30/2024  	<b>CPR &amp; First Aid Certification</b>  Introductory  Presenter: Jim Manson	9:00 AM to 2:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> This course is certified through the American Heart Association. It is a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course also covers anaphylactic shock.	<b>To register contact: Annemarie at <a href="mailto:AnnemarieT@ywcawil.org">AnnemarieT@ywcawil.org</a></b>  CDA: 1  FREE



Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 12/4/2024	<b>Executive Function: How Schedules, Routines, and Fingerplays Help</b>  Introductory  Presenter: Stephanie Siemens	6:00 PM to 8:00 PM  <b>Zoom Live</b>	<b>All Providers</b> Executive Function skills are the mental processes that enable us to plan, focus attention, remember, and juggle multiple tasks. Schedules, routines, and fingerplays help children develop their executive function skills as they help children learn and anticipate what comes next in processes and directions. We will look at how executive function develops in the early years, discuss how the use of schedules and routines support executive function development, and introduce some fingerplays and what parts of executive function they help to develop.	<b>To register click <a href="#">here</a></b>  CDA: 2  FREE
Saturday, 12/9/2024  	<b>CPR &amp; First Aid Certification</b>  Introductory  Presenter: Jim Manson	9:00 AM to 2:00 PM  <b>In Person YWCA 4990 East State St., Rockford, IL, 61108</b>	<b>All Providers</b> This course is certified through the American Heart Association. It is a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course also covers anaphylactic shock.	<b>To register contact: Annemarie at <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a></b>  CDA: 1  FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
Wednesday, 12/11/2024	<b>Scribbles and Giggles</b>  Introductory  Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM  Zoom Live	<b>All Providers</b> Children's experiences with scribbling and creating marks is an important avenue for self-expression in early childhood. In this training, providers will learn the developmental progression from mark making, scribbling, and drawing as a precursor to writing and literacy. Activities will be shown to build upon these skills as well.	<b>To register click <a href="#">here</a></b>  CDA: 2 & 8  FREE
Saturday, 12/14/2024  	<b>CPR &amp; First Aid Certification</b>  Introductory  Presenter: Jim Manson	9:00 AM to 2:00 PM  In Person YWCA 4990 East State St., Rockford, IL, 61108	<b>All Providers</b> This course is certified through the American Heart Association. It is a video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course also covers anaphylactic shock.	<b>To register contact: Annemarie at <a href="mailto:AnnemarieT@ywcanwil.org">AnnemarieT@ywcanwil.org</a></b>  CDA: 1  FREE
Wednesday, 12/18/2024	<b>Igniting Intrinsic Motivation</b>  Introductory  Presenter: Stephanie Koclanis	6:00 PM to 7:00 PM  Zoom Live	<b>All Providers</b> Do you want children to retain their natural curiosity for learning? In this training, participants will explore how intrinsic motivation works, the benefits on learning, and strategies to implement in your program.	<b>To register click <a href="#">here</a></b>  CDA: 2, 3 & 8  FREE

Date	Training Title	Time & Address	Audience & Course Description	Registration CDA Area & Fee
For your convenience, we have added Icons to the Trainings that are Gateways Registry approved, ExceleRate or Health and Safety Trainings-please refer to the key below:				
 Gateways Registry Approved Trainings  ExceleRate Approved Trainings  Health & Safety Trainings				

## IDHS Required Health and Safety Trainings For License Exempt Providers

One-time trainings:	Format:	How to Access:
<b>CPR/First Aid</b>	Hybrid (Online/In-person) and Traditional (In-person)	<p>Approved CPR providers:  American Heart Association; American Safety &amp; Health Institute (ASHI); American Red Cross; American Trauma Event Management (ATEM); Emergency Care and Safety Institute (ECSI; Edward Atkinson/Emergency Response Health Network; Ellis &amp; Associates, Inc.-Orlando, FL; EMS Safety Services; MEDIC FIRST AID; National Safety Council; Pro-Trainings, LLC; R.H. Sanders &amp; Associates/Titan CPR Associates</p> <p><i>*Contact CPR entities directly for time/dates of trainings*</i></p>
<b>Child Abuse and Neglect/Mandated Reporter Training</b>	Online	<p>Link to website :  <a href="https://www.dcftraining.org/">Illinois Mandated Reporter Training (dcfstraining.org)</a></p>
<b>ECE credential: Level 1</b>	Online through Illinois Gateways i-Learning system	<p>Link to Illinois Gateways i-Learning:  <a href="https://courses.inccrra.org">https://courses.inccrra.org</a>.</p>
<b>Child Development, Health &amp; Safety Basics: Six (6) hours</b>	Online through Illinois Gateways i-Learning system	<p>Link to Illinois Gateways i-Learning:  <a href="https://courses.inccrra.org">https://courses.inccrra.org</a>.</p>

## **\*\*CPR\*\***

If you are unable to participate in one of the YWCA CPR and First Aid classes or classes are full, a list of alternate entities is below. You will need to follow up with the individual entities to find course offerings and times. If you have further questions, please follow up with your DCFS Representative.

### **List of approved CPR providers (Effective June 14, 2022):**

1. American Heart Association
2. American Safety & Health Institute (ASHI)
3. American Red Cross
4. American Trauma Event Management (ATEM)
5. Emergency Care and Safety Institute (ECSI)
6. Edward Atkinson/Emergency Response Health Network
7. Ellis & Associates, Inc.-Orlando, FL
8. EMS Safety Services
9. Know CPR
10. MEDIC FIRST AID
11. National Safety Council
12. Pacific Medical Training
13. Pro-Trainings, LLC
14. Titan CPR Associates

### **ADDITIONAL ONLINE TRAININGS:**

All Gateways approved trainings can be found at <https://courses.inccrra.org>.

You must be a Gateways Member to take the courses, become a member [here](#).

### **ADDITIONAL RESOURCES:**

Fall Reading and Family Events at the Rockford Public Library [Link](#)

Fall Reading and Family Events at the Freeport Public Library [Link](#)

## **Training Policies and Procedures**

**The following training policies and procedures apply to all YWCA Northwestern Illinois Child Care Solutions sponsored workshops and conferences.**

### **Registration**

- Pre-registration is required for all trainings.
- Typically, class size is limited. When class maximum has been met, registration will be closed.
- Participants are registered on a first come, first serve basis.
- Registration closes 7 days prior to the scheduled training date.
- Walk-ins are discouraged and may not be allowed admittance.

### **Training Participation**

- Late arrivals—a 15 minute Grace Period will be given at all training sessions (including virtual trainings). This grace period begins at the advertised start time. Participants will not be allowed in after the 15-minute grace period.
- Early departures will not receive a training certificate; participants must stay until the training is finished.
- At the discretion of the trainer—if an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund (if there was a fee).
- Adult learners' only; Children are not to be in attendance at training sessions.

### **Fees, Refunds, & Cancellations**

- If YWCA Child Care Solutions cancels a workshop/series due to low enrollment all participants that registered will be contacted by phone or email no later than two days prior to the session and a refund will be processed, as applicable.
- If unforeseen circumstances occur, including but not limited to inclement weather, presenter cancellation/illness, or power outage, registrants will be notified as soon as possible. Every effort will be made to contact each provider via phone call or email.
- A participant may cancel a class for which they are registered up to 5 business days prior to the scheduled date to receive a refund. If it is 4 business days or less before the class is to be held, no refunds will be given nor will substitutions be made.
- Pre-registration fees are non-refundable for no-show registrants.

### **Certificates**

- A certificate of attendance will be distributed at the end of each workshop/ or conclusion of a series.
- To receive a training certificate, participants must stay until the trainer is finished.
- Replacement certificates must be issued at the request of an individual participant. A processing fee of \$5.00 will be charged and the certificate will be held until payment is made.
- Certificates are only to be released to the individual who participated at the training.

### **Virtual Learning**

- Please utilize a webcam to maximize the relationship and connection between trainer and participants
- Attendance, participation and interaction with trainer is required and will be verified through virtual platform
- Your safety and attention must be verified: No driving, shopping, etc. while participating in training
- Must complete evaluation form after each training, before certificate can be issued

# YWCA Northwestern Illinois Child Care Solutions

## Provider Services CORE Team

### How can we help YOU?

#### **Carol Lyons- CORE Receptionist**

- Handles all front office, administration duties for CORE team
- Responsible for greeting guests, answering phones, handling company inquiries and the sorting and distribution of mail

**Extension:  
200**

#### **Stephanie Jones- Referral Specialist (Lead) and Admin Support**

- Provides customized child care referrals upon request and processes TANF referrals as needed
- Assists with processing all incoming child care provider grievances
- Provides administrative support and completes program related errands

**Extension:  
224**

[Email  
Stephanie](#)

#### **Annemarie Toldo – Training & Technical Assistance Coordinator & Referral Specialist**

- Creates and manages the quarterly training calendar for ongoing professional development
- Manages and processes applications for CPR/First Aid Reimbursement and Professional Development Funds
- Offers technical assistance regarding Gateways Registry membership, online trainings, credentials and accreditations, and various training related information
- Back up to the Referral Lead

**Extension:  
211**

[Email  
Annemarie](#)

#### **Leisha Kury– Community Systems Development & Grants Specialist**

- Works and connects with programs and services across health, early care and education, family support, and social services
- Coordinates community outreach and collaborations
- Responsible for the promotion, technical assistance, receiving, and awarding of funds for:
  - Quality Improvement Cohorts
  - Training Stipends
  - Accreditation Assistance
- LECC Health & Safety Grants

**Extension:  
204**

[Email Leisha](#)

#### **Andrea Capriotti – Infant Toddler Specialist**

- Promotes the ExceleRate Illinois program and offers technical assistance to licensed Family Child Care Providers and licensed Child Care Centers; assists with Silver Circle of Quality renewal process
- Coordinates consultations, trainings, observations, and assessments of children ages 0-3
- Assists with implementing Continuous Quality Improvement Plans

**Extension:  
228**

[Email Andrea](#)



<p><b>Stephanie Siemens – Quality Specialist</b></p> <ul style="list-style-type: none"> <li>• Promotes the ExceleRate Illinois program to licensed Family Child Care Providers and licensed Child Care Centers; assists with Silver Circle of Quality renewal process</li> <li>• Coordinates consultations, trainings, observations, and assessments of children ages 3-12</li> <li>• Assists with implementing Continuous Quality Improvement Plans</li> </ul>	<p><b>Extension:</b> <b>234</b></p> <p><b>Email</b> <b><a href="#">Stephanie</a></b></p>
<p><b>Silvia Diaz- Higher Education Workforce Navigator</b></p> <ul style="list-style-type: none"> <li>• Recruits and connects incumbent early childhood care and education workforce members with appropriate early childhood programs at 2- and 4-year institutions</li> <li>• Creates strong relationships with early care and education employers, members of the incumbent workforce, and ECE programs at 2- and 4-year institutions of higher education</li> <li>• Maintains an up-to-date and ongoing understanding of all early childhood programs offered by 2- and 4-year institutions within SDA1</li> <li>• Provides assistance with the technicalities of completing the FAFSA to qualify for federal aid, access state scholarship monies for the EC workforce, and apply to the relevant institution and programs.</li> <li>• Local expert for the Smart Start Workforce grant.</li> </ul>	<p><b>Extension:</b> <b>205</b></p> <p><b>Email</b> <b><a href="#">Silvia</a></b></p>
<p><b>Data, Recruitment &amp; Retention Specialist</b></p> <ul style="list-style-type: none"> <li>• Maintains and updates provider database</li> <li>• Assists in the recruitment and retention of child care providers</li> <li>• Assists with data entry for training registrations and provides applicable training certificates</li> <li>• Offers information on starting a child care business</li> </ul>	<p><b>Extension:</b> <b>218</b></p>